



# ANNUAL PERFORMANCE REPORT 2013-2014



OLYMPICGOLDQUEST

Foundation for Promotion  
of Sports and Games  
[www.olympicgoldquest.in](http://www.olympicgoldquest.in)





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OLYMPICGOLDQUEST

## Board of Directors



**Geet Sethi** (9 time Cue Sport World Champion, Padma Shri, Khel Ratna Awardee)



**Prakash Padukone** (All England Champion, Padma Shri, Arjuna Awardee)



**Viswanathan Anand** (5 time World Champion, Padma Vibhushan, Khel Ratna Awardee)



**Leander Paes** (14 time Grand Slam Champion, Padma Bhushan, Olympic Bronze Medalist, Padma Shri, Khel Ratna Awardee)



**Niraj Bajaj** (4 time National Table Tennis Champion, Arjuna Awardee, Director – Bajaj Group)



**Shitin Desai** (Founder Director - DSP Meryll Lynch)



**R. Ramaraj** (Senior Advisor, Sequoia Capital)



**Rakesh Khanna** (Co Founder, Ambit RSM, since retired)



**Neeraj Bharadwaj** (Managing Director, The Carlyle Group)



**Deepika Padukone** (Acclaimed Actor)



**Geet Sethi**

9 time Cue Sport World Champion, Padma Shri, Khel Ratna Awardee  
Founder Director  
Olympic Gold Quest

Dear Friends,

When OGQ commenced its operations in 2007 we had one athlete - the dynamic and focused Gagan Narang - who went on to win a bronze at the London Olympics. As I write this note OGQ supports 49 athletes of which 36 are senior sportspersons with authentic medal winning prospects.

The journey over the last seven years has been gradual and the OGQ team has constantly stuck to the principles of transparency and objectivity in ramping up operations. The increase in the number of athletes who we support was possible because the message of OGQ has spread across Indians living across the world and more significantly in the minds and hearts of sports lovers who play a dominant role in corporate India. I must thank all the supporters who have contributed so generously to enable us to function with efficiency. Our team remains small though extremely hard working, innovative and most importantly completely empathetic and supportive towards the stake holder - the Sportsperson. I must also thank all our consultants including doctors from various fields, mental trainers, physiotherapists, nutritionists etc who have offered their services to our athletes with a sense of deep commitment and emotion.

The OGQ board continues to meet, discuss, innovate and supervise the operations with integrity and with a sense of purpose and continues to be obsessed with this initiative which has grown from strength to strength.

We are all looking forward to the forthcoming Commonwealth Games and Asian Games in which many of our athletes will be participating. With unwavering commitment we will try and improve upon our performances in the forthcoming events.

***"It takes just 6 grams of Gold to lift the worth of a Nation."***

**Warm Regards**

**Geet Sethi**



**Viren Rasquinha**

Olympian, Arjuna Awardee, Former Indian Hockey Captain  
Chief Executive Officer  
Olympic Gold Quest

Dear Friends,

2014 promises to be a year full of action and excitement. There are many major competitions coming up, none more important than the Commonwealth Games in Glasgow (23rd July to 3rd August 2014) and the Asian Games in Incheon (19th September to 4th October 2014). The 36 senior athletes supported by OGQ are all neck deep in training and preparation for these events.

We have seen some outstanding performers in the last one year. 18 year old badminton player P.V. Sindhu has had a real breakthrough year with a bronze medal at the World Championship in China, the first for an Indian woman at this prestigious event. 16 year old Pistol shooter Malaika Goel has been in magnificent form, finishing in sixth position in her maiden World Cup appearance just last month. I am simply amazed by the talent, temperament and maturity of someone still so young. Rifle Shooters Ayonika Paul, Pooja Ghatkar, the women's archery team led by the immensely gifted Deepika Kumari, 20km Race walker K.T. Irfan, Discus thrower Vikas Gowda and boxers Devendro Singh and Shiva Thapa are some of the new generation of talent looking to make some real impact at the world level this year. The OGQ Junior Scholarship program is also going great guns. We are currently supporting 13 young athletes in the age group of 11-17 years who we are grooming for the 2020 and 2024 Olympics.

We are also experimenting with some innovative fund raising strategies. Earlier this year, we raised in excess of Rs. 10 lakhs for Luger Shiva Keshavan for the 2014 Winter Olympics through a crowd funding campaign. We will shortly launch another one where we are targeting to raise Rs. 20 lakhs for four of our athletes for specific preparations for the CWG and Asian Games 2014.

A massive thank you to all our OGQ supporters out there. 49 athletes are living their dreams because of your support. I sometimes wonder what keeps the athletes going in the face of so many obstacles and challenges. I tell them often about the wonderful support by the many donors, doctors, support staff, volunteers and many passionate and proud Indians. I am sure that it helps them to keep believing, keep dreaming and keep fighting on. Jai Hind!

***"It takes just 6 grams of Gold to lift the worth of a Nation."***

**Warm Regards**

**Viren Rasquinha**



## Highlights of 2013-14

### 1. Break up of Athletes

Sport	Number of Athletes	Male	Female	Senior (Male, Female)	Junior Scholarship (Male, Female)
Archery	10	4	6	7 (4,3)	3 (0,3)
Athletics	3	3	0	3 (3,0)	0
Badminton	10	8	2	4 (2,2)	6 (6,0)
Boxing	9	5	3	5(4,2)	2 (1,1)
Luge	1	1	0	1 (1,0)	0
Shooting	22	15	7	14 (9,5)	8 (6,2)
<b>Total</b>	<b>55</b>	<b>36</b>	<b>19</b>	<b>36 (23,12)</b>	<b>19 (13,6)</b>

### 2. Key Performances

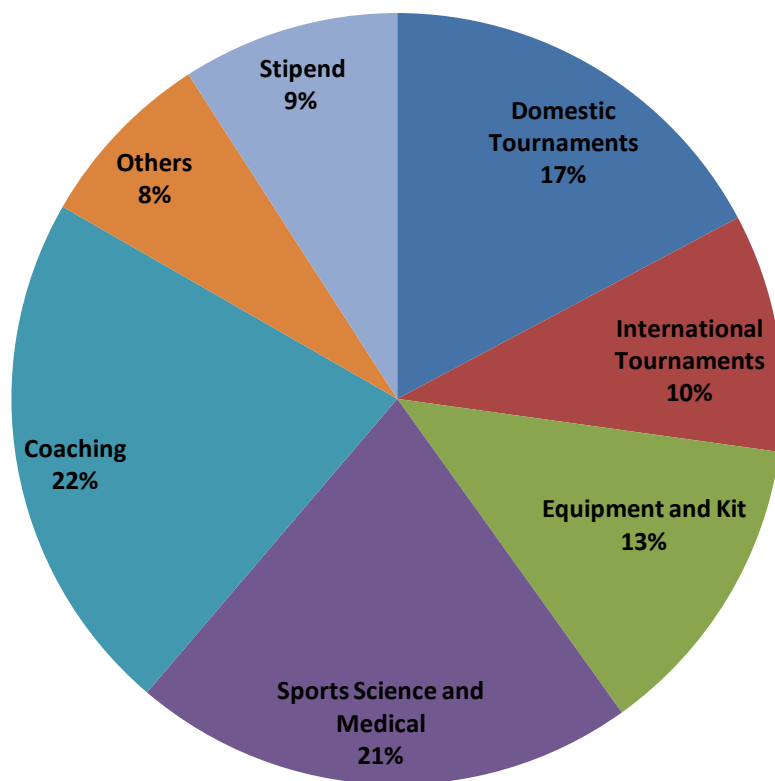
- a) P.V. Sindhu became the first Indian woman to win a medal at the Badminton World Championships. She won a Bronze medal at the World Championships in China in August 2013.
- b) OGQ junior scholarship shooter Malaika Goel cemented her place in the Senior Indian shooting team by performing consistently well and beating senior and experienced shooters. Malaika is currently ranked number 14 in the world and she is the youngest shooter in the top 50 in world rankings.
- c) Heena Sidhu in 10 m Air Pistol and Pooja Ghatkar in 10 m Air Rifle won Gold medals at the Asian Air Gun Championship in Kuwait, March 2014.
- d) OGQ signed 4 new athletes, 3 of them are senior shooters and 1 junior badminton player. The new senior athletes are ace pistol shooter Heena Sidhu, pistol shooters P.N. Prakash and Jitu Rai. OGQ will also support 11 year old badminton prodigy Meiraba Luwang

### 3. Promotional Initiatives

- a) OGQ successfully raised in excess of Rs. 10 lakhs through a crowd funding campaign for Winter Olympic Shiva Keshavan.
- b) Saahil Patel, an OGQ supporter, ran the Singapore Marathon and raised in excess of Rs. 1 lakh for OGQ.
- c) OGQ organised 3 events to engage with current funders and meet potential funders (2 in Mumbai and 1 in New Delhi)
- d) OGQ launched its 1<sup>st</sup> chapter in Pune. The aim of this chapter is to help raise funds in Pune and to give logistical support to all athletes training in Pune.



### Break up of total spends on senior athletes for 2013-14



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Stipend:** Monthly stipend given to athletes.
- **Others:** Miscellaneous Expenses





# *Shooting*



Vijay Kumar



Gagan Narang



Annu Raj Singh



Ayonika Paul



Omkar Singh



Pooja Ghatkar



Sanjeev Rajput



Shweta Chaudhary



Smit Singh



Amit Pilaniya



## Shooting recap 2013-14

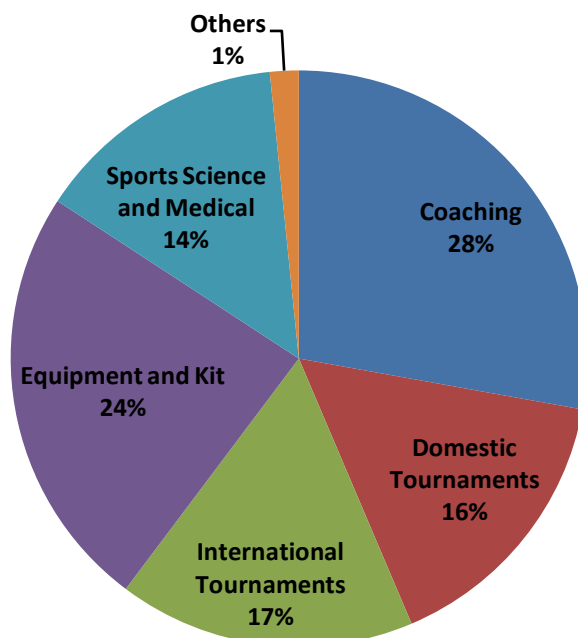


Number of Shooters	Male	Female
14	9	5

### Highlights 2013-2014:

- Heena Sidhu won the Silver medal in the 10 m Air Pistol event at the World Cup in USA and a Gold medal at the Asian 10 m championship in Kuwait in March 2014.
- Pooja Ghatkar won the Gold medal in the 10 m Air Rifle event at the Asian 10 m championship in Kuwait in March 2014.
- OGQ funded trips of Ayonika Paul and Pooja Ghatkar to Vienna to train under world class coach Thomas Farnik.
- OGQ sent Gagan Narang and his personal coach to Switzerland for a training stint.

