

ANNUAL PERFORMANCE REPORT

2018-19

FOUNDATION FOR PROMOTION OF SPORTS & GAMES

TABLE OF CONTENTS:

OGQ Directors

1

- List of Directors
- Note from Prakash Padukone
- Note from Viren Rasquinha

OGQ Support

5

- Sports Supported by OGQ
- Major Areas of Support
- Summary of OGQ Spends

Distribution of Athletes

11

- Geographical Distribution
- Gender Distribution

OGQ Supporters

13

- List of OGQ Supporters

Asian Games 2018

15

- Performance Summary
- Felicitation Ceremony for Medal Winners

OGQ Coaches Excellence Program

19

- About the Program
- Experts & Trainers

Athletes Supported by OGQ

23

- Count of Athletes
- Summary of Spends
- Badminton
- Boxing
- Shooting
- Wrestling
- Archery
- Weightlifting

Youth Olympic Games 2018

99

- Performance Highlights
- Medal Winners

OGQ Junior Scholarship Program

103

- Introduction
- Training Centres
- All Sports

OGQ Team

119

- Management Team
- Sports Science Team

Donation Details

122

- Testimonial
- Donation Details



GEET SETHI

9 time World Cue Sports
Champion, Co-Founder &
Director - OGQ



PRAKASH PADUKONE

All England Badminton
Champion, Co-Founder &
Director - OGQ



VISWANATHAN ANAND

8 Time World Chess
Champion



NIRAJ BAJAJ

Director - Bajaj Group
Arjuna Awardee in Table
Tennis



R. RAMARAJ

Senior Advisor,
Elevor Equity



SHITIN DESAI

Chairman,
Julius Baer Wealth Managers



RAKESH KHANNA

Founding Partner,
Ambit RSM (Since Retired)



NEERAJ BHARADWAJ

Managing Director,
Carlyle India



SAMEER KOTICHA

Founder & Vice Chairman,
ASK Group



MUKESH BANSAL

Technology Entrepreneur,
Co-founder Myntra &
Curefit



SUNDAR MAHALINGAM

Chief Strategy Officer,
HCL



VIREN RASQUINHA

Former India Hockey
Captain, Olympian
Director & CEO - OGQ

OGQ BOARD OF DIRECTORS



PRAKASH PADUKONE

Co-founder & Director, Olympic Gold Quest
All England Badminton Champion
Padma Shri Awardee

Dear friends,

We are just over a year away from Tokyo 2020, which is to say, we are in the sprinter's acceleration phase. The main focus in this phase (2019-2020) is to get as many Olympic quota places as possible.

Recently, we have seen some excellent performances from the shooters who have already secured Olympic quota places for India in their respective events. Also, a good indicator for improved performance at major events was how the athletes fared at the big ticket multi-disciplinary games- CWG and Asian Games 2018. The results here were encouraging keeping in mind that there is so much scrutiny and pressure at these multi-sport events.

As we at OGQ intensify our efforts towards the Tokyo 2020 Olympics which begin on 24th July 2020, we want to express our gratitude to all our existing OGQ supporters. It is also deeply encouraging to see many new supporters being added to the OGQ movement in the last couple of years. I still remember the time when I was playing, we, as players, could not even dream of having state of the art facilities, top foreign coaches, the best sports science support and world class equipment. But today, the Government and the Sports Authority of India (SAI) have definitely enhanced the support to the athletes. Organisations like Olympic Gold Quest (OGQ) are working very closely with these key stakeholders which has resulted in India's increased success in the international sports arena. This could not have been possible without your continuous backing and belief in us.

Let's hope that the day is very close when this collective support for our Nation's athletes helps India reach its best ever medal tally at the Olympics. I wish that millions of Indians extend their support to our athletes striving for Olympic medals and encourage our youth to play a sport as well. This would represent great progress.

Warm regards,



VIREN RASQUINHA

Director & CEO, Olympic Gold Quest
Former India Hockey Captain
Olympian, Arjuna Awardee

Dear friends,

The FY 2018-19 ended on a successful note with some excellent performances by the athletes supported by OGQ as they represented India at the 2018 Asian, Commonwealth & Youth Olympic Games. As we enter into the crucial Olympic qualification phase in 2019-20, I want to reflect upon some of our core strategies:

1. Athlete First: At OGQ we have always followed a few simple tenets:

- i) The athlete is always the centre of our decision making
- ii) Work as a team and everyone has an important role to play
- iii) Not just quality of work but speed of work is equally important especially when dealing with elite athletes

2. Stay Focused: Our research over the years has shown that India has the best chance to win Olympic medals in 5 sports viz., Archery, Badminton, Boxing, Shooting & Wrestling. These continue to be the 5 priority sports supported by OGQ. At the Olympics, there are 80 medals up for grabs within these 5 sports. Additionally, if you historically see the Olympic medal table, most of the countries win about 80% of their medals from 4 or 5 sports. Thus, the lesson here is to keep our focus intact, go deeper in the quality of support to athletes & support a larger pool of athletes in more events within these 5 sports. We will continue to support athletes from other sports, but they must be exceptional.

3. Coaching Excellence: We have tried to ensure that every single athlete supported by OGQ gets access to a world class coach, be it Indian or foreign. OGQ hired the services (part time or full time) of 35 coaches during the year across 6 individual Olympic sports, out of which 15 were foreign coaches. Our Coaches Excellence Program (CEP) is in its second year and we are already seeing the positive impact on the quality of coaches that graduate from CEP.

4. Relationship with Key Stakeholders in the Ecosystem: We have consciously made strong efforts to have good working relationships with the most important stakeholders in the sports ecosystem like the Sports Ministry, Sports Authority of India (SAI), National Sports Federations (NSFs) etc. who support the athletes. I am glad to say that all stakeholders are working in close coordination towards a common goal - making India proud at the Olympics.

5. Capacity Building: Our team size has expanded significantly in the last one year. We now have 15 full time employees as part of the management team of OGQ as compared to 7 in 2017-18. The size of our sports science team has strengthened to 42 members now. These include physiotherapists, strength and conditioning experts, nutritionists and sports psychologists.

As we move ahead into FY 2019-20, our main aim is to help our athletes win Olympic quota places and then focus on winning Olympic medals at Tokyo 2020. Thank you for your continued support to OGQ. We cannot do any of this without the consistent backing of our supporters.

Warm regards,



ARCHERY



BADMINTON



BOXING



SHOOTING



WRESTLING



WEIGHTLIFTING



ATHLETICS



TABLE TENNIS



SWIMMING

OGQ PRIORITY SPORTS

SPORTS SUPPORTED BY OGQ



**WORLD CLASS
EQUIPMENT**



**EXPERT
COACHING**



**FOREIGN
TRAINING STINTS**



**SPORTS
SCIENCE**



**DOMESTIC & INTERNATIONAL
TOURNAMENTS**

MAJOR AREAS OF SUPPORT

GEOGRAPHICAL DISTRIBUTION

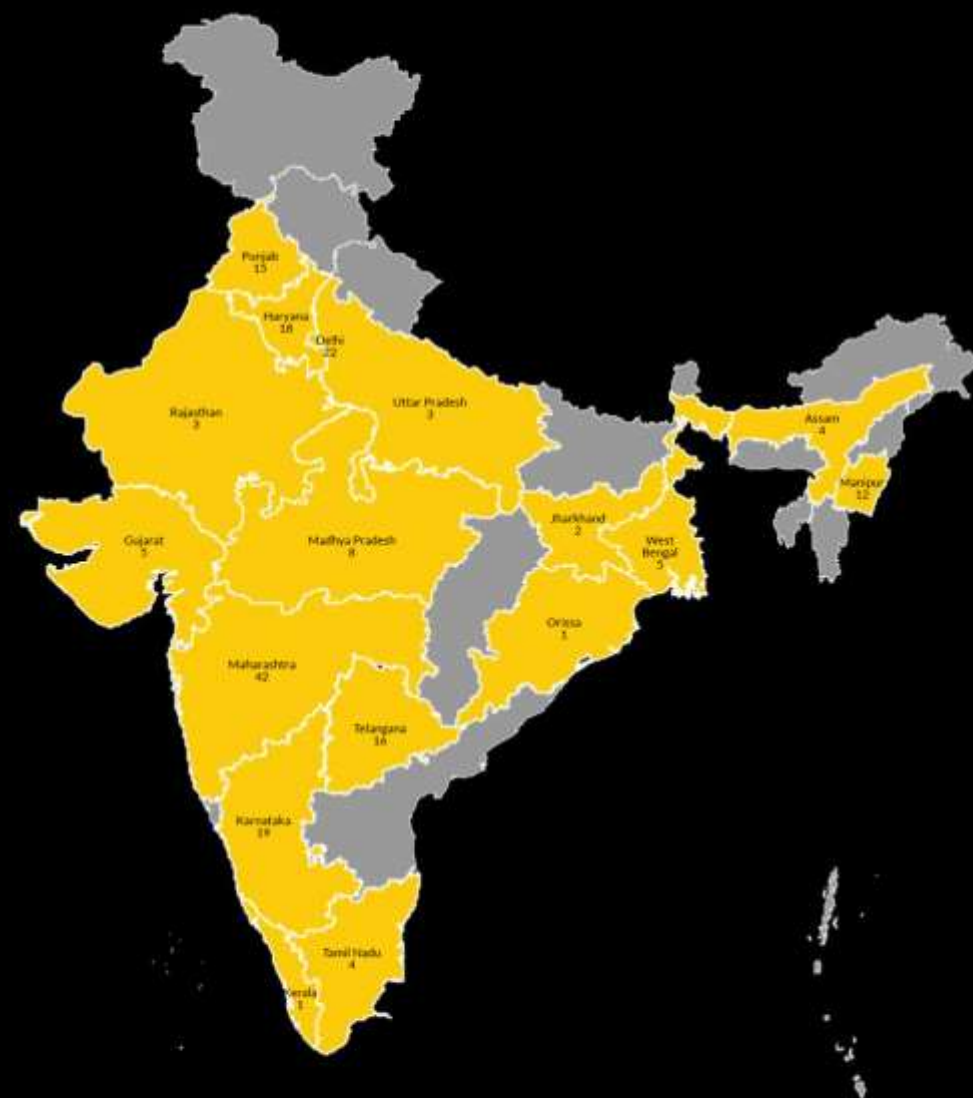
of Athletes Supported by OGQ

180 Athletes

Supported by OGQ in the FY 2018-19.

