

**OGQ**

ANNUAL PERFORMANCE REPORT  
Foundation for Promotion of Sports and Games

**2017-18**

[www.olympicgoldquest.in](http://www.olympicgoldquest.in)

O G Q  
A N N U A L  
P E R F O R M A N C E  
R E P O R T  
2 0 1 7 - 1 8

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Foundation for Promotion of Sports and Games

# C O N T E N T S

## OGQ Annual Performance Report 2017-18

01	02	04	11	15	21	96	108
Board of Directors	Notes Geet Sethi Viren Rasquinha	Athlete & Spends Information	The Beginning of Year 2018	OGQ Coaches Excellence Program	Athlete Summary Badminton Shooting Archery Boxing Wrestling Weightlifting Athletics	OGQ Junior Scholarship Program	OGQ Team

# OGQ BOARD OF DIRECTORS



**GEET SETHI**

9 time World Cue Sports  
Champion



**PRAKASH PADUKONE**

All England Badminton  
Champion



**VISWANATHAN ANAND**

8 Time World Chess  
Champion



**NIRAJ BAJAJ**

Director, Bajaj Group  
Arjuna Awardee in Table Tennis



**R. RAMARAJ**

Senior Advisor,  
Elevor Equity



**SHITIN DESAI**

Chairman,  
Julius Baer Wealth Managers



**RAKESH KHANNA**

Founding Partner,  
Ambit RSM (Since Retired)



**NEERAJ BHARADWAJ**

Managing Director,  
Carlyle India



**SAMEER KOTICHA**

Founder & Vice Chairman,  
ASK Group



**MUKESH BANSAL**

Technology Entrepreneur,  
Co- Founder, Myntra & Curefit



**SUNDAR MAHALINGAM**

Chief Strategy Officer,  
HCL



**VIREN RASQUINHA**

CEO - OGQ, Olympian  
Former India Hockey Captain



## GEET SETHI

9 time Cue Sports World Champion  
Padma Shri, Khel Ratna Awardee  
Founder & Director - Olympic Gold Quest

Dear Friends

It's the time of the year when we at OGQ take stock of our operations and communicate with all of you who have supported us consistently and with so much heart.

The performances of our athletes at the CWG 2018 has been praiseworthy. But both the athletes and we are aware that this is only the first test. There are bigger and more significant events like the Asian Games and other international tournaments and world championships to be played before the Tokyo 2020 Olympics.

Our initiative 'Coaches Excellence Programme' has been very well received and this will help in creating an even more powerful and meaningful eco system specially at the grass root level.

I am also pleased to share that we have also registered OGQ as a not for profit entity in USA and have a young and active NRI board who are committed to helping and supporting the OGQ movement.

This is also a time for me to thank you all on behalf of the OGQ board for being behind the athletes over the past ten years.

The OGQ team exists for the athletes and exists because of you.

Warm Regards,

Geet Sethi





## VIREN RASQUINHA

Former India Hockey Captain,  
Olympian,  
Arjuna Awardee  
Director & CEO - Olympic Gold Quest

Dear Friends,

I am writing this note on the back of an excellent performance by India at the 2018 Commonwealth Games at Gold Coast, Australia. India finished a very creditable third position on the medal table behind Australia and England.

If you look at several parameters in comparison to Glasgow 2014 – position on the medal (5th at Glasgow), total number of medals (66 in Gold Coast and 65 at Glasgow) and number of gold medals (26 at Gold Coast and 15 at Glasgow) - India has improved by leaps and bounds. Of those medals, 24 athletes supported by OGQ who went to the Gold Coast won a total of 19 medals including 11 gold medals. It was not just the medals that gave reason to cheer but more importantly, the quality of performances that fetched those medals. Wrestler Bajrang for instance won gold in the 65 kgs weight category without conceding a single point throughout the tournament.

We have scaled up our efforts significantly. We are currently supporting 153 athletes across 9 individual sports. 62 are senior athletes and 91 are junior athletes aged 20 years and below who are part of the OGQ junior scholarship program.

Our experience over the last 10 years has taught us that having a great coach is the most important ingredient in the mix to build Olympic champions. Last year, OGQ started the Coaches Excellence Program (CEP) where 20 coaches in Badminton and Shooting have been carefully selected to strengthen the coaching system in India.

I would like to extend a very warm welcome to Neha Aggarwal who has joined the OGQ team earlier this year as Head of Partnerships and Communication. Neha is an Olympian who represented India in Table Tennis at the Beijing 2008 Olympics. She did her Masters in Sports Management from Columbia University, New York. Neha has a deep understanding of Olympic sport and is a great asset to the team.