### Percentage break up of spends on senior athletes in shooting.





**Gagan Narang**

DOB: 6<sup>th</sup> May 1983

Event: 10m Air Rifle, 50m Rifle Prone,  
50m Rifle 3 Positions



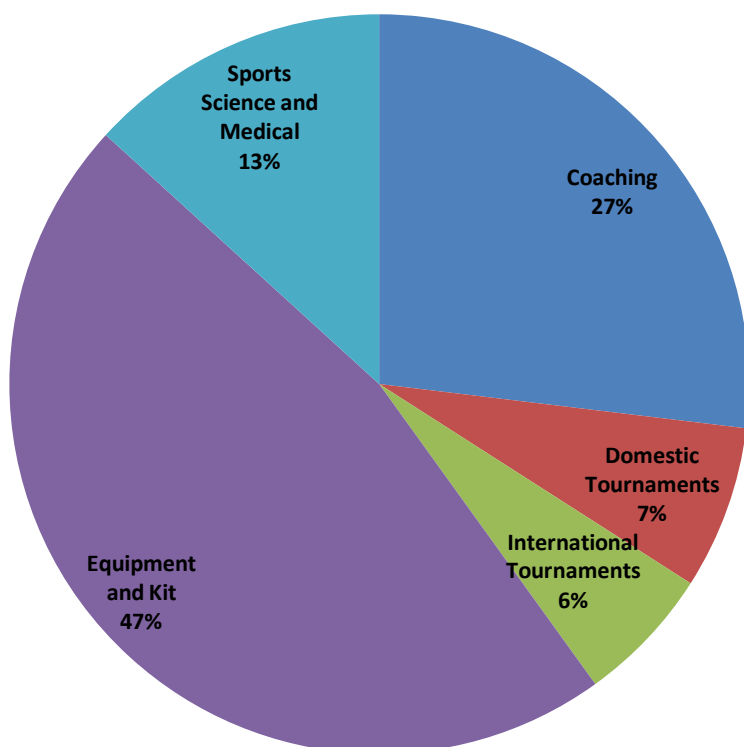
## Key Achievements:

- Bronze Medal in 10m Air Rifle at the 2012 Olympics in London – July 2012

## How OGQ has made a difference:

- Purchased world class ammunition for training and competitions
- Sent him and his personal coach to Switzerland for a training stint.
- Provided world class medical and nutrition support
- Purchased a SCATT training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Vijay Kumar**

DOB: 19<sup>th</sup> August 1985

Event: 25 m Rapid Fire Pistol



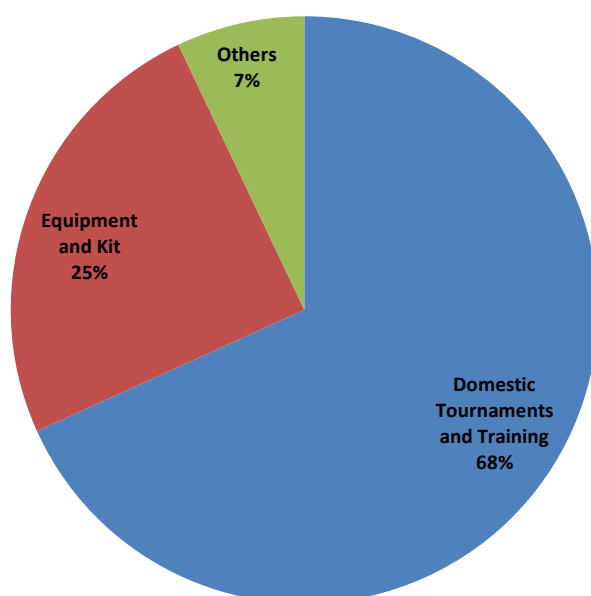
## Key Achievements:

- Silver Medal in 25m Rapid Fire Pistol at the 2012 Olympics in London – August 2012
- Gold Medal in 25m Rapid Fire Pistol at the National Championships in Delhi - December 2013

## How OGQ has made a difference:

- Provided world class medical and nutrition support
- Personal physiotherapist at all times at the training camp and competitions
- Travel and accommodation support for camps and domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments and Training:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments and training in India
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Others:** Miscellaneous Expenses



**Sanjeev Rajput**

DOB: 5<sup>th</sup> January 1981

Event: 10m Air Rifle, 50m Rifle Prone,  
50m Rifle 3 Positions



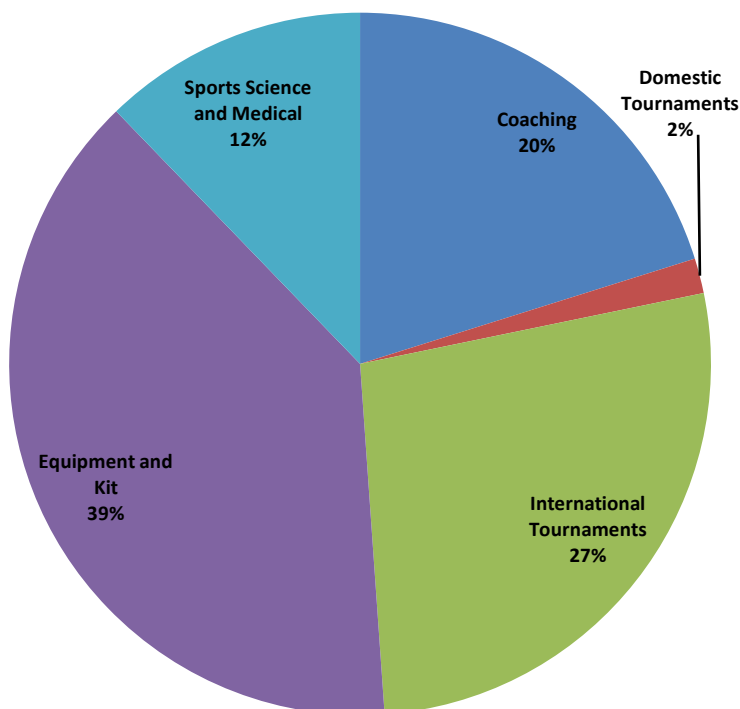
## Highlights:

- Gold medallist in 50m Rifle 3 Positions and Bronze medallist in 10m Air Rifle at the National Championships in Delhi – December 2013

## How OGQ has made a difference:

- OGQ provided a personal physiotherapist and a sports psychologist to support Sanjeev
- Purchased world class ammunition and shooting accessories
- World Class medical and nutrition support by OGQ Sports Science Team
- Purchased HRV stress training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Annu Raj Singh**

DOB: 17<sup>th</sup> February 1984

Event: 10 m Air Pistol and 25 m Sports Pistol



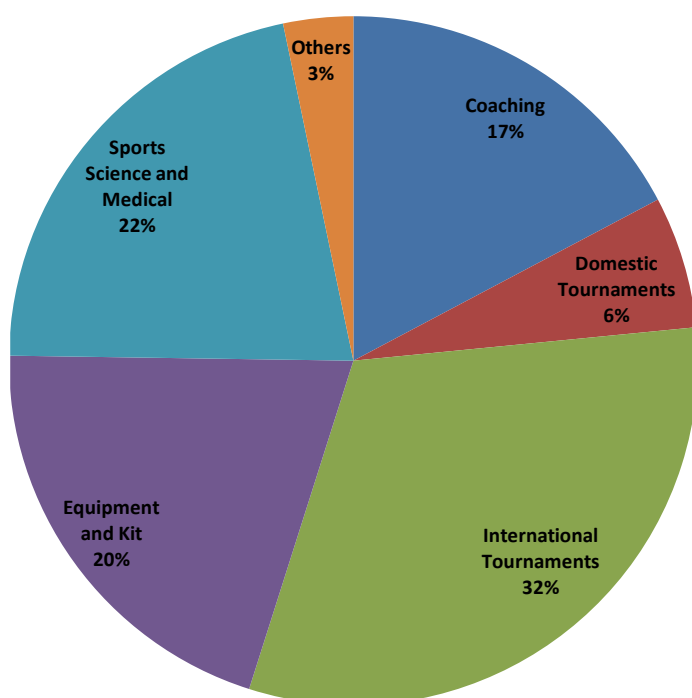
## Highlights:

- Annu finished 10<sup>th</sup> in the World Cup in the 10 m Air Pistol event in Germany in June 2013

## How OGQ has made a difference:

- OGQ provided a personal physiotherapist and sports psychologist support to Annu
- Special training camp under foreign coach in Pune.
- Expenses for HRV stress training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
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- Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- Others:** Miscellaneous Expenses



**Amit Pilaniya**

DOB: 30th November 1989

Event: 10 m Air Pistol and 50 m Free Pistol



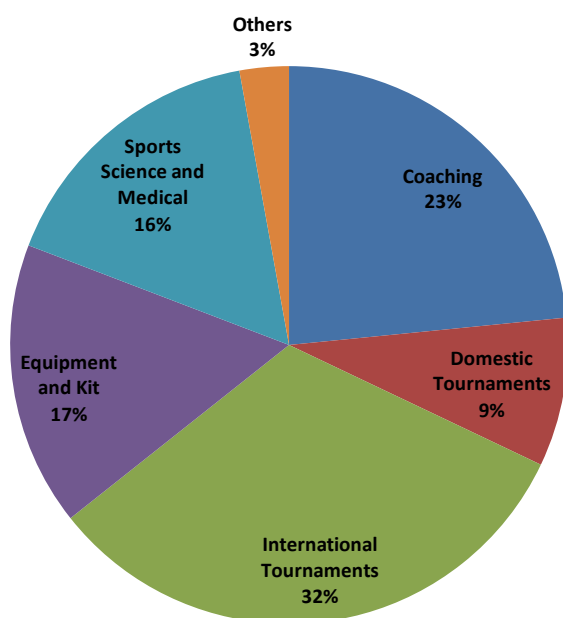
## Highlights:

- Amit participated in the World Cup in Korea

## How OGQ has made a difference:

- OGQ funded entire trip of Amit to compete at the shooting world cup in Korea
- Special training camp under foreign coach in Pune.
- Expenses for HRV stress training system
- OGQ provided a personal physio and sports psychologist support at the camp

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc

- **Others:** Miscellaneous Expenses



**Omkar Singh**

DOB: 8<sup>th</sup> August 1984

Event: 10m Air Pistol and 50m Free Pistol



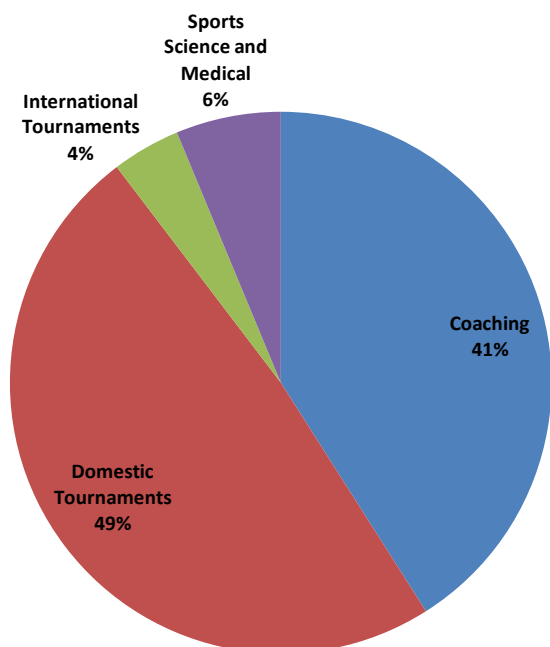
### Highlights:

- Omkar was part of the Indian team for the World Cup in Spain - 2013

### How OGQ has made a difference:

- Personal physio support at the camp
- Special training camp under foreign coach in Pune.
- Arrangement of travel and accommodation for competing in domestic tournaments and trials

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc





**Shweta Chaudhry**

DOB: 3<sup>rd</sup> July 1986

Event: 10m Air Pistol and 25m Sports Pistol



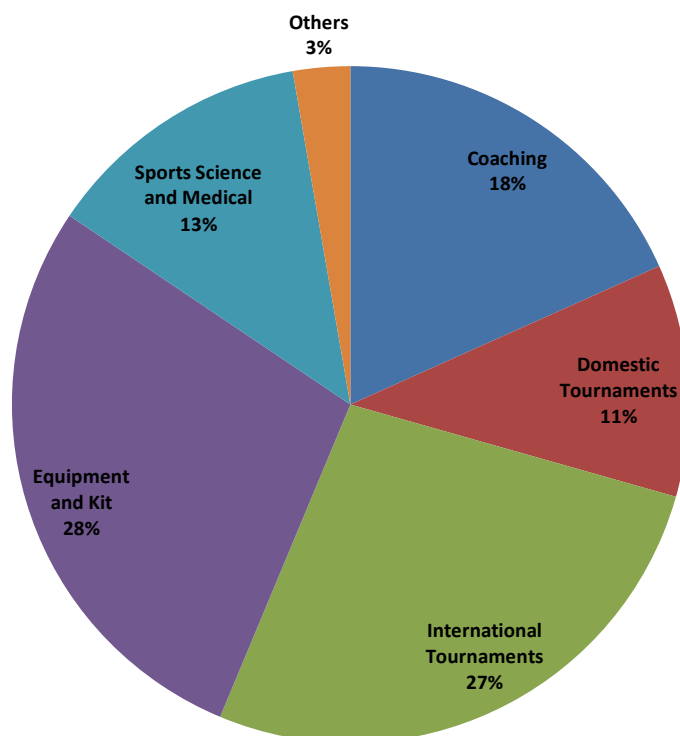
## Highlights:

- After a year out due to injury in 2013, Shweta has shot some very good scores and has made a comeback to the Indian team for the upcoming World Cups in Munich and Maribor, June 2014

## How OGQ has made a difference:

- OGQ purchased world class air pistol for Shweta
- Special training camp in Pune.
- Medical and nutrition support by OGQ Sports Science team

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc

- **Others:** Miscellaneous Expenses



**Pooja Ghatkar**

DOB: 17th January 1989

Event: 10m Air Rifle



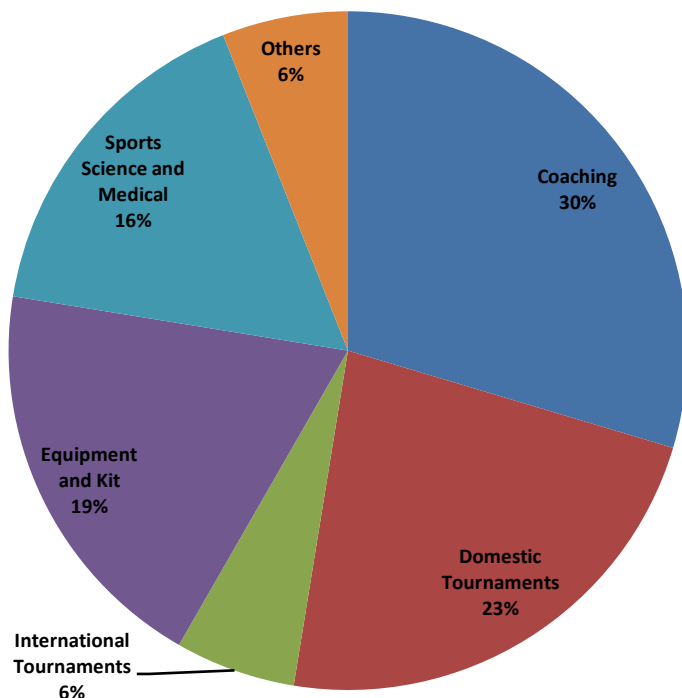
## Highlights:

- Gold medallist, Asian Air Gun Championship, Kuwait 2014
- Silver Medalist, National Championship, Delhi, 2013

## How OGQ has made a difference:

- OGQ funded Pooja's trip to Vienna to train under world class coach Thomas Farnik
- OGQ provided a personal physio and sports psychologist support at the camp
- Arrangement of travel and accommodation for domestic tournaments and trials
- OGQ purchased HRV stress training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



**Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc

**Others:** Miscellaneous Expenses



**Ayonika Paul**

DOB: 23<sup>rd</sup> September 1992

Event: 10m Air Rifle



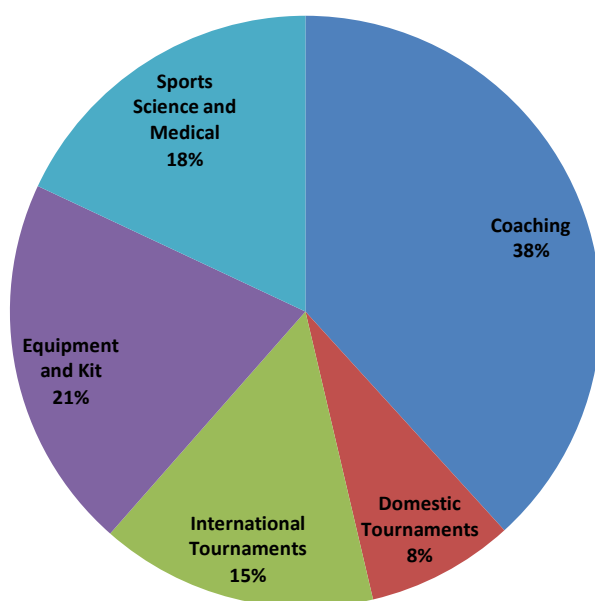
## Highlights:

- Ayonika finished 6<sup>th</sup> in the World Cup in USA in March 2014
- She finished 10<sup>th</sup> in the World Cup in Spain in July 2013

## How OGQ has made a difference:

- OGQ funded Ayonika's trip to Vienna to train under renowned coach Farnik Thomas.
- OGQ purchased world class air rifle for Ayonika
- OGQ provided a personal physio support at the camp
- Purchase of HRV stress training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
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- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous Expenses



**Smit Singh**

DOB: 18<sup>th</sup> January 1991

Event: Skeet



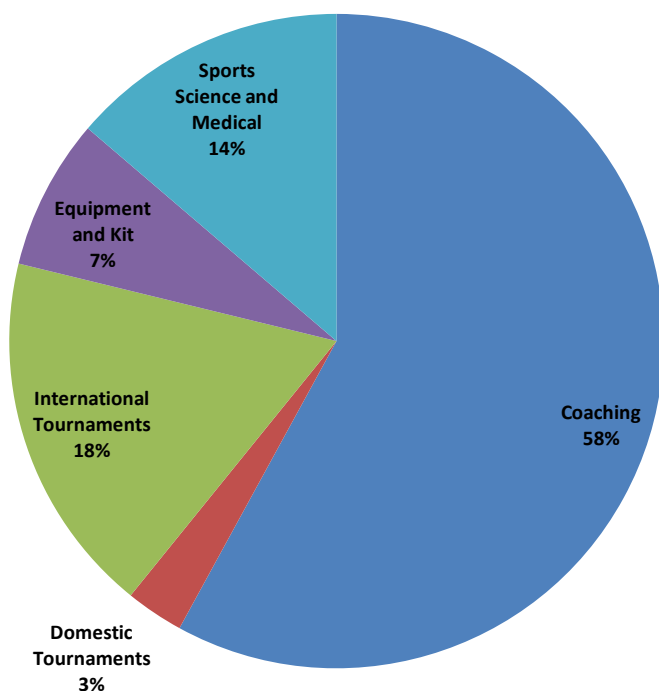
## Highlights:

- Smit finished 9<sup>th</sup> in the World Cup in Al Ain in April 2013

## How OGQ has made a difference:

- OGQ funded Smit's trip to Italy for a training camp under renowned coach Andrea Fillepeiti
- OGQ purchased world class ammunition for Smit for training and competition
- OGQ purchased a HRV stress training system

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Amanpreet Singh**

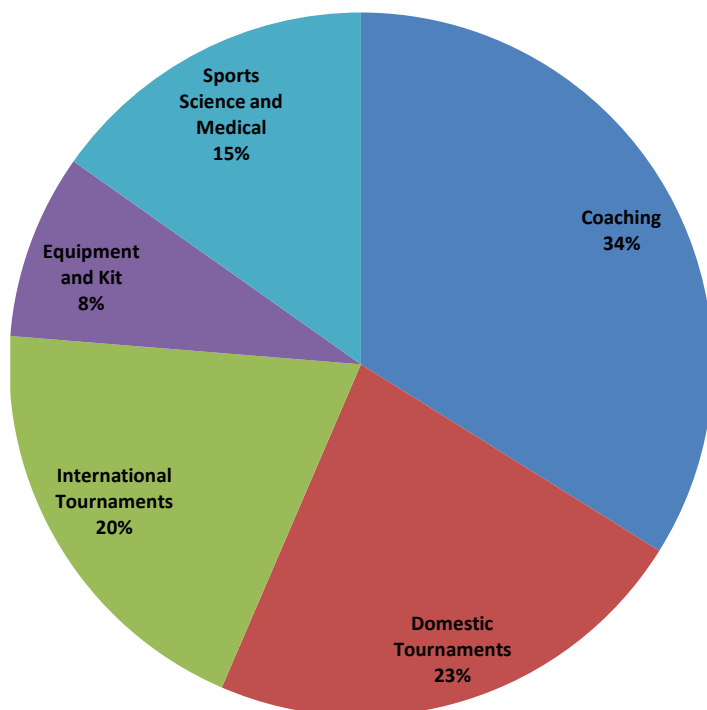
DOB: 28<sup>th</sup> December 1987

Event: 10m Air Pistol and 50m Free Pistol



## OGQ is no longer supporting Amanpreet Singh

Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc

- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India

- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad

- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit

- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



# *Boxing*



Mary Kom



Devendra Singh



Manoj Kumar



Nanao Singh



Sarjubala Devi



Shiva Thapa

## Boxing Recap 2013-14

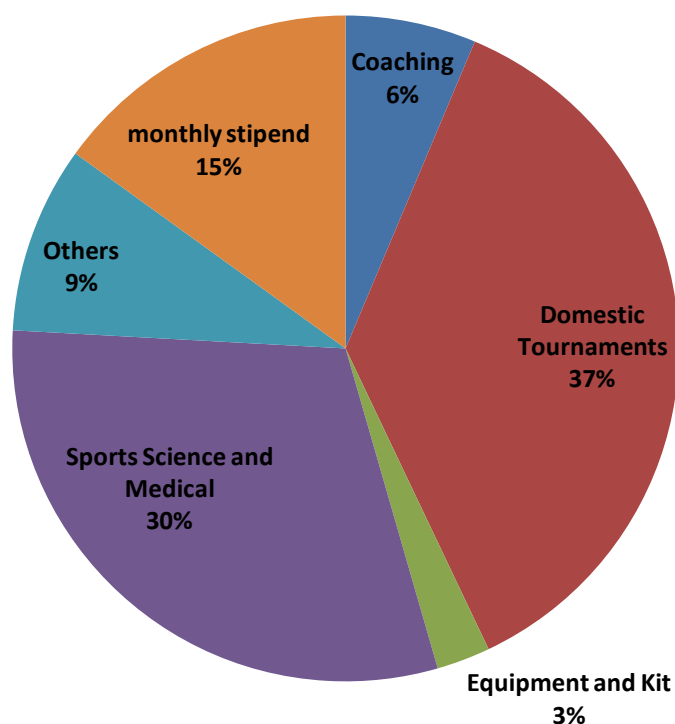


Number of Boxers	Male	Female
6	4	2

### Highlights 2013-2014:

- Shiva Thapa won the Gold medal in the Asian Championships at Amman, Jordan in the 56 kgs weight category.
- Devendo Singh won the Gold medal in the Bocksai Invitational tournament in Hungary in the 49 kgs weight category.
- Manoj Kumar won the Silver medal in the Bocksai Invitational tournament in Hungary in the 64 kgs weight category
- OGQ arranged for a physical assessment camp for Mary Kom in Pune under supervision of Charles Atkinson in the month of March 2014.

### Percentage break up of spends on senior athletes in Boxing.







**M.C. Mary Kom**

DOB: 1<sup>st</sup> March 1983

Event: Flyweight (48 kgs to 51kgs) Boxing



## Key Achievements:

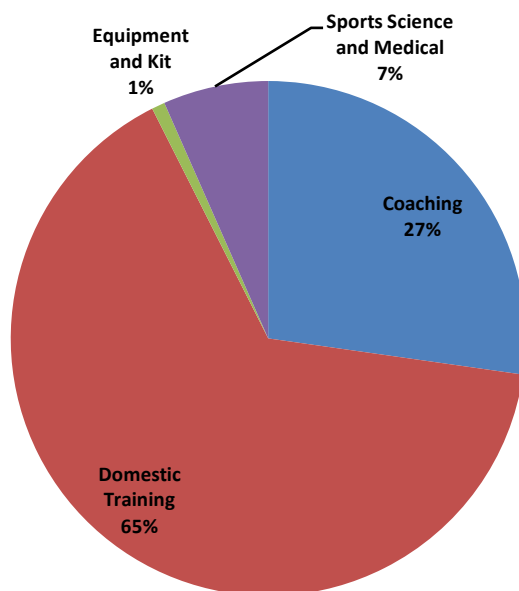
- Bronze Medal in Flyweight at the 2012 Olympics in London – August 2012

Post the 2012 London Olympics, Mary took a sabbatical from the sport for a period of one and a half year.

## How OGQ has made a difference:

- OGQ organized a camp in Pune (February to March 2014) and under the supervision of Dr. Nikhil Latey, Head of Sports Science and Rehabilitation to evaluate and assess Mary's fitness and strength in order to compete further at the highest level.
- OGQ invited expert coach Charles Atkinson from the UK to monitor Mary's fitness regimen and her progress.