17 States

Based on their training centres, these athletes were spread across 17 States (24 cities).



GENDER DISTRIBUTION

of Athletes Supported by OGQ

180

TOTAL

73 Female Athletes

Archery: 11
Badminton: 9
Boxing: 13
Shooting: 26
Wrestling: 9
Weightlifting: 1
Athletics: 1
Table Tennis: 2
Swimming: 1

41%

of total athletes supported by OGQ

107 Male Athletes

Archery: 15
Badminton: 22
Boxing: 18
Shooting: 37
Wrestling: 13
Athletics: 2

59%

of total athletes supported by OGQ

We are really grateful to each and every supporter of OGQ in the year 2018-19, many of whom have been long term supporters. It is your backing that helps athletes supported by OGQ in their quest to win Olympic medals for India.

Rs. 50 Lakhs & Above

- Jamnalal Bajaj Foundation
- Fortress Welfare Foundation
- HCL Corporation Pvt. Ltd.
- Neeraj - Sunisha Arora Foundation
- Lalita Mehta
- Ravindra Raj Mehta
- Mukesh Bansal
- R Jhunjhunwala Foundation
- Edelgive Foundation
- HDFC Ltd.
- Avenue Supermarts Ltd.
- Enam Securities Pvt. Ltd.
- JM Financial Foundation
- Novartis Healthcare Pvt. Ltd.
- Inventurus Knowledge Solutions Pvt. Ltd.
- Reliance Nippon Life Asset Management Ltd.
- HDFC Securities Ltd.
- Genpact India Pvt. Ltd.
- HDFC Asset Management Co Ltd.
- Shanghvi Finance Pvt. Ltd.

Rs. 25 Lakhs & Above

- Godrej Consumer Products Ltd.
- Kotak Mahindra Bank Ltd.
- Padmanabh Mafatlal Group
- Macquarie Capital Securities (India) Pvt. Ltd.
- Nocil Ltd.
- Aditya Vikram Birla Memorial Trust
- A.T.E. Philanthropic Foundation
- DMI Finance Pvt. Ltd.
- Hexaware Technologies Ltd.
- Ms Cyberabad Convention Centre Pvt. Ltd.
- TVS Motor Company Ltd.

Rs. 15 Lakhs & Above

- The ARK Foundation
- Citrix Systems India Pvt. Ltd.
- Pankaj Chaddah
- SBI Mutual Funds Pvt. Ltd.
- Bhaskar Sunkara
- Ruchi Sanghvi & Aditya Agarwal Charitable Fund

- Accel Partners India LLP
- Amar Tea Pvt. Ltd.
- Gaja Corporate Advisors Pvt. Ltd.
- Vassudeva Dempo Family Private Trust
- Chander Swamy

Rs. 5 Lakhs & Above

- Parle Products Pvt. Ltd.
- Hemendra Kothari Foundation
- Sharda Cropchem Ltd.
- Brain Point Investment Center Pvt. Ltd.
- Chitra Talwar
- Pramadwathi Jandhyala
- CAMS Investor Services Pvt. Ltd.
- Great Eastern CSR Foundation
- NA Sportz Interactive Pvt. Ltd.
- Evolis Card Printer India Pvt. Ltd.
- Kiran Vyapar Ltd.
- Red Bull India Pvt. Ltd.
- Rungta Mines Ltd.
- Sarojini Damodaran Foundation

- Valuequest Investment Advisors Pvt. Ltd.
- SRS Family Foundation
- Shardaben Chimantibhai Charity Trust
- Acsys Investments Pvt. Ltd.
- Navneet Foundation
- AAK Kamani Pvt. Ltd.
- Anil and Jyoti Godhwani Charitable Gift Fund
- Jaimin Bhatt
- Raju and Neeraja Reddy Family Charitable Fund
- Conssul Real Estate Bengaluru Pvt. Ltd.
- Sequoia Capital India Advisors Pvt. Ltd.
- Ashwani Kumar Bhatia
- DSP Blackrock Investment Managers Pvt. Ltd.
- GeeCee Ventures Ltd.
- Helion Advisors Pvt. Ltd.
- Julius Baer Capital India Pvt. Ltd.
- Kunjal Investments Pvt. Ltd.
- Mohit Bhatnagar
- Narender K Parekh Foundation
- Neelima Deepak Premnarayan
- Soujanya Color Pvt. Ltd.
- Voltamp Transformers Ltd.
- Iota Mtech Ltd

Rs. 50,000 & Above

- Anand Khatau
- Avnish Mehra
- Uday Nath
- Jagadeesh Family Foundation
- Vinati Kastia Kilambi
- Aroni Charitable Trust
- Ashish Gumashta
- Brintons Carpets Asia Pvt. Ltd.
- Joseph Conrad D Souza
- Trident Automobiles Pvt. Ltd.
- Dinesh Chandra Agarwal
- East India Holdings Pvt. Ltd.
- Gaurav Agarwal
- IDG Ventures India Advisors Pvt. Ltd.
- Manas Saikia Foundation
- Meena Ganesh
- Mohandas Warrior
- Mufaddal Cementwala
- Sandeep Bhatia
- Srivatsan Rajan
- Suresh Goyal
- Western Consolidated Pvt. Ltd.

- Bhalchandra N Bhagwat
- Pearl Enterprises
- Eric Savage
- Hamid Moochhala
- H T Kanabar Higher Education Trust
- Ketan V Shrimankar
- Sanjeev Aggarwal
- Sidhant Khanna
- Unmesh Sharma
- Vineet Dhingra
- Sachin Dandekar
- Seedlogix Resources India Pvt. Ltd.
- Anuj Magazine
- Prakash C Bhalerao
- Anantha Kacherla
- Manik Gupta
- B C Mohanty And Sons Pvt. Ltd.
- Daulat Ram Durga Devi Jain Charitable Trust
- Inderjeet Singh Bhatia
- Kirit J Maganlal
- Onkareshwar Trust
- Rizwana Buch
- Vyakarnam Charitable Trust

THANK YOU TO ALL

OUR SUPPORTERS

ASIAN GAMES 2018

JAKARTA-PALEMBANG, 2018

PERFORMANCE SUMMARY OF ATHLETES SUPPORTED BY OGQ:

- A total of 11 medals were won by athletes supported by OGQ at the Asian Games 2018.
The medal breakup:
Gold - 5
Silver - 2
Bronze - 4
- In OGQ priority sports:
India won a total of 15 medals out of which 11 medalists were supported by OGQ.
India won a total of 5 Gold medals, all 5 medalists supported by OGQ.
- 6 junior athletes supported by OGQ were part of the Indian contingent, two of them won medals:
Saurabh Chaudhary - Gold, Shooting (10m Air Pistol)
Divya Kakran - Bronze, Wrestling (68 Kgs)



HISTORICAL WINS AT ASIAN GAMES 2018



1st Indian Woman to win a Gold Medal in Wrestling at Asian Games.

1st Indian Woman to win a Gold Medal in Shooting at Asian Games.

1st Indian to Win a Silver Medal in Badminton at Asian Games.

Bronze in Badminton - Women's Singles

India won Asian Games medals for the first time in Badminton Women's Singles.

FELICITATION CEREMONY FOR ASIAN GAMES 2018 MEDALISTS SUPPORTED BY OGQ

(Mumbai - 28th September, 2018)



(L-R): Madhu Damani, Suresh Goyal, **Vinesh Phogat (Wrestling)**, Chitra Talwar, Vidushpat Singhania



(L-R): SaraI Bhanshali, Shekhar Bajaj, **P.V. Sindhu (Badminton)**, Pooja Bajaj



(L-R): Dhaval Sanghavi, **Divya Kakran (Wrestling)**, Pramadwathi Jandhyala



(L-R): Conrad Dsouza, **Apurvi Chandela (Shooting)**, Kashyap Vohra



(L-R): Bina Singh, **Deepak Kumar (Shooting)**, Ranjit Shah



(L-R): Sunaina Kejriwal, **Amit Panghal (Boxing)**, S.K. Patnaik, Col. Rakesh Yadav



(L-R): Bijal Meswani, **Rahi Sarnobat (Shooting)**, Sachin Gupta



(L-R): Hemendra Kothari, **Heena Sidhu (Shooting)**, Ashwani Kumar Bhatia



(L-R): Anand Khatau, **Ravi Kumar (Shooting)**, Jaimin Bhatt



(L-R): Amit Chandra, **Mirabai Chanu (Weightlifting)**, Leena Koticha



(L-R): Amberin Memon, **Diya Chitale (Table Tennis)**, Mufaddal Cementwala

SPECIAL RECOGNITION

Mirabai Chanu for becoming World Champion 2017 and for being bestowed with Rajiv Gandhi Khel Ratna Award in 2018.

Diya Chitale, supported under the OGQ Junior Scholarship Program, is one of the most promising young table tennis players in India.