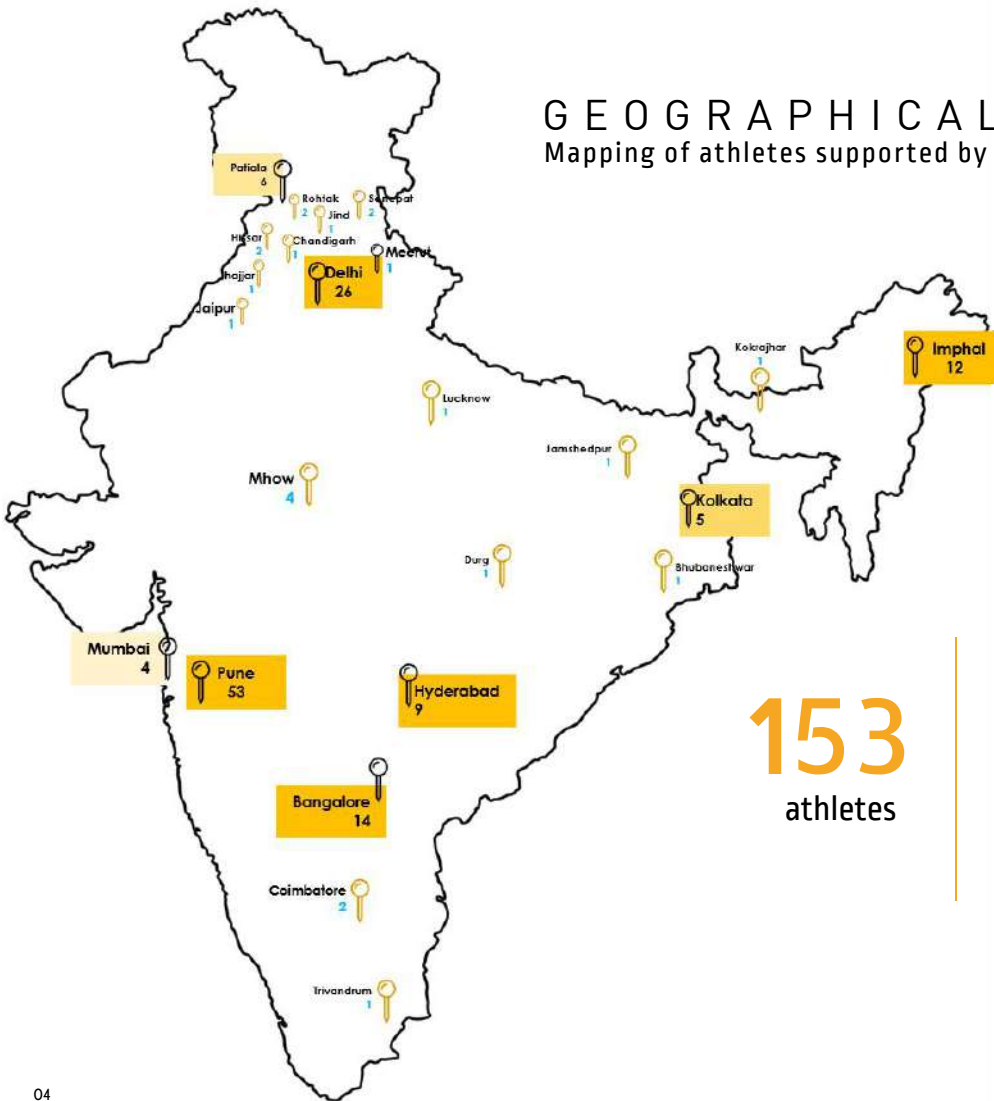
This wonderful journey continues and the Asian Games which starts on 18th August 2018 in Indonesia is the next big milestone. I want to end this note by saying a big thank you to all OGQ supporters for your continued backing. None of this would be possible without your support.