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Training:** Expenses incurred like flight tickets, boarding and lodging, food, etc while training in India
- **Equipment and Kit:** Expenses include purchase of boxing gloves, shoes and sports apparel
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Shiva Thapa**

DOB: 8<sup>th</sup> December 1993

Event: Bantamweight (56kg) Boxing



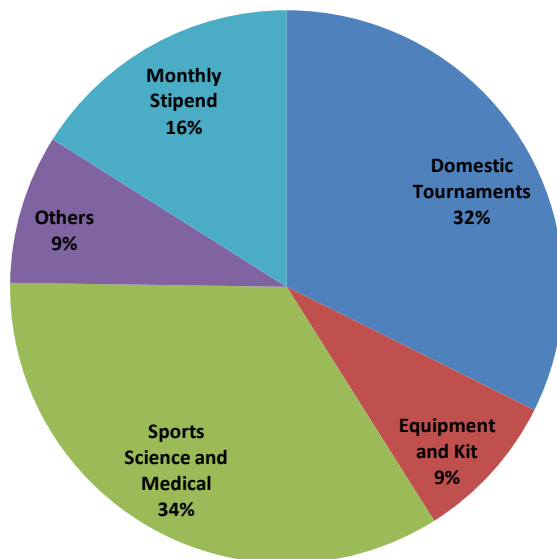
## Highlights:

- Gold medallist at the Asian Championship in Amman, Jordan in June 2013
- Lost in the quarter finals of the World Championships – November 2013

## How OGQ has made a difference:

- Personal physiotherapist at the National camp in Patiala
- Arrangement of travel and accommodation for domestic tournaments and trials
- Regular medical assessments and nutrition support by OGQ Sports Science Team

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Equipment and Kit:** Expenses include purchase of boxing gloves, shoes and sports apparel
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Monthly Stipend:** Monthly stipend to athletes
- **Others:** Miscellaneous Expenses



**Devendro Singh Laishram**

DOB: 2<sup>nd</sup> March 1992

Event: Light Flyweight (48kg) Boxing



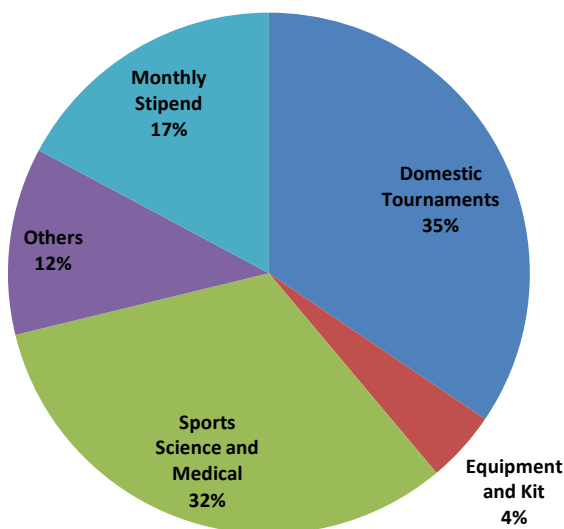
## Highlights:

- He won the gold medal at the Bocksai International Invitation Tournament in Hungary – February 2014

## How OGQ has made a difference:

- Personal physiotherapist at the National camp in Patiala
- Purchase of camera for video analysis
- Regular medical assessments and nutrition support by OGQ Sports Science Team

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Equipment and Kit:** Expenses include purchase of boxing gloves, shoes and sports apparel
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Monthly Stipend:** Monthly stipend to athletes
- **Others:** Miscellaneous Expenses



**Manoj Kumar**

DOB: 10<sup>th</sup> December 1986

Event: Light Welterweight (64kg) Boxing



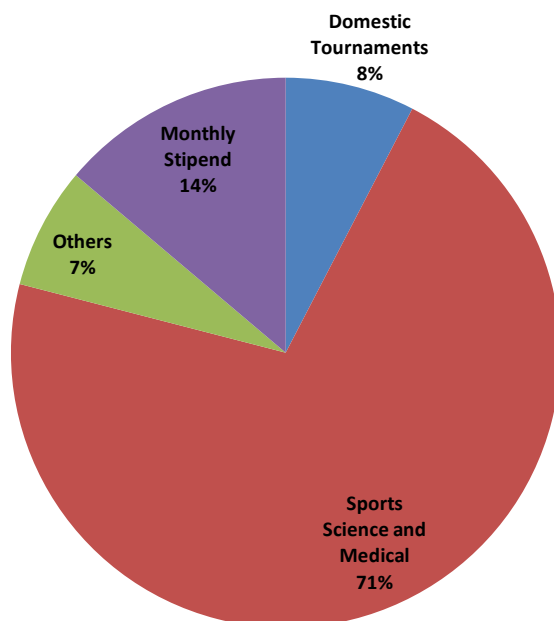
## Highlights:

- Manoj won the silver medal at the Bocksai International Invitation Tournament in Hungary – February 2014.
- Lost in the quarter finals of the World Championships – November 2013

## How OGQ has made a difference:

- Personal Physiotherapist at the National Camp
- Regular Medical assessments, Nutritional Assistance by OGQ sports science team

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Monthly Stipend:** Monthly stipend to athletes
- **Others:** Miscellaneous Expenses



**Sarjubala Devi**

DOB: 1<sup>st</sup> June 1993

Event: Flyweight (48) kg Boxing



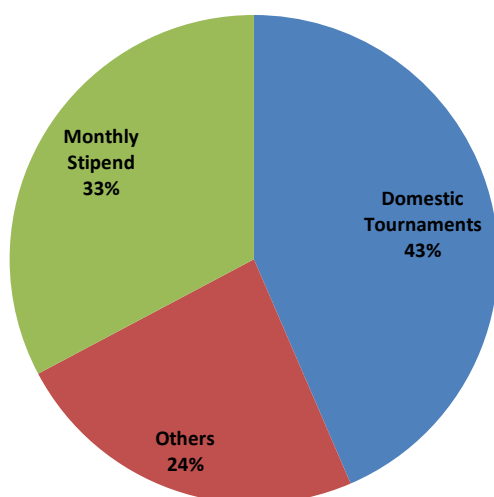
## Highlights:

- Gold Medalist in 48 kgs weight category at the Senior Nationals in 2013

## How OGQ has made a difference:

- OGQ sent Sarjubala for a training stint to Trivandrum
- Regular Medical assessments, Nutritional Assistance by OGQ sports science team

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Monthly Stipend:** Monthly stipend to athletes
- **Others:** Miscellaneous Expenses



**Nanao Singh**

DOB: 8<sup>th</sup> January 1991

Event: Flyweight (49) kg Boxing



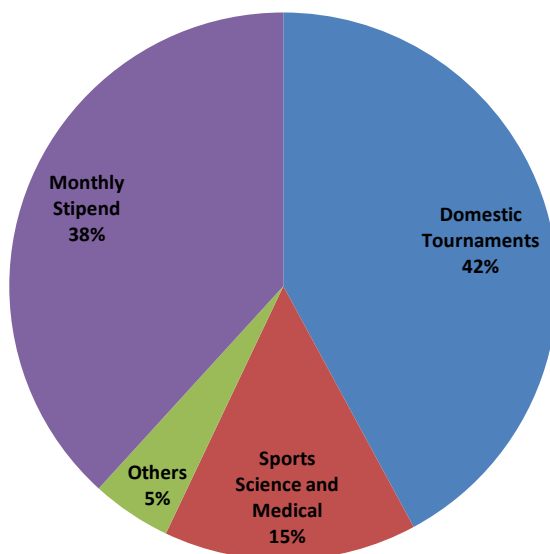
## Highlights:

- Silver medallist in an International tournament in Russia in June 2013

## How OGQ has made a difference:

- Personal Physiotherapist at the National Camp
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel arrangements for domestic training and competitions

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Monthly Stipend:** Monthly stipend to athletes
- **Others:** Miscellaneous Expenses



# *Badminton*



Saina Nehwal



P.V. Sindhu



P. Kashyap



Sai Praneeeth



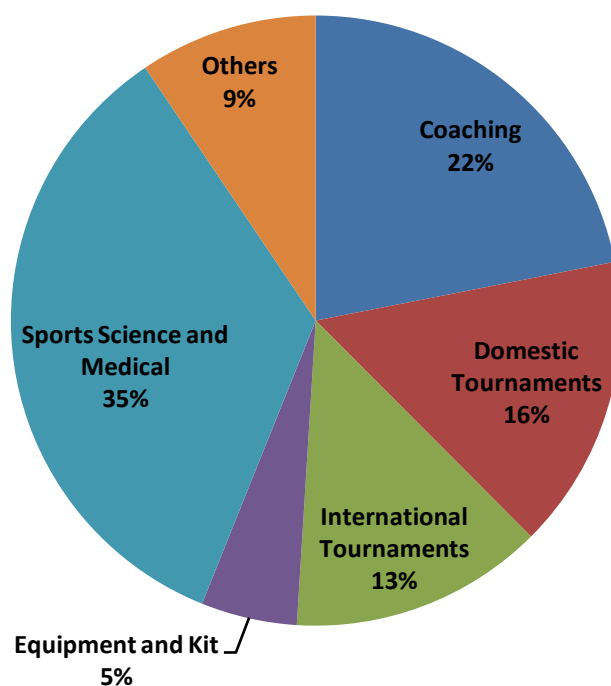


Number of Badminton players	Male	Female
4	2	2

**Highlights 2013-2014:**

- P.V. Sindhu won a Bronze medal in the World Championships in August 2013. She also won the Malaysian and Macau Grand Prix Gold in April and November 2013 respectively.
- Saina Nehwal won the India Open Grand Prix Gold in January 2014
- Kashyap reached the quarter finals of the World Championships in August 2013

**Percentage break up of spends on senior athletes in Badminton.**





**Saina Nehwal**

DOB: 17<sup>th</sup> March 1990

Event: Badminton Women's Singles



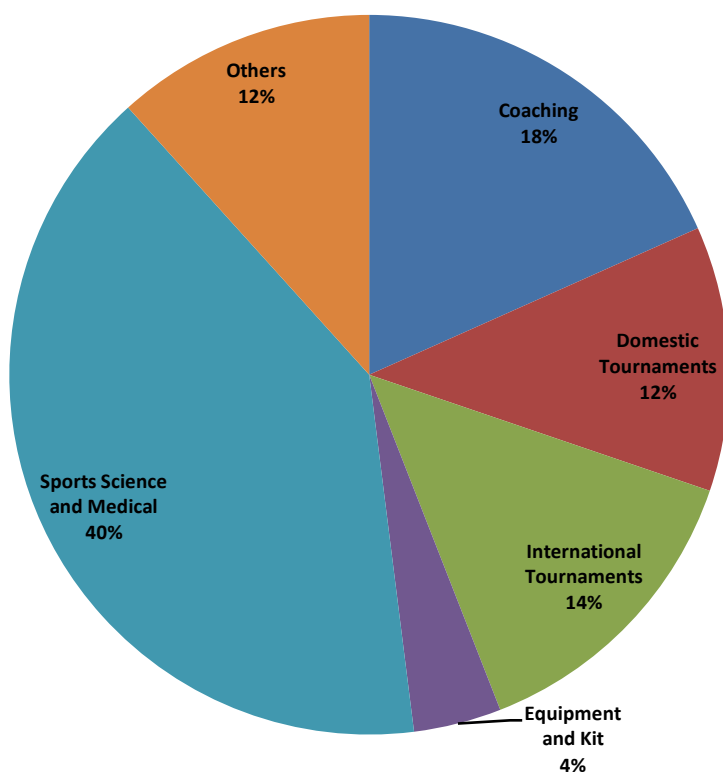
## Key Achievements:

- Bronze Medal in Women's Singles at the 2012 Olympics in London – August 2012
- Winner Indian Grand Prix Gold, Lucknow - January 2014

## How OGQ has made a difference:

- Provided world class medical and nutrition support
- Personal physiotherapist at all times at the training camp and competitions
- Expenses for Plyometric boxes in Gopichand Academy
- Travel and accommodation support for domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous expenses



**P.V. Sindhu**

DOB: 5<sup>th</sup> July 1995

Event: Badminton Women's Singles



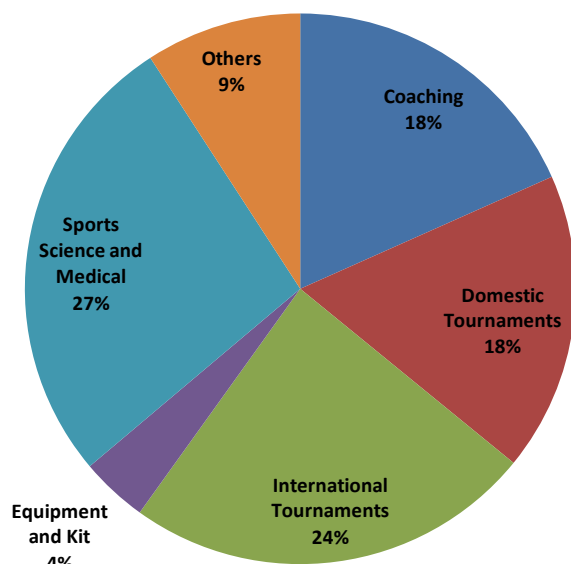
## Highlights:

- Bronze Medal in Women's Singles at the World Championships in China – August 2013
- Winner Malaysia Grand Prix Gold – April 2013
- Winner Macau Grand Prix Gold – November 2013

## How OGQ has made a difference:

- OGQ provided a personal physiotherapist and, physical fitness trainer and sports psychologist support at the Gopichand Academy in Hyderabad
- OGQ funded the travel of Sindhu's mother for Swiss Open and Malaysia Open to accompany Sindhu
- Expenses for Plyometric boxes in Gopichand Academy

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014





**P. Kashyap**

DOB: 8<sup>th</sup> September 1986

Event: Badminton Men's Singles



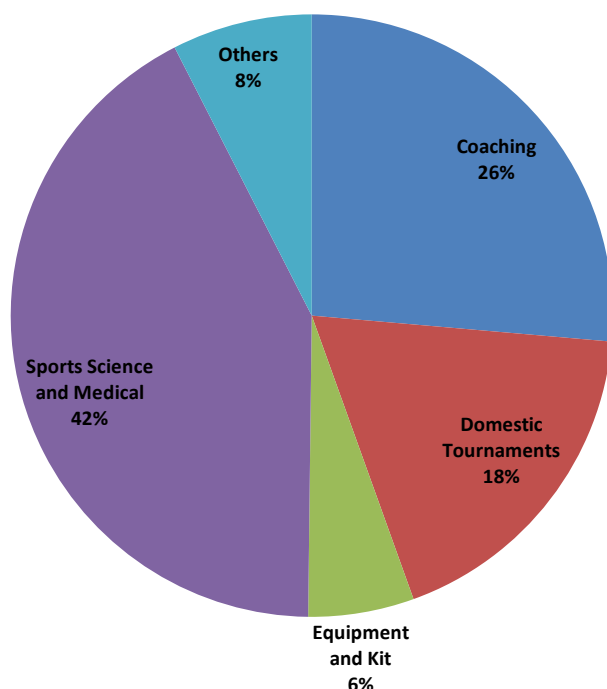
## Highlights:

- Kashyap reached the quarter finals of the World Championships in China – August 2013.

## How OGQ has made a difference:

- Personal physiotherapist at the Gopichand Academy
- Sports psychologist and physical fitness trainer support at the India camp
- Regular medical assessments and nutrition support by OGQ Sports Science Team
- Expenses for Plyometric boxes in Gopichand Academy

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous expenses



**Sai Praneeth**

DOB: 10<sup>th</sup> August 1992

Event: Badminton Men's Singles



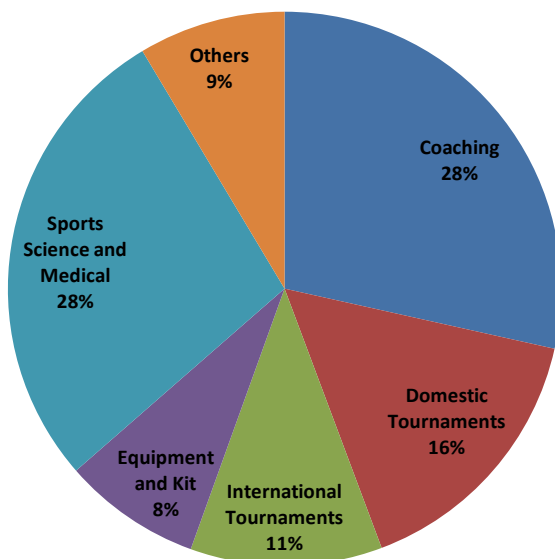
## Highlights:

- Semi finalist, Tata Open India International Challenge, Mumbai, December 2013

## How OGQ has made a difference:

- OGQ funded Sai's trip to the Malaysia Grand Prix Gold 2014.
- OGQ provided a personal physio, sports psychologist and physical fitness trainer support at the camp
- Medical support by OGQ Sports Science Team
- Expenses for Plyometric boxes in Gopichand Academy

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous expenses



# *Wrestling*



Sushil Kumar



Parveen Rana

## Wrestling recap 2013-14

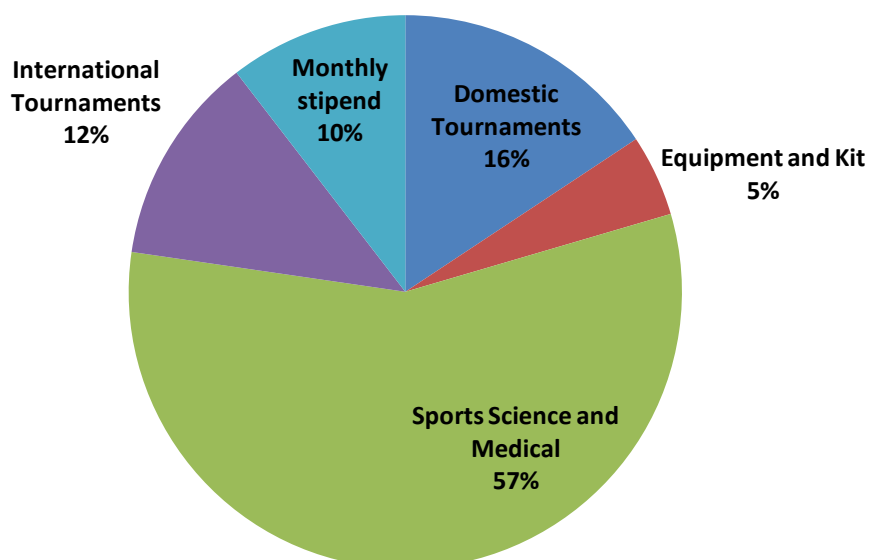


Number of Wrestlers	Male
2	2

### Highlights 2013-2014:

- Parveen won the Gold medal in the Senior Nationals and in 2 international tournaments in USA and South Africa respectively.
- OGQ sent Sushil along with personal trainer to Hungary for a training stint.

### Percentage break up of spends on senior athletes in Wrestling.







**Sushil Kumar**

DOB: 26<sup>th</sup> May 1983

Event: (66 kg) Freestyle Wrestling



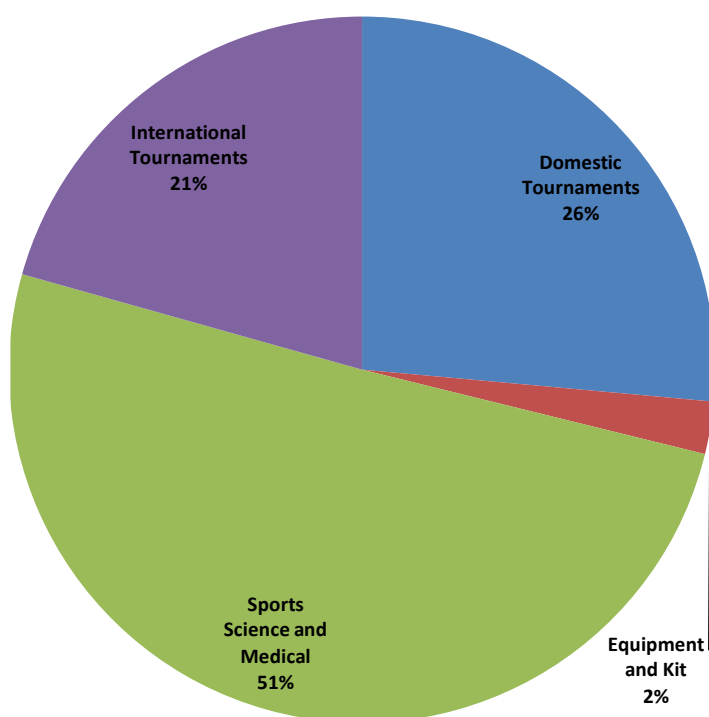
## Key Achievements:

- Bronze Medal in 66 kg Freestyle event at the 2008 Olympics in Beijing – August 2008
- Silver Medal in 66 kg Freestyle event at the 2012 Olympics in London – August 2012

## How OGQ has made a difference:

- Provided world class medical and nutrition support
- Expenses for sending personal trainer to Hungary for a training stint

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Parveen Rana**

DOB: 12<sup>th</sup> November 1992

Event: (74kg) Freestyle Wrestling



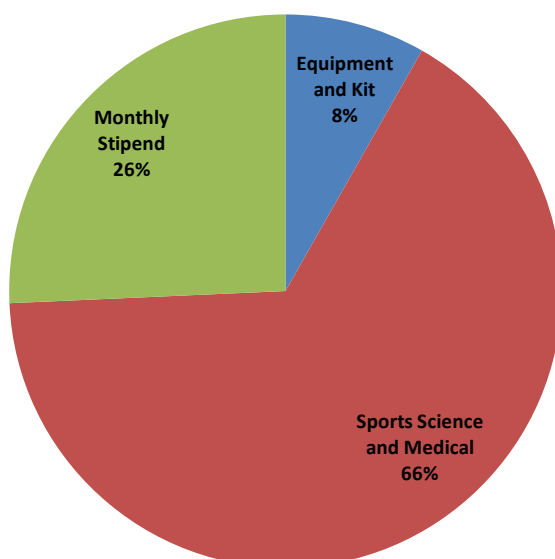
### Highlights:

- Parveen won the Senior National Wrestling Championships in Kolkata – December 2013
- He won the Gold medal at the Commonwealth wrestling championship in South Africa – January 2014
- He won the Gold medal at the Dave Schultz memorial tournament in USA – February 2014

### How OGQ has made a difference:

- Provided world class nutritional support
- Purchase of top quality wrestling kit

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Equipment and Kit:** Expenses include purchase of wrestling kit and sports apparel
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Monthly Stipend:** Stipend given to athletes



# *Athletics*



Irfan KT



Rajesh Bind



Vikas Gowda

## Athletics recap 2013-2014

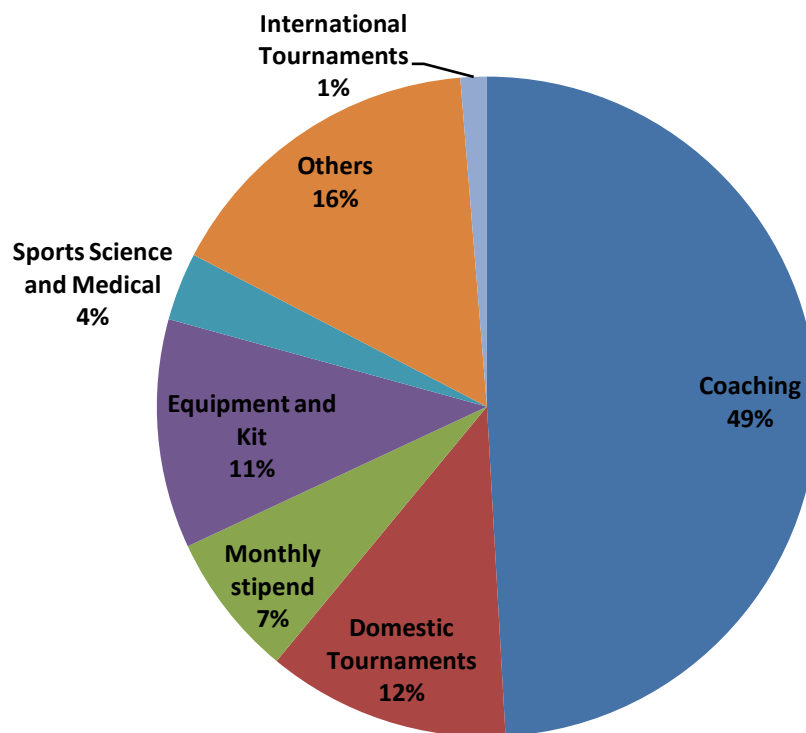


Number of Athletes	Male
3	3

### Highlights 2013-2014:

- Vikas Gowda won the Gold medal in the Asian Athletics Meet in Pune in July 2013
- Vikas finished 7<sup>th</sup> in the World Championships in Moscow in May 2013
- Irfan won the Silver medal in Senior National Race Walking Championship