OGQ COACHES EXCELLENCE PROGRAM

VISION:

To empower high performance coaches by enabling continuous learning and building a support system.

MISSION:

Accelerate development of Indian coaches who can train athletes to become Olympic champions.

KNOWLEDGE & EXECUTION PARTNERS



Badminton Legend Prakash Padukone giving a motivation talk to CEP Badminton Coaches.



Coach Anne Grethe Jeppesen (Ex-national Rifle Coach, Denmark) taking a session for CEP Rifle Coaches.

About OGQ Coaches Excellence Program:

OGQ launched Coaches Excellence Program (CEP) in September 2017, with an aim to create world class coaches for India in 2 sports: **Badminton** and **Shooting**.

This is a one-year part time program which involves intensive classroom and on-court/on-range learning. The program is offered free of cost to all selected coaches.

A total of 19 coaches graduated from the first batch of CEP (Class of 2018) in September 2018. For the Class of 2020, a total of 23 coaches have been selected. The session began in April 2019.

Our participating coaches gained immense knowledge in the following three focus areas:

- Technical & Tactical Training
- Sports Science
- Leadership & Communication

05

RESIDENTIAL
WORKSHOPS

20+

EXPERT
TRAINERS

450+

HOURS OF
LEARNING



CEP Shooting Coaches with Olympic Bronze Medalist Gagan Narang at the Farewell Dinner, Chennai



CEP Badminton Coaches with Olympian Vimal Kumar at the Farewell Dinner, Bengaluru



Badminton Legend Prakash Padukone taking an on-court session for CEP Badminton Coaches.



Snapshots of classroom and on-court/on-range sessions at OGQ CEP 2017-18

OUR EXPERTS & TRAINERS:

Some of the best experts and trainers from across the globe were invited to be part of OGQ Coaches Excellence Program, Class of 2018.

Prakash Padukone
Badminton Legend

Viswanathan Anand
Chess Legend

Gagan Narang
Olympic Medalist, Shooting

Yap Kim Hock
Olympic Medalist, Badminton (Malaysia)

Ian Wright
Development Director, BWF

Vimal Kumar
Former Chief National Coach, Badminton

Anton Belak
Rifle Coach from Slovakia

Ronak Pandit
Pistol Coach & CWG Gold Medalist

Nikhil Latey
Sports Scientist, SportsMedActiv

Deckline Leitao
Strength & Conditioning Specialist

Gagan Adlakha
Soft Skills Expert-Senior Partner, Vyaktitva

Sudha Sastri
Soft Skills Expert

ATHLETES SUPPORTED BY OGQ

2018-19

OGQ supported a total of 180 athletes in the F.Y. 2018-19.
The count of athletes across sports is given here:

ARCHERY	26
BOXING	31
BADMINTON	31
SHOOTING	63
WRESTLING	22
WEIGHTLIFTING	1
SWIMMING	1
ATHLETICS	3
TABLE TENNIS	2



BADMINTON

SENIORS - 12 | JUNIORS - 19

SENIOR ATHLETES:

1. Ashmita Chaliha
2. Ashwini Ponnappa
3. Chirag Sen*
4. Daniel Farid*
5. Mithun Manjunath
6. P.V. Sindhu
7. Pranaav Jerry Chopra
8. Rahul Yadav
9. Saina Nehwal
10. Siddharth Singh
11. Sikki Reddy
12. Siril Verma

JUNIOR ATHLETES:

1. Aakarshi Kashyap
2. Ankit Mondal
3. Ansh Negi
4. Bodhit Joshi*
5. Dhruv Negi
6. Kartikey Gulshan*
7. Kiran George
8. Lakshya Sen
9. Manish Phogat
10. Meghana Reddy
11. Meiraba Luwang
12. Prajwal Sonawane
13. Pranav Rao Gandham
14. Priyanshu Rajawat
15. Pullela Sai Vishnu
16. Rahul Bharadwaj
17. Sai Satya Sarvesh
18. Sampriiti Pal
19. Tasnim Mir

*Discontinued support after annual performance review

SENIORS - 12 | JUNIORS - 19



OGQ SUPPORT:

(All Amounts are mentioned in INR)

- Physiotherapy
- Domestic and International Tournaments
- Medical Supplements

HIGHLIGHTS:

GOLD

Commonwealth Games, Gold Coast, 2018

BRONZE

Asian Games, Jakarta, 2018

OGQ SUPPORT:

- International Tournaments
- Physiotherapy
- Physical Training
- Coaching
- Domestic Tournaments
- Medical Supplements & Tapes

HIGHLIGHTS:

SILVER

Asian Games, Jakarta, 2018

SILVER

World Championship, Nanjing, 2018





**ASHWINI
PONNAPPA**
(Women's Doubles, Mixed Doubles)

OGQ SUPPORT:

- Sports Science Support
- Foreign Coaching
- Assistant Coaches
- Medical Supplements
- Domestic Tournaments

HIGHLIGHTS:

BRONZE (WD)
Commonwealth Games, Gold Coast, 2018

RUNNER-UP (XD)
Hyderabad Open, 2018

OGQ SUPPORT:

- Physiotherapy
- Assistant Coaches
- Medical Supplements
- Domestic Tournaments
- Sports Apparel & Kit

HIGHLIGHTS:

BRONZE (WD)
Commonwealth Games, Gold Coast 2018

RUNNER UP (WD)
Syed Modi International, Lucknow 2018



**SIKKI
REDDY**
(Women's Doubles, Mixed Doubles)



OGQ SUPPORT:

- Physiotherapy
- Medical Supplements
- Assistant Coaches
- Domestic Tournaments
- International Tournaments
- Sports Apparel & Kit

HIGHLIGHTS:

RUNNER-UP (XD)
Hyderabad Open, 2018

SEMI-FINALIST (XD)
India Open, New Delhi 2018

OGQ SUPPORT:

- International Tournaments
- Sports Science Support
- Domestic Tournaments
- Foreign Coaching
- Medical Supplements

HIGHLIGHTS:

QUARTER FINALIST
All India Senior Ranking, Bangalore 2018

QUARTER FINALIST
All India Senior Ranking, Hyderabad 2018





**RAHUL
YADAV**
(Men's Singles)

OGQ SUPPORT:

- International Tournaments
- Annual Stipend
- Domestic Tournaments
- Medical Supplements

HIGHLIGHTS:

WINNER

All India Senior Ranking, Pune, 2018

SEMI FINALIST

All India Senior Ranking, Hyderabad, 2018

OGQ SUPPORT:

- International Tournaments
- Domestic Tournaments
- Sports Science Support
- Foreign Coaching
- Medical Supplements

HIGHLIGHTS:

SEMI FINALIST

Vietnam Open, Ho Chi Minh City, 2018

SEMI FINALIST

Russian Open, Vladivostock, 2018



**MITHUN
MANJUNATH**
(Men's Singles)



**SIRIL
VERMA**
(Men's Singles)

OGQ SUPPORT:

- International Tournaments
- Annual Stipend
- Domestic Tournament
- Medical Supplements

HIGHLIGHTS:

WINNER

All India Senior Ranking, Hyderabad, 2018

SEMI FINALIST

Lagos International, Nigeria, 2018

OGQ SUPPORT:

- Badminton Equipment
- Domestic Tournaments
- Medical Supplements

HIGHLIGHTS:

WINNER

Tata Open International Challenge, Mumbai 2018

WINNER

Dubai International Challenge, 2018



**ASHMITA
CHALIHA**
(Women's Singles)

BOXING



SENIOR ATHLETES:

1. Amit Panghal
2. Etash Khan
3. Gaurav Solanki
4. Lovlina Borgohain
5. Manish Kaushik
6. Mary Kom
7. Sarjubala Devi*
8. Shashi Chopra
9. Shiva Thapa*
10. Sonia Chahal
11. Sonia Lather*
12. Sumit Sangwan*

JUNIOR ATHLETES:

1. Akash Sangwan
2. Ambeshori Devi
3. Ankit Kumar
4. Barun Singh
5. Bhavesh Kattimani
6. Bolotsion Singh
7. Edipak Singh
8. Heikrujam Nilakanta
9. Jadumani Mayengbam
10. Kunjarani Devi
11. Md. Nazimuddin
12. Nengboichong Hansing
13. Ngathingpam
14. Nitu
15. Pareichetpi
16. Porlembi Chongtham
17. Rohit Singh
18. Thotyola Tangkhul
19. Victor Singh

*Discontinued Support after annual performance review

SENIORS - 12 | JUNIORS - 19



**M.C. MARY
KOM**
(48 Kgs)

OGQ SUPPORT:

- Physiotherapy
- Personal Coaching
- Hypervolt Machine for Recovery

HIGHLIGHTS:

GOLD
World Championship, New Delhi, 2018

GOLD
Commonwealth Games, Gold Coast, 2018

OGQ SUPPORT:

- Sports Apparel & Kit
- Domestic Tournaments
- Annual Stipend
- Sports Science Support
- Coaching
- Medical Supplements
- Travel for OGQ Boxing Mentor

HIGHLIGHTS:

GOLD
Asian Games, Jakarta, 2018

GOLD
Strandja Cup, Bulgaria, 2019



**AMIT
PANGHAL**
(49 Kgs)



**MANISH
KAUSHIK**
(60 Kgs)

OGQ SUPPORT:

- Annual Stipend
- Medical Supplements
- Domestic Tournaments
- Sports Apparel & Kit
- Physiotherapy
- Travel for OGQ Boxing Mentor

HIGHLIGHTS:

SILVER

Commonwealth Games, Gold Coast, 2018

BRONZE

Kadyrov Memorial, Russia, 2018

OGQ SUPPORT:

- Domestic Tournaments
- Sports Apparel & Kit
- Annual Stipend
- Coaching
- Physiotherapy
- Sports Psychology
- Travel for OGQ Boxing Mentor

HIGHLIGHTS:

GOLD

Commonwealth Games, Gold Coast, 2018

GOLD

Chemistry Cup, Germany, 2018



**GAURAV
SOLANKI**
(52 Kgs)



**SHASHI
CHOPRA**
(57 Kgs)

OGQ SUPPORT:

- Annual Stipend
- Domestic Tournaments
- Sports Apparel & Kit
- Physiotherapy
- Medical Supplements

HIGHLIGHTS:

BRONZE
Umakhanov Cup, Russia, 2018

SILVER
Senior Nationals, 2018

OGQ SUPPORT:

- Domestic Tournaments
- Annual Stipend
- Physiotherapy
- Sports Apparel & Kit

HIGHLIGHTS:

BRONZE
World Championship, New Delhi, 2018

SILVER
Ulaanbaatar Cup, Mongolia, 2018



**LOVLINA
BORGHAIN**
(69 Kgs)



**SONIA
CHAHAL**
(57 Kgs)

OGQ SUPPORT:

- Domestic Travel
- Medical Supplements

HIGHLIGHTS:

SILVER

World Championship, New Delhi, 2018

BRONZE

Asian Championship, Bangkok, 2019

OGQ SUPPORT:

- Domestic Tournaments
- Sports Apparel & Kit
- Coaching
- Physiotherapy
- Travel for OGQ Boxing Mentor

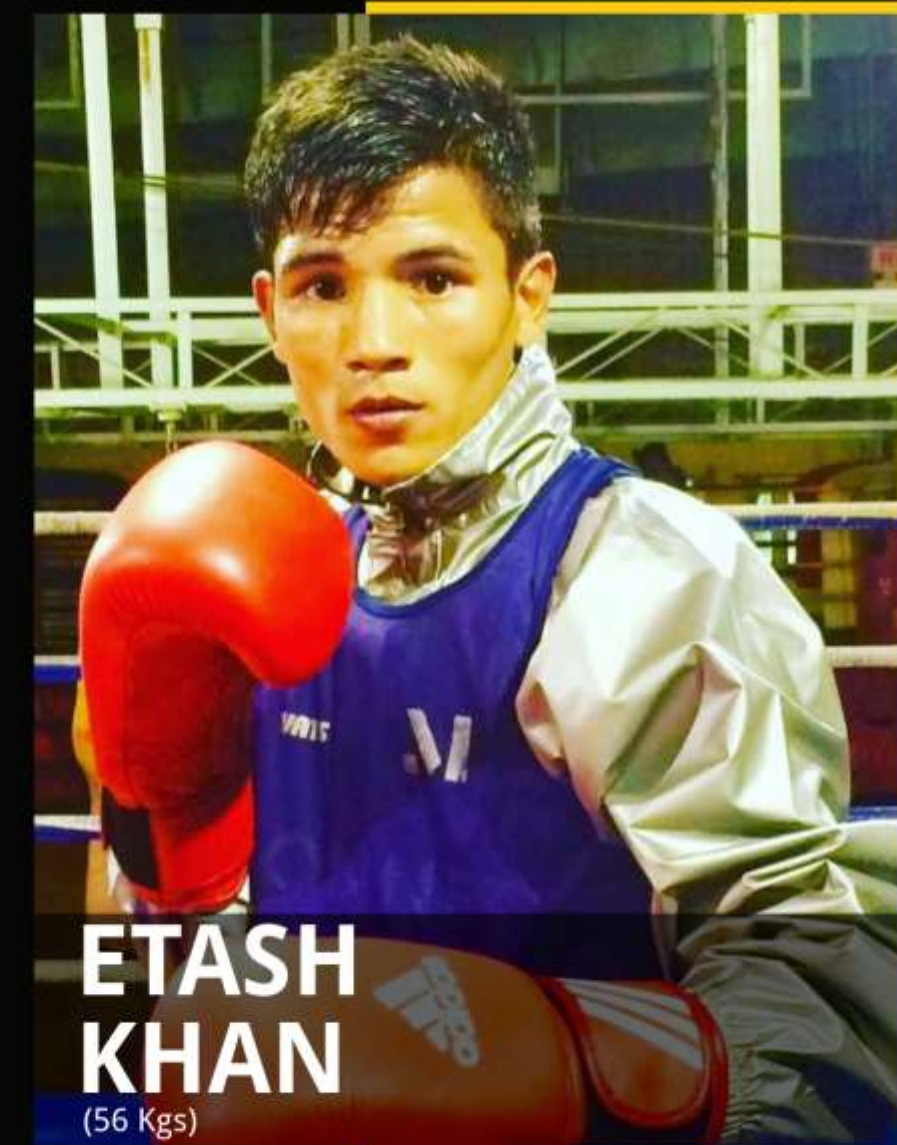
HIGHLIGHTS:

SILVER

Ulaanbaatar Cup, Mongolia, 2018

BRONZE

Kadyrov Memorial, Russia, 2018



**ETASH
KHAN**
(56 Kgs)



SHOOTING

[RIFLE]

SENIORS:

1. Akhil Sheoran
2. Apurvi Chandela
3. Ayonika Paul*
4. Chain Singh
5. Deepak Kumar
6. Elizabeth Koshy*
7. Gaayathri N.
8. Gagan Narang
9. Meghana Sajjanar
10. Pooja Ghatkar*
11. Ravi Kumar
12. Vinita Bhardwaj

JUNIORS:

1. Abhinav Shaw
2. Arjun Babuta
3. Divyansh Panwar
4. Hriday Hazarika
5. Mehuli Ghosh

Project Leap Juniors
(12)

**Discontinued Support after annual performance review*

SENIORS - 12 | JUNIORS - 17



**APURVI
CHANDELA**

(10m Air Rifle, 10m Air Rifle Mixed Team)

OGQ SUPPORT:

- Coaching
- Sports Science Support
- International Tournaments
- Domestic Tournaments
- Shooting Jacket and Trouser
- Shooting Accessories

HIGHLIGHTS:

GOLD

ISSF World Cup, New Delhi, 2019

BRONZE (Mixed Team)
Asian Games, Jakarta 2018

OGQ SUPPORT:

- Foreign Coaching
- Ammunition & Accessories
- Sports Science Support
- Domestic Tournaments
- Training in Czech Republic
- Medical Supplements

HIGHLIGHT:

GOLD

International Shooting Competitions of Hannover,
2018



**GAGAN
NARANG**

(10m Air Rifle, 10m Air Rifle Mixed Team, 50m 3 Positions)



OGQ SUPPORT:

- Sports Science Support
- Air Rifle
- Shooting Accessories
- Domestic Tournaments
- International Tournament
- Shooting Jacket and Trouser

HIGHLIGHTS:

BRONZE

Commonwealth Games, Gold Coast 2018

BRONZE (Mixed Team)

Asian Games, Jakarta 2018

OGQ SUPPORT:

- Sports Science Support
- Shooting Accessories
- Domestic Tournaments
- Air Rifle
- Scatt
- Shooting Jacket and Trouser
- International Tournament Expense

HIGHLIGHTS:

BRONZE

Asian Games, Jakarta, 2018

SILVER

Intershoot 2, Netherlands, 2019





**GAAYATHRI
N.**
(50m 3 Positions)

OGQ SUPPORT:

- Sports Science Support
- Domestic Tournament
- Barrel Testing in Switzerland
- Shooting Jacket and Trouser
- Shooting Accessories
- Coaching

HIGHLIGHTS:

GOLD
KSS Memorial, New Delhi, 2018

GOLD
Senior Trials 3, New Delhi, 2018

OGQ SUPPORT:

- Domestic Tournaments
- Sports Science Support
- Foreign Coaching
- International Tournaments
- Shooting Jacket and Trouser
- Medical Supplements

HIGHLIGHTS:

GOLD
KSS Memorial, New Delhi, 2018

GOLD
Senior Trials 3, New Delhi, 2019



**CHAIN
SINGH**
(50m 3 Positions)



**MEGHANA
SAJJANAR**

(10m Air Rifle, 10m Air Rifle Mixed Team)

OGQ SUPPORT:

- Coaching
- International Tournaments
- Domestic Tournaments
- Shooting Accessories
- Sports Science Support

HIGHLIGHT:

SILVER

KSS Memorial, New Delhi, 2018

OGQ SUPPORT:

- Foreign & Domestic Coaching
- International Tournaments
- Domestic Tournaments
- Sports Science Support
- Shooting Accessories
- Medical Supplements

HIGHLIGHTS:

GOLD

H&N Cup, Munich, 2019

BRONZE

Meyton Cup, Austria, 2019



**VINITA
BHARDWAJ**

(10m Air Rifle, 10m Air Rifle Mixed Team)



OGQ SUPPORT:

- Ammunition & Shooting Accessories
- Physiotherapy
- Personal Electronic Target
- Domestic Tournaments
- Air Rifle
- Annual Stipend
- Coaching
- Medical Supplements

HIGHLIGHTS:

GOLD
Senior Trials 4, New Delhi, 2018

BRONZE
Senior Trials 2, New Delhi, 2019



SOCIAL MEDIA WALL



OGQ physio Sumya Halder working with boxer Mary Kom at IG Stadium, New Delhi



OGQ Nutritionist Uma Kale in a session with Siril Verma at PGBA, Hyderabad



Sports Scientist Heath Mathews working with Mirabai Chanu on her injury rehabilitation in Mumbai



Strength & Conditioning trainer Mobya Duyu taking a session for the boxers supported by OGQ at Padukone-David Centre for Sports Excellence, Bangalore



(L-R): OGQ physio Rucha Kashalkar, wrestler Vinesh Phogat and foreign coach Woller Akos at Dan Kolov Ranking Series, Bulgaria.