### Percentage break up of spends on senior athletes in Athletics.





**Vikas Gowda**

DOB: 5<sup>th</sup> July 1983

Event: Discus Throw



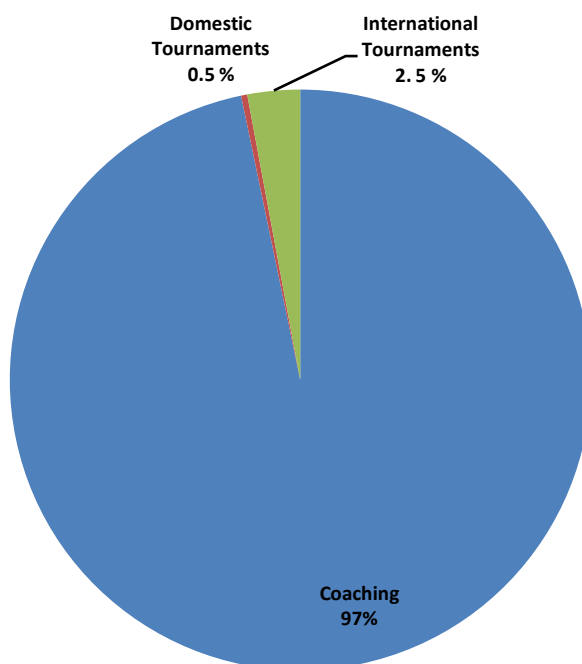
## Highlights:

- Vikas won the gold medal at the Asian Athletics Championship in Pune – July 2013.
- Vikas finished 7<sup>th</sup> in the World Championships in Moscow, May 2013

## How OGQ has made a difference:

- OGQ sponsored his training under 4 times World Champion and Olympic medallist John Godina at the World Throwing Center in Phoenix, USA
- Expenses for air ticket for coach John Godina for the World Championships in Moscow

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad



**Irfan Kolothum Thodi**

DOB: 8<sup>th</sup> Feb 1990

Event: 20 km Race Walk



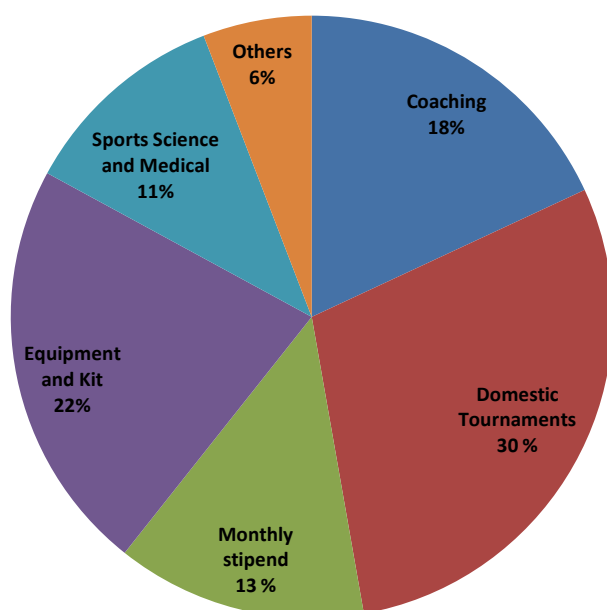
## Highlights:

- Irfan finished 10<sup>th</sup> in the London Olympics 2012
- He won the silver medal in the Senior National Race walking competition.

## How OGQ has made a difference:

- Expenses for personal coach
- Purchase of specialized walking shoes
- Personal Physiotherapist at his training base in Patiala

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous expenses
- **Monthly Stipend:** Stipend given to players



**Rajesh Bind**

DOB: 20<sup>th</sup> July 1994

Event: Javelin Throw



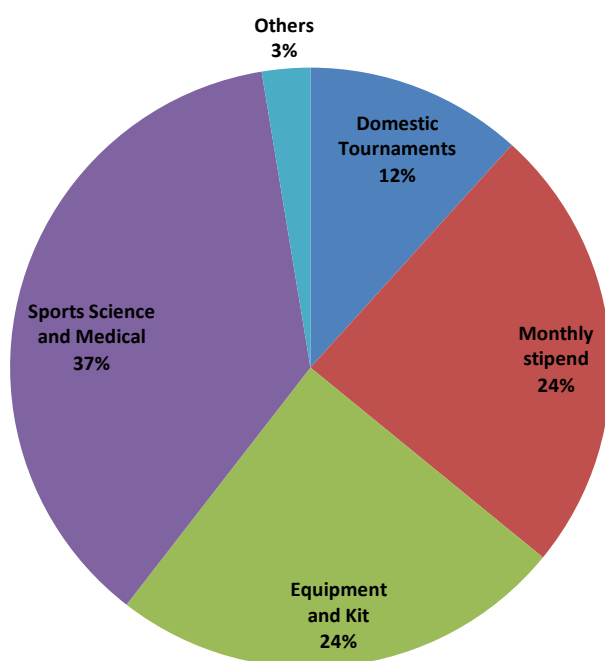
## Highlights:

- Rajesh won the Gold medal at School Nationals in Bangalore

## How OGQ has made a difference:

- Purchase of world class medical and nutritional supplements
- Purchase of top quality javelin

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Others:** Miscellaneous expenses
- **Monthly Stipend:** Stipend given to players





# Archery



Atanu Das



Bombayla Devi



Deepika Kumari



Jayanta Talukdar



Tarnudeep Rai



Rahul Banerjee



Rimil Buriuly

## Archery recap 2013-2014

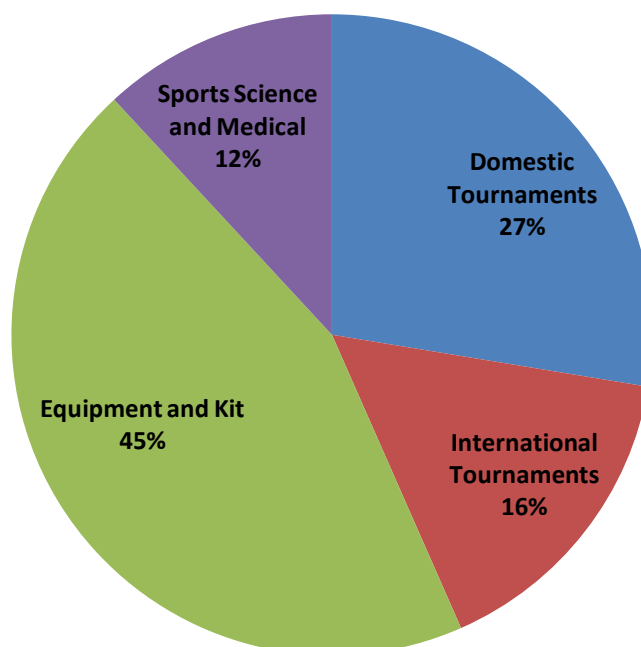


Number of Archers	Male	Female
7	4	3

### Highlights 2013-2014:

- Deepika Kumari won the Silver medal in the World Cup final in Paris in September 2013
- Jayanta Talukdar and Tarundeep Rai were part of the Men's recurve team that won the gold medal at the Asian Grand Prix in Bangkok in March 2014.
- Tarundeep Rai won the Silver medal and Atanu Das won the Bronze medal in the Indoor World Cup Stage 1 in Singapore in December 2013.
- OGQ funded the trip for all 7 archers to the Indoor World Cup in Singapore in December 2013.

### Percentage break up of spends on senior athletes in Archery.





**Deepika Kumari**

DOB: 13<sup>th</sup> June 1994

Event: Recurve Individual and Recurve Team



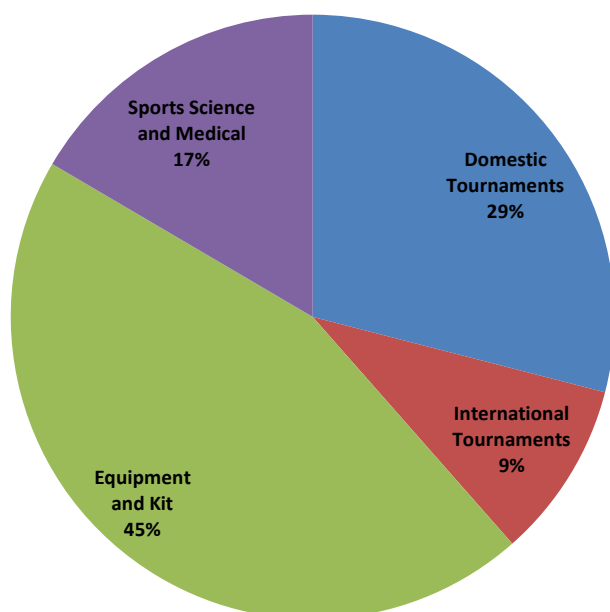
## Highlights:

- Deepika won the Silver medal in the World Cup Final in Paris, September 2013
- She won the Gold medal in the Senior Nationals in December 2013

## How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Bombayla Devi Laishram**

DOB: 22<sup>nd</sup> February 1985

Event: Recurve Individual and Recurve Team



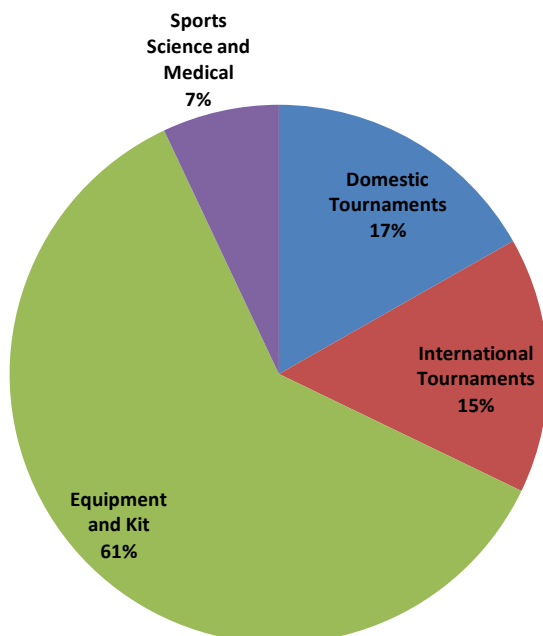
## Highlights:

- Bombayla was part of the Indian team that won 2 Gold medals in World Cups in Poland and Colombia – 2013.

## How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Rimil Buriuly**

DOB – 9<sup>th</sup> January 1991

Event: Recurve Individual and Recurve Team



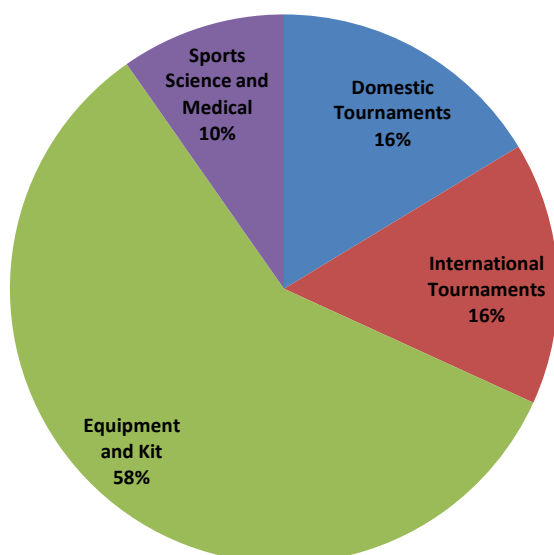
### Highlights:

- Rimil was part of the Indian team that won 2 Gold medals in World Cups in Poland and Colombia – 2013.

### How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- OGQ paid for her laser surgery to remove a sebaceous cyst

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
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- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Rahul Banerjee**

DOB – 15<sup>th</sup> December 1986

Event: Recurve Individual and Recurve Team



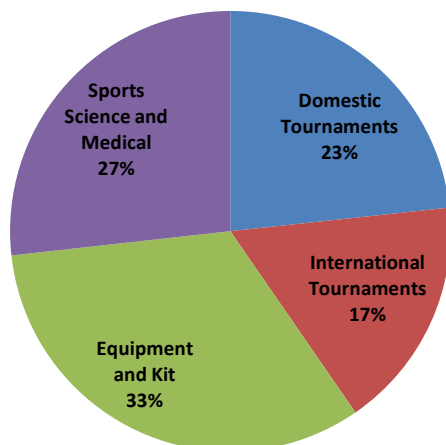
## Highlights:

- Rahul was part of the Indian team for the World Cups in Shanghai and Antalya – 2013.

## How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Tarundeep Rai**

DOB – 22<sup>nd</sup> February 1984

Event: Recurve Individual and Recurve Team



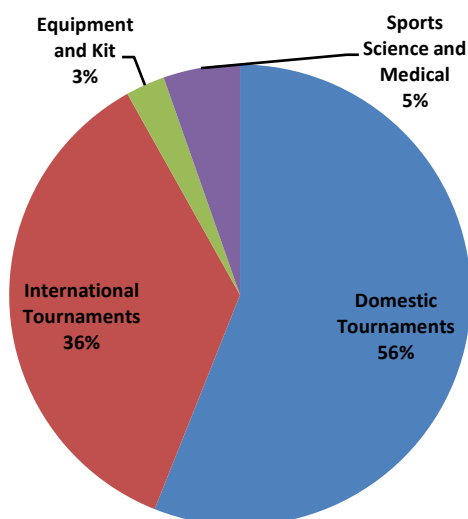
## Highlights:

- Tarundeep won the silver medal at the Indoor Archery World Cup Stage 2 in Singapore – December 2013
- He was part of the Indian team that won the gold medal at the Asian Grand Prix in Thailand – March 2014

## How OGQ has made a difference:

- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc





**Atanu Das**

DOB – 5<sup>th</sup> April 1992

Event: Recurve Individual and Recurve Team



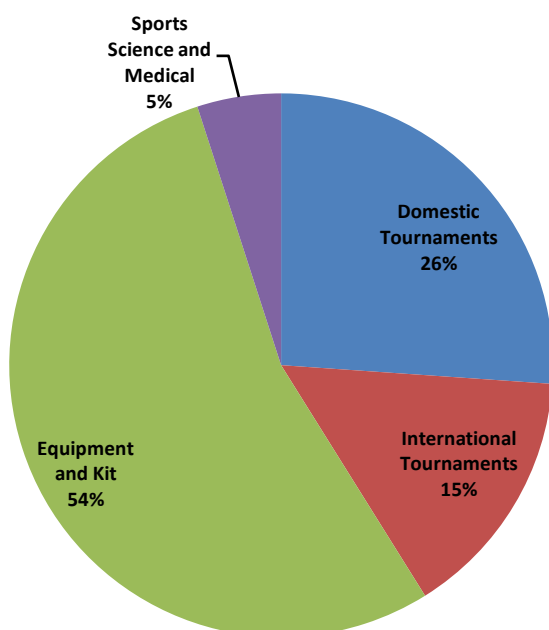
### Highlights:

- Atanu won the bronze medal at the Indoor Archery World Cup Stage 1 in Singapore – December 2013
- He won the Gold medal in the Senior Nationals – December 2013

### How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**Jayanta Talukdar**

DOB – 2<sup>nd</sup> March 1986

Event: Recurve Individual and Recurve Team



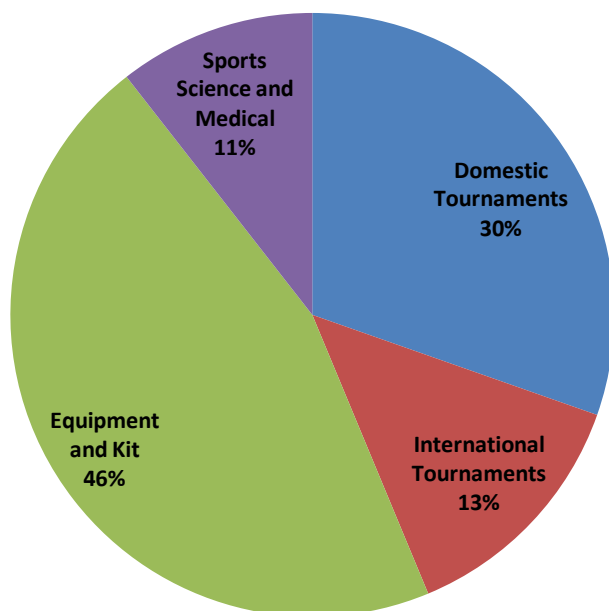
### Highlights:

- Jayanta was part of the Indian team that won the gold medal at the Asian Grand Prix in Thailand – March 2014

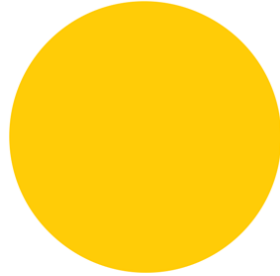
### How OGQ has made a difference:

- Purchase of new archery equipment
- Expenses for participation in Indoor World Cup in Singapore in December 2013
- Regular Medical assessments and nutritional assistance by OGQ sports science team
- Travel and accommodation for domestic tournaments

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**OLYMPICGOLDQUEST**

*Luge*



Shiva Keshavan



**SHIVA KESHAVAN**

DOB: 25<sup>th</sup> August 1981

Event: Luge (Winter Sports)



### Highlights:

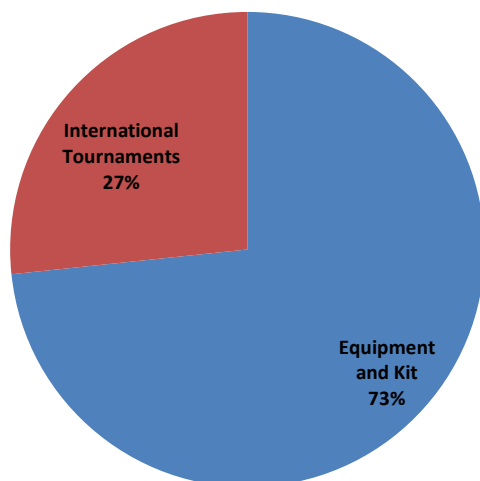
- Silver Medalist, Asia Cup, Japan, December 2013.
- Finished 37<sup>th</sup> at the Winter Olympic Games in Sochi 2014

### How OGQ has made a difference:

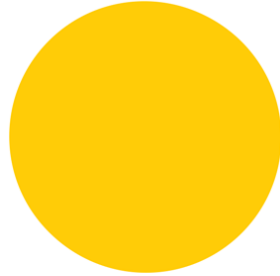
- OGQ raised Rs. 10 lakhs for Shiva through a crowd funding campaign
- The amount raised was used for purchase of new sled and training abroad.
- Medical support by OGQ Sports Science Team

OGQ will not continue support to Shiva Keshavan

### Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit



**OLYMPICGOLDQUEST**

# *New Athletes*



Heena Sidhu



Jitu Rai



P N Prakash



**Heena Sidhu**

DOB: 29th August 1989

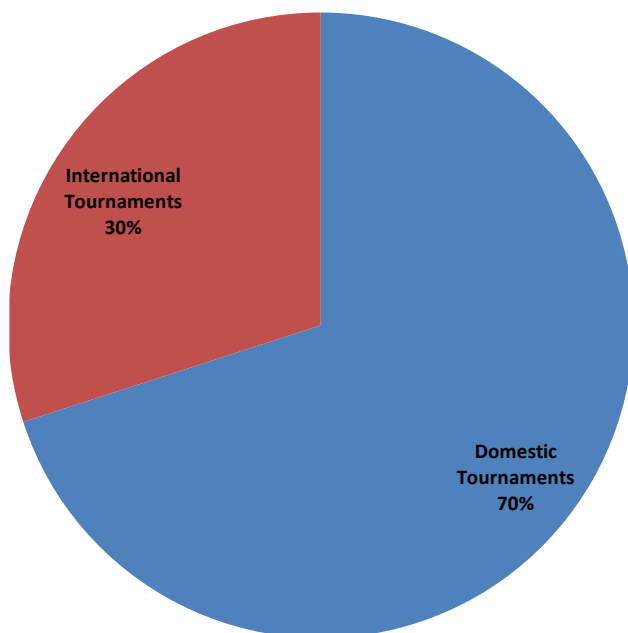
Event: 10 m Air Pistol and 25 m Sports Pistol



Heena won 1 Gold and 1 Silver medal at the Commonwealth Games 2010 in New Delhi and 1 Silver medal at the Asian Games 2010 in China. Heena, who hails from Punjab, competed at the 2012 London Olympics in the women's 10m Air Pistol event and finished in 12th position. In 2013, she won the Gold medal in the ISSF World Cup Finals with a world record score in the final thus becoming the only Indian woman to hold a final world record in Shooting.

OGQ is proud to support Heena and give her all the support she needs to help her win a medal at the Rio 2016 Olympics

## Percentage spends from 1<sup>st</sup> January 2014 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad



Jitu Rai

DOB – 26<sup>th</sup> August 1987

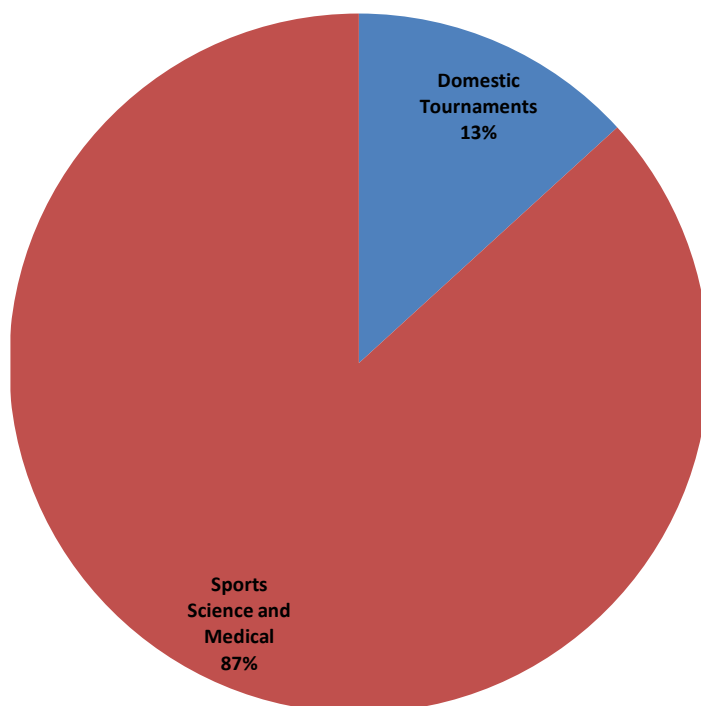
Event – 10 m Air Pistol and 50 m Free Pistol



Jitu Rai hails from Lucknow and is one of the best pistol shooters in India at present. He is the top ranked Indian shooter in both 10 m Air Pistol and 50 m Free Pistol. Jitu had a great year in 2013 when he qualified for the World Cup final in 2 world cups in Munich, Germany and Changwon, Korea in the 50 m Free Pistol event.

Jitu Rai is one of India's key prospects for a medal at the Commonwealth Games in Glasgow, July 2014 and Asian Games in Incheon, September 2014

**Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014**



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc





P N Prakash

DOB – 29<sup>th</sup> February 1976

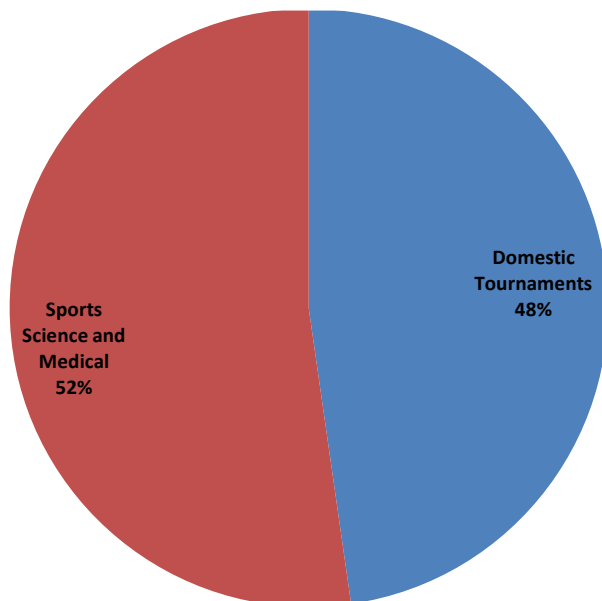
Event - 10 m Air Pistol and 50 m Free Pistol



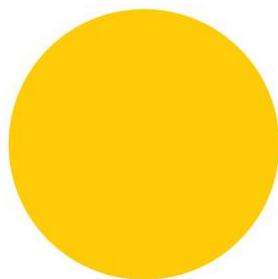
Prakash hails from Bangalore and is one of the experienced pistol shooters in India. Despite his age, he continues to perform exceedingly well at the world stage. He was the only Indian shooter to win a medal at a World Cup in 2013. He won the bronze medal at the ISSF Rifle/Pistol World Cup in Changwon, Korea in the 10 m Air Pistol event. His main event is the 50 Free Pistol where he qualified for the final at the Korea World Cup.