OGQ physio Aalap Jawadekar treating shooter Heena Sidhu in Pune.

OGQ SPORTS SCIENCE SUPPORT



SHOOTING

[PISTOL]

SENIORS:

1. Abhishek Verma	Rs. 6,35,454
2. Gurpreet Singh	Rs. 10,53,561
3. Heena Sidhu	Rs. 26,78,545
4. Jitu Rai	Rs. 18,52,666
5. Neeraj Kumar	Rs. 7,64,072
6. Omprakash Mitharval	Rs. 10,25,726
7. PN Prakash*	Rs. 15,14,395
8. Rahi Sarnobat	Rs. 37,53,985
9. Shahzar Rizvi	Rs. 18,05,023
10. Shri Nivetha	Rs. 17,94,112
11. Vijay Kumar	Rs. 15,25,364

JUNIORS:

1. Anish	Rs. 17,35,877
2. Anmol Jain	Rs. 11,02,028
3. Harshawardhan Yadav	Rs. 2,00,000
4. Malaika Goel*	Rs. 11,15,293
5. Manu Bhaker	Rs. 16,70,331
6. Muskan	Rs. 9,17,253
7. Saurabh Chaudhary	Rs. 18,54,450

Project Leap Juniors (12)	Rs. 39,76,503
------------------------------	---------------

*Discontinued Support after annual performance review

SENIORS - 11 | JUNIORS - 19



**ABHISHEK
VERMA**

(10m Air Pistol, 10m Air Pistol Mixed Team)

OGQ SUPPORT:

- 2 Air Pistols & Selected Pellets
- Travel for Personal Coach
- Sports Science Support
- Domestic Tournaments

HIGHLIGHTS:

BRONZE

Asian Games, Jakarta, 2018

SILVER

Asian Air Gun, Chinese Taipei, 2019

OGQ SUPPORT:

- Sports Science Support
- Domestic Tournaments
- Foreign Coaching
- Sports Pistol
- Ammunition & Accessories
- Medical Supplements

HIGHLIGHTS:

GOLD

Asian Games, Jakarta, 2018

GOLD

National Championship, Trivandrum, 2018



**RAHI
SARNOBAT**

(25m Sports Pistol)



OGQ SUPPORT:

- Sports Science Support
- Domestic Tournaments
- International Tournaments
- Shooting Accessories
- Air Pistol
- Medical Supplements

HIGHLIGHTS:

GOLD
Commonwealth Games, Gold Coast, 2018

GOLD
Intershoot Match 1, Netherlands, 2019

OGQ SUPPORT:

- Personal Coaching
- Domestic Tournaments
- Sports Science Support
- International Tournaments
- Sports Apparel & Kit

HIGHLIGHTS:

GOLD
Commonwealth Games, Gold Coast 2018

BRONZE
Asian Games, Jakarta, 2018





**SHAHZAR
RIZVI**

(10m Air Pistol, 10m Air Pistol Mixed Team)

OGQ SUPPORT:

- Sports Equipment
- Domestic Tournaments
- International Tournaments
- Sports Science Support
- Coaching

HIGHLIGHTS:

SILVER

ISSF World Cup, Changwon, 2018

GOLD

Senior Nationals 3, New Delhi, 2019

OGQ SUPPORT:

- Sports Science Support
- International Tournaments
- Domestic Tournaments
- Medical Supplements

HIGHLIGHTS:

BRONZE

Commonwealth Games, Gold Coast, 2018

SILVER

KSS Memorial, New Delhi 2018



**OM PRAKASH
MITHARVAL**

(10m Air Pistol, 10m Air Pistol Mixed Team)



**GURPREET
SINGH**
(25m Rapid Fire Pistol)

OGQ SUPPORT:

- Domestic Tournaments
- Sports Science Support
- Medical Supplements
- Shooting Accessories

HIGHLIGHTS:

GOLD
Senior Trial 5, New Delhi, 2018

GOLD
Senior Trials 4, New Delhi, 2019

OGQ SUPPORT:

- Sports Science Support
- Ammunition & Accessories
- International Tournaments
- Domestic Tournaments
- Medical Supplements

HIGHLIGHTS:

BRONZE
National Championship, Trivandrum 2018

BRONZE
KSS Memorial, New Delhi, 2018



**VIJAY
KUMAR**
(25m Rapid Fire Pistol)



**SHRI
NIVETHA**

(10m Air Pistol, 10m Air Pistol Mixed Team)

OGQ SUPPORT:

- Foreign Coaching
- Domestic Tournaments
- Sports Science Support
- International Tournaments
- Shooting Accessories

HIGHLIGHTS:

GOLD

Grand Prix, Plzen 2018

GOLD

ISCH, Hannover, 2018

OGQ SUPPORT:

- Sports Science Support
- Domestic Tournaments
- Medical Supplements

INJURY & REHAB:

Neeraj suffered a serious thumb injury and he was undergoing rehabilitation for most part of the year.



**NEERAJ
KUMAR**

(25m Rapid Fire Pistol)



SHOOTING

[SHOTGUN]

SENIORS:

1. Angad Bajwa
2. Kynan Chenai

JUNIORS:

1. Manavaditya Rathore
2. Shapath Bhardwaj

SENIORS - 2 | JUNIORS - 2



**KYNAN
CHENAI**
(Trap)

OGQ SUPPORT:

- Foreign Coaching in Italy & USA
- Ammunition & Accessories
- Sports Science Support
- Domestic Tournaments
- International Training

HIGHLIGHTS:

GOLD
National Championship Shotgun, Jaipur 2018

OGQ SUPPORT:

- International Training under Foreign Coach
- Physiotherapy
- Shooting Accessories

HIGHLIGHTS:

WORLD RECORD & GOLD
Asian Championship, Kuwait City 2018

GOLD
Shotgun National Championship, Jaipur 2018



**ANGAD
BAJWA**
(Skeet)



WRESTLING

SENIOR ATHLETES:

1. Bajrang Punia
2. Harful
3. Pooja Gahlot
4. Ravi Kumar
5. Sandeep Tomar
6. Sharvan
7. Sumit
8. Vinesh Phogat

JUNIOR ATHLETES:

1. Aman
2. Anil Kumar*
3. Ankush
4. Anshu
5. Arun Singh*
6. Deepak Punia
7. Divya Kakran
8. Karan*
9. Manisha
10. Mansi
11. Meenakshi
12. Naveen
13. Ravinder
14. Sonam Malik

*Discontinued Support after annual performance review

SENIORS - 8 | JUNIORS - 14



**VINESH
PHOGAT**
(50 Kgs)

OGQ SUPPORT:

- Sports Science Support*
- Foreign Coaching
- Domestic & International Tournaments
- Medical Supplements
- Sports Apparel & Kit
- Sports Psychology

*includes personal physiotherapist, nutritionist and physical trainers.

HIGHLIGHTS:

GOLD
Asian Games, Jakarta, 2018

Gold
Commonwealth Games, Gold Coast 2018

OGQ SUPPORT:

- Foreign Coaching
- Physiotherapy
- Medical Supplements
- Training in Georgia
- Sports Apparel & Kit

HIGHLIGHTS:

SILVER
U23 World Championship, Romania

SILVER
Senior Nationals, Gonda 2018



**RAVI
KUMAR**
(57 Kgs)



OGQ SUPPORT:

- Foreign Coaching
- Medical Supplements
- Sports Science Support
- Annual Stipend
- Domestic Tournaments
- Sports Apparel & Kit

HIGHLIGHTS:

GOLD
Commonwealth Games, Gold Coast 2018

GOLD
Senior Nationals, Gonda, 2018

OGQ SUPPORT:

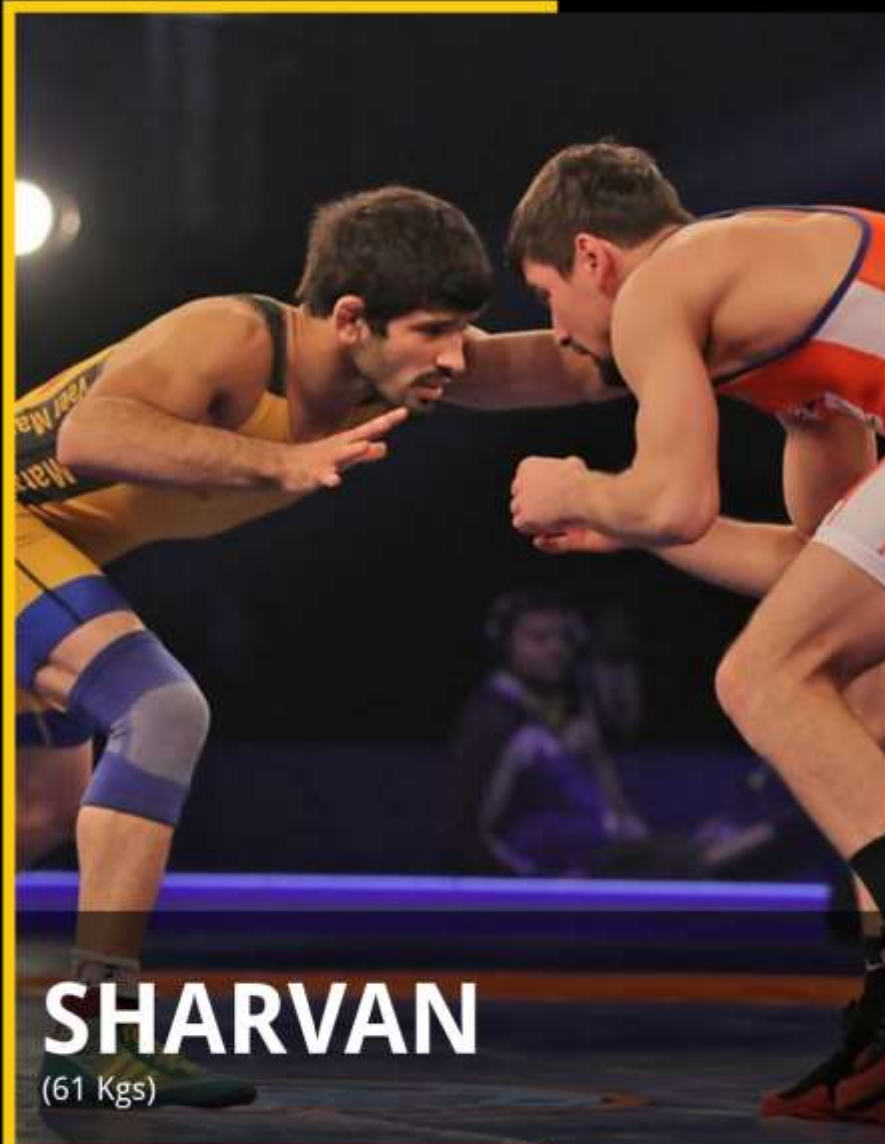
- Physiotherapy
- Medical Supplements

OGQ started supporting Sandeep since December 2018.

HIGHLIGHTS:

SILVER - 61 Kgs
Dan Kolov Tournament, Bulgaria, 2019





SHARVAN

(61 Kgs)

OGQ SUPPORT:

- Coaching
- Physiotherapy
- Knee Surgery
- Medical Supplements
- Domestic Tournaments
- Sports Apparel & Kit
- Gym Fees

INJURY & REHAB:

Sharvan suffered a serious injury and he was undergoing rehabilitation for most part of the year.

OGQ SUPPORT:

- Physiotherapy
- Annual Stipend
- Medical Supplements
- Domestic Tournaments
- Sports Apparel & Kit
- Sports Psychology

INJURY & REHAB:

Pooja suffered a serious injury and she was undergoing rehabilitation for most part of the year.



**POOJA
GEHLOT**

(57 Kgs)



HARFUL

(65 Kgs)

OGQ SUPPORT:

- Physiotherapy
- Foreign Coaching
- Medical Supplements
- International Tournaments

HIGHLIGHTS:

BRONZE

Stepan Sargsyan Tournament, Armenia 2018

GOLD

Senior Nationals, Gonda 2018



SOCIAL MEDIA WALL



ARCHERY

[RECURVE]

SENIOR ATHLETES:

1. Atanu Das
2. Atul Verma
3. Binod Swansi*
4. Bombayla Devi
5. Deepika Kumari
6. Indrachand Swami
7. Ishita
8. Jemson Singh
9. Laxmirani Majhi*
10. Madhu Vedwan
11. Mamataj Khatun*
12. Monika Soren*
13. Pravin Jadhav
14. Promila Daimary
15. Sanjay Boro*
16. Sukchain Singh
17. Sukhpreet Kaur

JUNIOR ATHLETES:

1. Akash Malik
2. Ankita Bhakat
3. Dhiraj B
4. Gaurav Lambe
5. Prachi Singh
6. Ranjit Naik*
7. Sachin Gupta
8. Simranjeet Kaur*
9. Sukhmani Babrekar

*Discontinued Support after annual performance review

SENIORS - 17 | JUNIORS - 9



**DEEPIKA
KUMARI**
(Recurve Individual & Team)

OGQ SUPPORT:

- Domestic Tournaments
- Sports Science Support
- Personal Training Camp (Pune)
- Archery Equipment
- Sports Psychology

HIGHLIGHTS:

GOLD (Individual)
World Cup Salt Lake City, 2018

SILVER (Women's Team)
Senior Nationals, Cuttack 2019

OGQ SUPPORT:

- Sports Equipment
- Sports Science Support
- Domestic Tournaments
- Personal Training Camp (Pune)
- Sports Psychology

HIGHLIGHTS:

BRONZE (Individual)
Senior Nationals, Cuttack 2019

QUARTER FINALIST
Asian Games, Jakarta 2018



**ATANU
DAS**
(Recurve Individual & Team)



BOMBAYLA DEVI

(Recurve Individual & Team)

OGQ SUPPORT:

- Domestic Tournaments
- Physiotherapy
- Sports Equipment

HIGHLIGHTS:

GOLD (Individual)

Ranking Round,
National Championship, Cuttack 2019.



SUKHCHAIN SINGH

(Recurve Individual & Team)

OGQ SUPPORT:

- Sports Equipment
- Domestic Tournaments
- Physiotherapy

HIGHLIGHTS:

SILVER (Men's Team)

Senior Nationals, Cuttack 2019



**PROMILA
DAIMARY**
(Recurve Individual & Team)

OGQ SUPPORT:

- Archery Equipment
- Domestic Tournaments
- Physiotherapy
- Coaching

HIGHLIGHTS:

BRONZE (Women's Team)
Senior Nationals, Cuttack 2019

QUARTERS (Women's Team)
Asian Games, Jakarta 2018

OGQ SUPPORT:

- Archery Equipment
- Domestic Tournaments
- Physiotherapy
- Coaching

HIGHLIGHTS:

PARTICIPATION:
Senior Nationals, Cuttack 2019



**JEMSON
SINGH**
(Recurve Individual & Team)



**ATUL
VERMA**
(Recurve Individual & Team)

OGQ SUPPORT:

- Archery Equipment
- Domestic Tournaments
- Physiotherapy

HIGHLIGHTS:

PARTICIPATION:
Senior Nationals, Cuttack 2019

ARCHERY TRAINING UNDER COACH KIM HAG YONG

6 archers supported by OGQ train full-time under Korean Coach Kim Hag Yong at Army Sports Institute, Pune. The spends for respective archers are given below:

Akash Malik
Dhiraj B.
Pravin Jadhav
Indrachand Swami
Madhu Vedwan
Sukhpreet Kaur
Ishita

Two major achievements from the camp include:
Silver, Youth Olympics 2018 - Akash Malik
Gold, Senior Nationals 2019 - Pravin Jadhav



OGQ sent 7 archers along with Coach Kim Hag Yong to South Korea for a 30-day training stint.

WEIGHTLIFTING

SENIOR - 1

OGQ SUPPORT:

- Sports Science Support
- Rehabilitation for Back Injury
- Annual Stipend
- Domestic Tournaments
- Coach's Travel for Tournaments

HIGHLIGHTS:

GOLD

Commonwealth Games, Gold Coast 2018

GOLD

EGAT Cup, Thailand, 2019



**MIRABAI
CHANU**

(49 Kgs)

YOUTH OLYMPIC GAMES

BUENOS AIRES, 2018

India won it's best ever medal haul of 13 medals at the 2018 Youth Olympic Games held at Buenos Aires, Argentina from 6th - 18th October 2018.

PERFORMANCE SUMMARY OF OGQ SUPPORTED ATHLETES:

- 6 Athletes from OGQ Junior Scholarship Program participated.
- **5 of them won medals for India (2 Gold, 3 Silver).**
- In OGQ priority sports India won 7 medals; 5 medals were won by athletes supported by OGQ.
- This is the first time India has won Gold medals at the Youth Olympics. India won a total of 3 Gold medals out of which 2 Gold medal winners are supported by OGQ.





Akash Malik
Silver Medalist

ARCHERY - Men's Recurve

Saurabh Chaudhary
Gold Medalist

SHOOTING - 10m Air Pistol (Men)

Manu Bhaker
Gold Medalist

SHOOTING - 10m Air Pistol (Women)

Mehuli Ghosh
Silver Medalist

SHOOTING - 10m Air Rifle (Women)

Lakshya Sen
Silver Medalist

BADMINTON - Men's Singles

YOUTH OLYMPIC GAMES 2018

MEDAL WINNERS SUPPORTED BY OGQ

JUNIOR SCHOLARSHIP PROGRAM

The OGQ Junior Scholarship Program was started in 2012, post the London Olympics, with the aim to identify young athletes and groom them for international success.

OGQ mainly supports these young athletes in:

- Expert Coaching
- Equipment
- Sports Science
- Domestic & International Travel

The OGQ Junior Scholarship Program is an integral aspect of the OGQ movement to help India win Olympic Gold medals. More than 120 junior athletes have been supported in 8 sports (Athletics, Archery, Badminton, Boxing, Shooting, Wrestling, Swimming, Table Tennis) since the inception of the program.

TRAINING CENTRES

Some training centres where the young athletes train are:

- Prakash Padukone Badminton Academy, Bengaluru
- Pullela Gopichand Badminton Academy, Hyderabad
- Gun For Glory Shooting Academy, Pune
- Mary Kom Boxing Academy, Imphal
- Sarita Devi Boxing Academy, Imphal
- Chhatrasal Wrestling Academy, New Delhi
- Sushil Kumar Wrestling Academy, Hisar
- Joydeep Karmakar Shooting Academy, Kolkata
- Army Sports Institute, Pune
- Anju Bobby George Academy, Bengaluru
- Bhiwani Boxing Academy
- CBSM Sports School, Nidani
- Chotu Ram Stadium, Rohtak



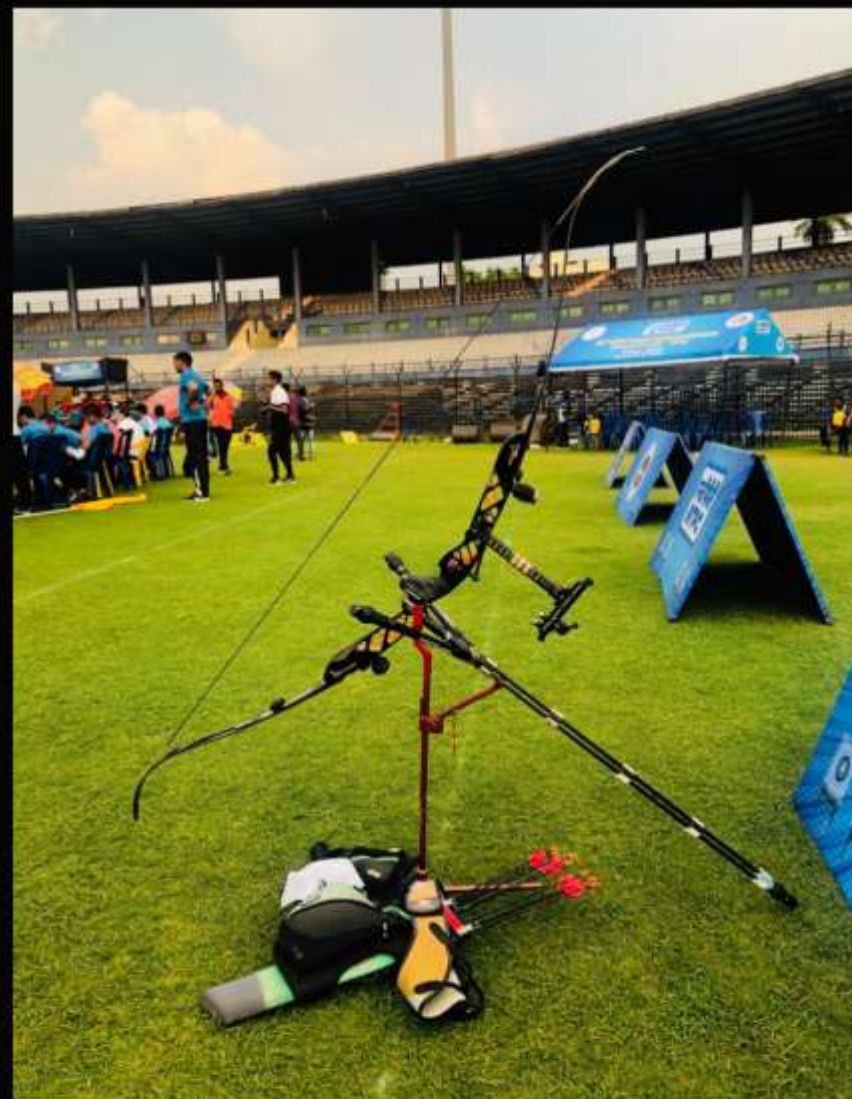
A total of 9 junior archers were supported by OGQ in the financial year 2018-19. Our major areas of support were: Foreign Coach, World-class equipment, Physiotherapy, Nutrition and Participation in International & Domestic Tournaments.

1. Akash Malik
2. Ankita Bhakat
3. Dhiraj B
4. Gaurav Lambe
5. Prachi Singh
6. Ranjit Naik*
7. Sachin Gupta
8. Simranjeet Kaur*
9. Sukhmani Babrekar

*Discontinued Support after annual performance review

ARCHERY

OGQ JUNIOR SCHOLARSHIP PROGRAM



Archery National Championship 2019, Cuttack



Silver Medalist Akash Malik (left) shares the podium with Gold medalist Trenton Cowles of USA at the Youth Olympic Games 2018, Buenos Aires.

JUNIOR ARCHERS PERFORMANCE HIGHLIGHTS:

Youth Olympics, 2018
Silver (Individual): Akash Malik

Asia Cup Stage 1, Bangkok 2018
Gold (Men's Team):
Akash Malik, Gaurav Lambe

Asia Cup Stage 2, Manila 2018
Bronze (Men's Team):
Akash Malik, Gaurav Lambe

Bronze (Mixed Team):
Akash Malik

Asia Cup Stage 3, Chinese Taipei 2018
Silver (Men's Team):
Dhiraj B., Sukhmani Babrekar

Khelo India, 2019
Individual Medals:
Gold - Sachin Gupta
Silver - Dhiraj B.
Bronze - Sukhmani Babrekar

A total of 19 junior badminton players were supported by OGQ in the financial year 2018-19. Our major areas of support were: Foreign Coach, World-class equipment, Physiotherapy, Nutrition, Sports Science, and Participation in International & Domestic Tournaments.



(L-R): Ansh Negi (12 yrs), Dhruv Negi (13 yrs), Sampriti Pal (11 yrs), Prajwal Sonawane (12 yrs), Manish Phogat (11 yrs) at Prakash Padukone Badminton Academy, Bengaluru.

BADMINTON

OGQ JUNIOR SCHOLARSHIP PROGRAM

1. Aakarshi Kashyap
2. Ankit Mondal
3. Ansh Negi
4. Bodhit Joshi*
5. Dhruv Negi
6. Kartikey Gulshan*
7. Kiran George
8. Lakshya Sen
9. Manish Phogat
10. Meghana Reddy
11. Meiraba Luwang
12. Prajwal Sonawane
13. Pranav Rao Gandham
14. Priyanshu Rajawat
15. Pullela Sai Vishnu
16. Rahul Bharadwaj
17. Sai Satya Sarvesh
18. Sampriti Pal
19. Tasnim Mir

*Discontinued Support after annual performance review



Lakshya Sen with Prakash Padukone at the Prakash Padukone Badminton Academy, Bengaluru.

JUNIOR BADMINTON PLAYERS PERFORMANCE HIGHLIGHTS:

Youth Olympic Games, 2018
Silver - Lakshya Sen

Junior World Championship, 2018
Bronze - Lakshya Sen

Asia Junior Championship, 2018
Bronze - Meiraba Luwang, U-17
Gold (GD) - Meghana Reddy, U-15
Gold (GD) - Tasnim Mir, U-15

Junior Grand Prix, 2018
Gold - Pullela Sai Vishnu
Gold - Pranav Rao Gandham

Bulgarian International, 2018
Silver - Aakarshi Kashyap

Junior National Championship, 2018
Gold - Aakarshi Kashyap
Gold - Kiran George
Bronze - Rahul Bharadwaj

Khelo India, 2019
Gold - Tasnim Mir, U-17
Gold - Pranav Rao Gandham, U-17
Gold - Aakarshi Kashyap, U-21
Silver - Rahul Bharadwaj, U-21



Tunisian Coach Grami Makrem training young boxers at Mary Kom Boxing Academy, Imphal.

BOXING

OGQ JUNIOR SCHOLARSHIP PROGRAM

A total of 19 junior boxers were supported by OGQ in the financial year 2018-19. Our major areas of support were: Foreign Coach, Nutrition, Physiotherapy and Participation in International & Domestic Tournaments.

Mary Kom Boxing Academy, Imphal

1. Nengboichong Hansing*
2. Ngathingpham Tangkhul*
3. Pareichetpi Devi*
4. Rohit Singh
5. Thotyola Tangkhul*

Sarita Devi Boxing Academy, Imphal

1. Ambeshori Devi
2. Edipak Singh
3. Heikrujam Nilakanta
4. Kunjarani Devi
5. Md. Nazimuddin*
6. Porlembe Chongtham

Army Sports Institute, Pune

1. Ankit Kumar
2. Akash Sangwan
3. Barun Singh
4. Bhavesh Kattimani
5. Bolotsion Singh
6. Jadumani Mayengbam
7. Victor Singh

Others:

1. Nitu

*Discontinued Support after annual performance review



Nitu (48 Kgs) wins the Youth World Championship title in Budapest.

JUNIOR BOXERS: PERFORMANCE HIGHLIGHTS:

Asian Championship (Youth), 2018

- Gold - Nitu, 48 Kgs
- Silver - Ankit Kumar, 60 Kgs

World Championship (Youth), 2018

- Gold - Nitu, 48 Kgs
- Bronze - Ankit Kumar, 60 Kgs
- Bronze - Bhavesh Kattimani, 52 Kgs

Golden Glove of Vojvodina, 2018

- Gold - Nitu, 48 Kgs
- Gold - Barun Singh, 49 Kgs
- Silver - Ankit Kumar, 60 Kgs
- Silver - Akash Sangwan, 64 Kgs
- Bronze - Bhavesh Kattimani, 52 Kgs

Jr. National Championship, 2018

- Gold - Victor Singh, 50 Kgs
- Gold - Ambeshori Devi, 57 Kgs
- Gold - Bolotsion Singh, 60 Kgs

Youth National Championship, 2018

- Gold - Nitu, 48 Kgs
- Gold - Barun Singh, 49 Kgs
- Gold - Ankit Kumar, 60 Kgs
- Gold - Akash Sangwan, 64 Kgs
- Gold - Bhavesh Kattimani, 52 Kgs



Manu Bhaker in action at the Youth Olympic Games 2018, Buenos Aires, 10m Air Pistol finals.

SHOOTING

OGQ JUNIOR SCHOLARSHIP PROGRAM

A total of 38 junior shooters were supported in the financial year 2018-19 out of which 24 shooters were supported through Project Leap, a joint initiative by Gagan Narang Sports Promotion Foundation (GNSPF) and OGQ. Our major areas of support were: Foreign Coach, World-class equipment, Physiotherapy, Nutrition and Participation in International & Domestic Tournaments.