P N Prakash is one of India's key prospects for a medal at the Commonwealth Games in Glasgow, July 2014 and Asian Games in Incheon, September 2014

## Percentage spends from 1<sup>st</sup> April 2013 to 31<sup>st</sup> March 2014



- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc



**OLYMPICGOLDQUEST**

## *Junior Scholarship Program*



Akhil Sheoran



Karthikey Gulshan



Malaika Goel



Manavadiya Rathore



Meiraba Luwang



Nengneihat Kom



Pratik Borse



Samarjit Singh



Shreya Gawande



Siril Verma



Lakhsya Sen



Rahul Bharadwaj



## Recap of OGQ scholarship program 2013-14

**Number of Athletes:** 19 in 4 sports

Sport	Athletes (Male, Female)
Shooting	8 (6,2)
Boxing	2 (1,1)
Badminton	6(6,0)
Archery	3(0,3)
Total	19(13,6)

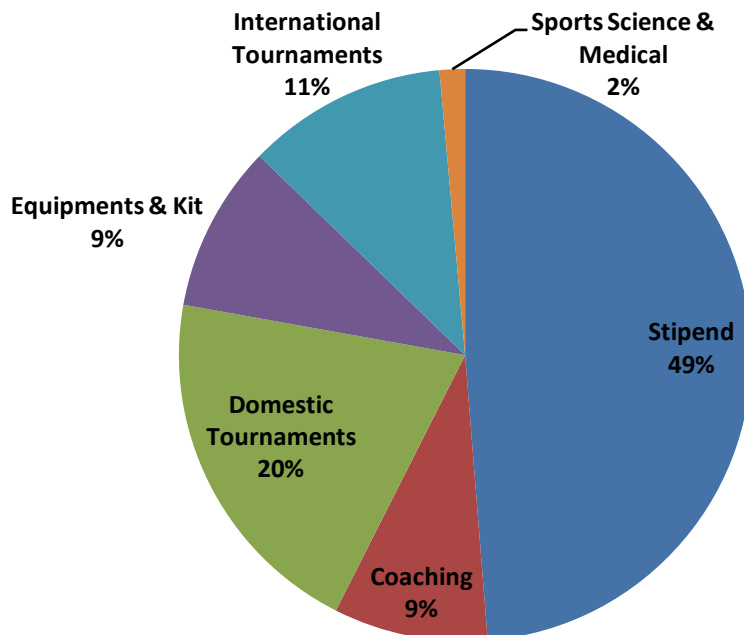
### Key Highlights:

- OGQ junior scholarship shooter Malaika Goel cemented her place in the Senior Indian shooting team by performing consistently well and beating senior and experienced shooters. She won the Bronze medal in the 10 m Air Pistol Youth event at the Asian Air Gun Championships in Kuwait, March 2014
- Shreya Gawande won the Bronze medal in the 10 m Air Pistol Junior event at the Asian Air Gun Championships in Kuwait, March 2014
- Siril Verma became the first Indian player to win the Badminton Asia Youth Championships in October 2013.
- Rahul Yadav was the youngest player of the title winning Hyderabad Hotshots franchise in the inaugural edition of the Indian Badminton League
- Manavaditya Rathore won the silver medal in the junior men's trap event at the International junior Shotgun cup in Finland in June 2013

### How OGQ made a difference:

- OGQ partially funded an electronic target system at Malaika Goel's residence in Punjab.
- Siril partly credited his victory at the Badminton Asia Youth Championship to the sports psychologist appointed by OGQ.
- OGQ purchased a world class air pistol for Shreya Gawande.
- OGQ arranged for an appointment with Dr. Abhay Nene to help Lakshya regain fitness after suffering from a back injury.
- Nengneihat Kom was exclusively selected as a sparring partner by Mary Kom for her comeback training camp in Pune in March 2014.

### Break up of Spends on Scholarship Athletes, 2013-14



- **Coaching:** Expenses incurred for organizing coaching camps in India and abroad, training at academies, coaches fees, etc
- **Domestic Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments in India
- **International Tournaments:** Expenses incurred like flight tickets, boarding and lodging, food, etc while competing in tournaments abroad
- **Equipment and Kit:** Expenses incurred for purchasing sports equipments, accessories and kit
- **Sports Science & Medical:** Expenses incurred for medical interventions like surgery, rehab, regular check-ups, physiotherapists, sports psychologists, monitoring trips, etc
- **Stipend:** Monthly stipend given to athletes.

**MALAIKA GOEL**

Age: 15 years

Event: 10m Air Pistol



Malaika finished an excellent 6<sup>th</sup> position in the ISSF Rifle/Pistol World Cup in USA, March 2014. This was her first appearance in the senior Indian team for a World Cup. She also won a bronze medal at the Asian Air Gun Championships in the 10 m Air Pistol Youth category. At the National Championships in December 2013, Malaika won the Gold medal in the Senior, Junior and Youth categories.

**AKHIL SHEORAN**

Age: 19 years

Event: 10m Air Rifle

Akhil Sheoran hails from Uttar Pradesh and has emerged as the most promising junior in the rifle events. He won the silver medal in the 10 m Air Rifle Youth category at the National Championships in December 2013.

**PRATIK BORSE**

Age: 16 years

Event: 10m Air Rifle

Pratik Borse trains in Nasik in Maharashtra. He won the gold medal in the Youth category at the National Championships in December 2013. He represented the Junior Indian team at the Asian Air Gun Championships in Kuwait in March 2014.

**SHREYA GAWANDE**

Age: 19 years

Event: 10 m Air Pistol and 25 m Sport Pistol



Shreya hails from Nashik, Maharashtra. She won the Bronze medal in the 10 m Air Pistol Junior Women's event at the Asian Air Gun Championships in Kuwait, March 2014. She also won a Bronze medal in the 10 m Air Pistol event at the Senior National Championships in December 2013. She trains at the Balewadi Sports Complex in Pune.

**SAMARJIT SINGH**

Age: 15 years

Event: 10m Air Pistol and 50m Free Pistol

Samarjit hails from UP and he is currently training at the Jaspal Rana Shooting Academy in Dehradun. He won the gold medal in the 10 m Air Pistol event at the Asian Championship in Iran in October 2013. His recent performances have earned him a place in the Junior Indian team for the competitions in Suhl and Plzen in Czech Republic to be held in June 2014.

**SAURAV DALAVI**

Age: 16 years

Event: 10m Air Rifle

Saurav Dalavi belongs to Raigad in Maharashtra.  
OGQ is no longer supporting Saurav





**MILANPREET SINGH**

Age: 17 years

Event: 10m Air Rifle



Milanpreet comes from Khanna district in Punjab.  
OGQ is no longer supporting Milanpreet



**SUMEDH DEVLALIWALA**

Age: 17 years

Event: 10m Air Pistol and 50m Free Pistol

He comes from Aurangabad in Maharashtra.  
OGQ is no longer supporting Sumedh



**ISHWARI CHAVAN**

Age: 14 years

Event: Recurve Archery



OGQ organized a 2 month training camp in Jan-Feb 2013 for them in Pune under expert Korean coach Lim Chae Woong. OGQ is no longer supporting Ishwari.



**POOJA CHHETRI**

Age: 15 years

Event: Recurve Archery

OGQ organized a 2 month training camp in Jan-Feb 2013 for them in Pune under expert Korean coach Lim Chae Woong. OGQ is no longer supporting Pooja



**PRATIMA CHAUHAN**

Age: 15 years

Event: Recurve Archery

OGQ organized a 2 month training camp in Jan-Feb 2013 for them in Pune under expert Korean coach Lim Chae Woong. OGQ is no longer supporting Pratima



**LAKSHYA SEN**

Age: 12 years

Event: Badminton Singles



Lakshya Sen has emerged as the most promising young talent on the Indian badminton circuit. Lakshya, trains at the Prakash Padukone Badminton Academy in Bangalore. Lakshya hails from Almora in Uttarakhand and is currently India #1 in U-13 Singles. He won the Under 15 title at the All India Sub Junior Ranking tournament in Kadapa, February 2014.

**KARTIKEY GULSHAN**

Age: 13 years

Event: Badminton Singles

Kartikey belongs to Delhi and currently trains at the Prakash Padukone Badminton Academy in Bangalore. He is ranked Number 1 in India in the U-15 age category. He won the sub junior national Badminton Championship in Cuttack, November 2013

**B.M. RAHUL**

Age: 12 years

Event: Badminton Singles

Rahul hails from Bangalore and currently trains at the Prakash Padukone Academy in Bangalore. He is ranked number 2 in India in the U-15 age category. He was the runner up in the All India Sub Junior ranking tournaments in Guwahati, October 2013 and Kadapa, February 2014.

**RAHUL YADAV**

Age: 15 years

Event: Badminton Singles



Rahul Yadav trains at the Pullela Gopichand Badminton Academy in Hyderabad. He is India#1 in U-15 singles. Rahul Yadav was the youngest player of the title winning Hyderabad Hotshots franchise in the inaugural edition of the Indian Badminton League

**A.S. SIRIL VERMA**

Age: 14 years

Event: Badminton Singles

Siril Varma trains at the Pullela Gopichand Badminton Academy in Hyderabad. He is currently India#2 in U-15 singles. He became the first Indian player to win the Badminton Asia Youth Championships in October 2013. Siril partly credited his victory to the mental trainer appointed by OGQ.

**MEISNAM MEIRABA LUWANG**

Age: 11 years

Event: Badminton Singles

Meiraba is a promising young player. He is the reigning national Under 13 champion. OGQ has recently started supporting him as part of the Junior Scholarship program.



**K. ONNEITHANG KOM**

Age: 18 years

Event: 49kgs



Onneithang Kom trains at the Mary Kom Boxing Academy in Manipur. OGQ will not continue support to Onneithang

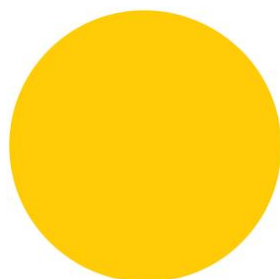


**SERTO. NENGNEIHAT KOM**

Age: 19 years

Event: 48kgs

Nengneihat Kom trains at the Mary Kom Boxing Academy in Manipur. She was runner up at the Manipur state boxing championships in Imphal in March 2013.



**OLYMPICGOLDQUEST**

# *Sports Science Team*





### **Sports Science team at Olympic Gold Quest**

The OGQ Sports Science team ensures that the athlete is fit and injury free by designing and delivering efficient rehabilitation and strength and conditioning programs.

Our team comprises of:

#### **Dr. Nikhil Latey (Head of Sports Science and Rehabilitation)**

- Bachelor of Physiotherapy – Mumbai
- Masters in Sport and Exercise Science – Roehampton University, London
- Trained in Exercise Physiology and Biomechanics

#### **Surgeons**

- Dr. Anant Joshi
- Dr. Sudhir Warriar
- Dr. Abhay Nene
- Dr. Sanjay Desai
- Dr. Santosh Jacob
- Dr. Prateek Gupta

#### **Chest Physician**

- Dr. Ashok Mahasur

#### **Radiologist**

- Dr. Aditya Daftary
- Dr. Sriram Rajan

#### **Nutritionist**

- Dr. Neeti Desai
- Dr. Teena Gupta

#### **Opthalmologist**

- Dr. Sheela Kerkar

#### **Physiotherapists**

- Dr Poornima Raman
- Dr. Siddharth Sakale
- Dr. Viplav Beeram
- Dr. Kiran Challagunda
- Dr. Prakash Sharoff
- Dr. Jaideep Das Chaudhri

#### **Peak Performance Trainer**

- Vaibhav Agashe
- Shree Advani

#### **Strength and Conditioning Specialist**

- Deckline Leitao

#### **ENT Specialist**

- Dr. Vimal Kasbekar
- Dr. Achal Gulati



**OLYMPIC GOLD QUEST**

**THANK YOU FOR YOUR SUPPORT**

***‘It takes just 6 grams of Gold to lift the worth of a Nation’***

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