1. Abhinav Shaw
2. Anish
3. Anmol Jain
4. Arjun Babuta
5. Divyansh Panwar
6. Harshawardhan Yadav
7. Hriday Hazarika
8. Malaika Goel*
9. Manavadiya Rathore
10. Manu Bhaker
11. Mehuli Ghosh
12. Muskan
13. Saurabh Chaudhary
14. Shapath Bhardwaj

*Discontinued Support after annual performance review



Saurabh Chaudhary wins a Tokyo Olympic Quota for India at ISSF World Cup, New Delhi 2019. Along with a Gold medal, he also broke the finals World Record with a score of 245.0.

JUNIOR SHOOTERS PERFORMANCE HIGHLIGHTS:

ISSF World Cup, New Delhi 2019
Gold & Olympic Quota - Saurabh Chaudhary

Youth Olympic Games, 2018
Gold - Manu Bhaker
Gold - Saurabh Chaudhary
Silver - Mehuli Ghosh

Asian Games, 2018
Gold - Saurabh Chaudhary

Commonwealth Games, 2018
Gold - Anish Bhanwala
Gold - Manu Bhaker
Silver - Mehuli Ghosh

Jr. World Championship, 2018
Gold - Saurabh Chaudhary
Gold - Hriday Hazarika
Bronze - Shreya Agrawal

Jr. World Cup, Suhl 2018
Gold - Saurabh Chaudhary
Gold - Hriday Hazarika
Gold - Manu Bhaker
Gold - Elavenil Valarivan
Bronze - Anish Bhanwala

PROJECT LEAP

OGQ partnered with **Gagan Narang Sports Promotion Foundation (GNSPF)**, Pune in 2017 to launch Project Leap with a long-term mission to identify and train young shooting talent in India. 24 young shooters from different parts of the country were shortlisted for the second year of Project Leap 2018-19. A very comprehensive and scientific selection trials were carried out to select these shooters - physical, meta-cognitive and technical skills. All shooters are currently being trained under some of the globally renowned coaches like Kim Seonil - Korea (Pistol), Anton Belak - Slovakia (Rifle) and Olympic Bronze Medalist Gagan Narang (Rifle).



Gagan Narang mentoring young Project Leap shooters.

SHOOTING

OGQ JUNIOR SCHOLARSHIP PROGRAM



Project Leap Selection Process

LIST OF PROJECT LEAP SHOOTERS

Aafreen Attar
Abhinav Choudhary
Anushka Patil
Arjun Singh
Bhargav Solanki
Dishant Patel

Esha Singh
Fatima Deesawal
Mahima Agarwal
Rajas Bhoir
Samarjit Singh
Sanskriti Bhalar

Adheesh Bari
Agastya Singh
Atharva Chavan
Dhanush Srikanth
Elavenil Valarivan
Keval Prajapati

Manini Kaushik
Rushiraj Jadeja
Samiksha Dhingra
Shikha Nanda
Shreya Agrawal
Sohini Ganguly

PISTOL

RIFLE



- Project Leap Shooters Shreya Agrawal (L) and Elavenil Valarivan (R) strike a pose with Mentor Gagan Narang (Olympic Bronze Medalist) at the Junior World Championship, Changwon 2018. Elavenil won the Silver and Shreya won the Bronze medal in 10m Air Rifle Junior event.



OGQ Physiotherapist Munesh Kumar educating young wrestlers on injury prevention.

WRESTLING

OGQ JUNIOR SCHOLARSHIP PROGRAM

A total of 14 junior wrestlers were supported were supported in the financial year 2018-19. Our major areas of support were: Foreign Coach, Physiotherapy, Nutrition and Participation in International & Domestic Tournaments.

1. Aman
2. Anil Kumar*
3. Ankush
4. Anshu
5. Arun Singh*
6. Deepak Punia
7. Divya Kakran
8. Karan*
9. Manisha
10. Mansi
11. Meenakshi
12. Naveen
13. Ravinder
14. Sonam Malik

*Discontinued Support after annual performance review



Divya Kakran wins the Bronze medal in 68 kgs weight category at Asian Games 2018, Jakarta.

JUNIOR WRESTLERS PERFORMANCE HIGHLIGHTS:

U-23 Asian Championship, 2019
Gold - Divya Kakran, 68 Kgs

Asian Games, 2018
Bronze - Divya Kakran, 68 Kgs

Jr. World Championship, 2018
Silver - Naveen, 57 Kgs
Silver - Deepak Punia, 86 Kgs
Bronze - Mansi, 57 Kgs
Bronze - Anshu, 59 Kgs

Jr. Asian Championship, 2018
Silver - Divya Kakran, 68 Kgs
Silver - Mansi, 57 Kgs
Silver - Naveen, 57 Kgs

Cadet World Championship, 2018
Silver - Minakshi, 53 Kgs
Bronze - Aman, 51 Kgs
Bronze - Anshu, 59 Kgs
Bronze - Ravinder, 60 Kgs
Bronze - Sonam Malik, 65 Kgs

Cadet Asian Championship, 2018
Gold - Anshu, 59 Kgs
Gold - Ravinder, 60 Kgs
Silver - Mansi, 57 Kgs
Bronze - Sonam Malik, 65 Kgs



ATHLETICS - SWIMMING - TABLE TENNIS

Sahil Silwal

Gold - India Open 2018

Kunwer Ajay

Gold - Asian Youth Games Qualification 2018

Maana Patel

Gold - 50m & 200m Backstroke - Khelo India 2019

Archana Kamath

Gold (Singles) - Senior National Championship 2019

Diya Chitale

Silver (Singles) - Khelo India 2019

JAVELIN THROW

Annu Rani*

*Discontinued Support after annual performance review

SWIMMING

TABLE TENNIS

VIREN RASQUINHA
Director & CEO

YATIN BHATKAR
Head – Athlete Management

VAIBHAV TANDON
Head – Strategic Initiatives

ANUKOOL BHARADWAJ
Head – Research & Analysis

NEHA AGGARWAL
Head – Partnerships & Communication

SHWETA SURATKAL
Head - Administration & Compliance

SIDDIQUE SHAIKH
Head – Accounts

VIVEK PATHAK
Head - IT & Website

JYOTI KANWATIA
Senior Manager – Research & Analysis

TRISHA PANCHAL
Senior Manager - Administration

ASHISH KOCHAR
Manager - Athlete Management

DHWANI PANCHAL
Manager - Strategic Initiatives

JUTHIKA MEHTA
Manager - Strategic Initiatives

MOHAMMAD ARBAAZ
Manager - Accounts

VINOD NARSINGKAR
Office Assistant

MANAGEMENT TEAM

PHYSIOTHERAPISTS

Poornima Raman
Siddharth Sakalle
Sumita Jain
Aalaap Jawadekar
Shloka Varvatkar
Munesh Kumar
Rucha Kashalkar
Abdul Wahid
Zeinia Samar
Deepika Sinam Devi
Shubham Gupta
Chinmay Bhide
Pushkar Ganoo
Sumya Halder
Vidhya Kumari
Abhishek Wagh

NUTRITIONISTS

Tajinder Kaur
Uma Kale

SPORTS SCIENCE CONSULTANT

Nikhil Latey

STRENGTH & CONDITIONING TRAINERS

Moby Duvy
Siddhant Shipurkar
Akshay Bhapkar
Amey Kolekar

SURGEONS

Dr. Abhay Nene
Dr. Abhishek Kini
Dr. Anant Joshi
Dr. Deepak Bhatia
Dr. Dinshaw Pardiwala
Dr. Gaurav Bharadwaj
Dr. Raju Easwaran
Dr. Sanjay Desai
Dr. Sudhir Warriar

RADIOLOGISTS

Dr. Aditya Daftary
Dr. Sriram Rajan

ENT SPECIALIST

Dr. Sarvejit Singh

OPHTHALMOLOGIST

Dr. Tinku Bali

OBSTETRICIAN & GYNAECOLOGIST

Dr. Kiranjit Kaur

SPORTS PSYCHOLOGISTS

Gayatri Vartak
Janki Rajapurkar
Mugdha Bavare
Vaibhav Agashe

SPORTS MEDICINE SPECIALIST

Dr. Kenjom Ngomdir

SPORTS SCIENCE TEAM



PV Sindhu - Silver Medalist, Rio Olympics 2016

"I am very thrilled and honoured by the love and support of everyone. I am very grateful to OGQ who have been supporting me for the last six years. They were the first ones to recognize my potential and support me when I needed it the most. I won my first senior International tournament in Maldives in 2011 which was fully funded by them including my coach from the Gopichand Academy. They have always been there for me through thick and thin. Every athlete who represents the country needs this kind of support."
- PV Sindhu (7th September 2016)

OGQ has been supporting PV Sindhu since she was 14 years old.

**It takes just 6 grams of Gold
to lift the worth of a nation.**



Donation Details

RTGS/NEFT:

Account Name: Foundation for Promotion of Sports and Games

Bank Name: Kotak Mahindra Bank

Branch: 5C/11, Ground Floor, Mittal Court Mumbai - 400021

Account No.: 8011917737

Account Type: Savings Account

IFSC Code: KKBK0000958

MICR: 400485002

ONLINE DONATION:

www.olympicgoldquest.in/donate-now.php

CHEQUE/DEMAND DRAFT FAVOURING:

Foundation for Promotion of Sports & Games

payable in India can be sent to the following address:

Olympic Gold Quest, 401, 5th floor, Anand Building,
Ambedkar road, Bandra West, Mumbai - 400050



OGQ TEAM WITH 2018 ASIAN GAMES MEDAL WINNERS AT THE FELICITATION CEREMONY, MUMBAI

#READYSTEADYTOKYO

2020 SUMMER OLYMPICS
24TH JULY - 9TH AUGUST 2020