Warm Regards,

Viren Rasquinha

# GEOGRAPHICAL DISTRIBUTION

Mapping of athletes supported by OGQ according to their training base



153  
athletes

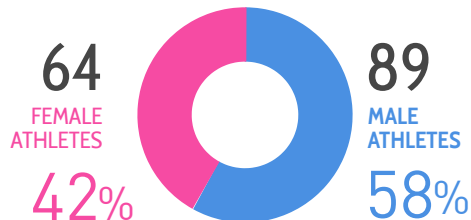
24  
cities





17  
states

# BREAK-UP OF ATHLETES SUPPORTED BY OGQ

2017-18

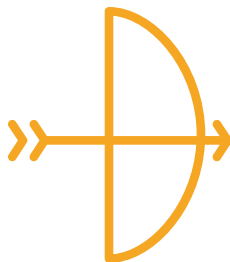
**TOTAL: 153 ATHLETES**



OGQ 7-18	 SENIOR		 JUNIOR		 SENIOR		 JUNIOR		
	05	03	06	07					
ARCHERY									21
BADMINTON	04	02	08	08					22
BOXING	02	07	04	13					26
SHOOTING	12	17	14	18					61
WRESTLING	01	06	04	07					18
WEIGHTLIFTING	01	00	00	00					01
TABLE-TENNIS	00	02	00	00					02
SWIMMING	00	01	00	00					01
ATHLETICS	01	00	00	00					01



# MAJOR AREAS OF SUPPORT



**WORLD-CLASS  
EQUIPMENT**



**EXPERT COACHING  
& TRAINING**

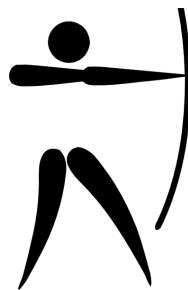


**FUNDING FOR TAKING  
PART IN DOMESTIC &  
INTERNATIONAL  
TOURNAMENTS**



**SPORTS SCIENCE,  
MEDICAL & INJURY  
REHAB**

# OGQ PRIORITY SPORTS



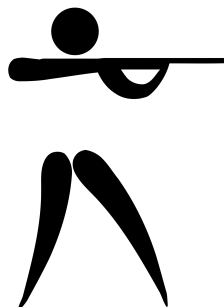
ARCHERY



BADMINTON



BOXING



SHOOTING



WRESTLING



## COMMONWEALTH GAMES 2018

The year started with India featuring in the top 3 at the Commonwealth Games 2018 held at Gold Coast, Australia. With 66 medals, India finished third behind leaders Australia and second-placed England, surpassing their own tally 64 medals at the Glasgow Games in 2014.

The break-up of medals: 26 Gold, 20 Silver and 20 Bronze.

India was the best nation in 5 disciplines: Shooting, Wrestling, Badminton, Weightlifting and Table Tennis and second best in Boxing.

### PERFORMANCE OF ATHLETES SUPPORTED BY OGQ AT CWG 2018:

A total of 24 athletes supported by OGQ participated at CWG 2018. 19 medals were won including 11 Gold medals. Athletes supported by OGQ contributed to 42% of Gold medals won by India.

Interestingly, 11 female athletes supported by OGQ participated at the games and all of them won a medal.

4 Juniors supported by OGQ made it to the games and all 4 won a medal. At 15 years, Anish Bhanwala became the youngest Indian ever to grab a CWG Gold medal in Shooting (25m Rapid Fire Pistol).

**218**  
ATHLETES FOR THE  
INDIAN CONTINGENT

**24**  
OGQ SUPPORTED  
ATHLETES

**11%**  
OF TOTAL  
STRENGTH

**26**  
GOLD MEDALS FOR  
INDIA

**11**  
GOLD MEDALS BY  
OGQ SUPPORTED ATHLETES

**42%**  
OF TOTAL  
GOLD MEDALS

# THE BEGINNING OF YEAR 2018

# FELICITATION CEREMONY OF CWG 2018 MEDALISTS SUPPORTED BY OGQ



(L-R) Vidya Shah, Amol Palekar, **Saina Nehwal**, Rashesh Shah



(L-R) AK Agarwala, **PV Sindhu**, RK Damani



(L-R) Dr. Dinshaw Pardiwala, **Ashwini Ponnappa**, Sachin Gupta



(L-R) Geet Sethi, **Pranaav Chopra**, Anuj Magazine



(L-R) Sandeep Bhatia, **Gaurav Solanki**, Kunal Premnarayan



(L-R) Manish Sabade, **Manish Kaushik**, Milan Paleja



(L-R) Naveen Aranha, Robert Pavrey, **Vinesh Phogat**, Kalpraj Dharamshi



(L-R) Siddhi Lad, **Sumit Malik**, Jainmin Bhatt



(L-R) Arup Chauhan, **Divya Kakran**, Col. Rakesh Yadav



(L-R) Monik Koticha, Madhur Bajaj, **Maana Patel**, Shekhar Bajaj. Maana has been one of our promising athletes and an encouragement for the juniors.



CWG 2018 Medal winners supported by OGG



CWG medalists along with all the kids who were present at the ceremony. The moment was truly inspiring for the youngsters.

# YOUR SUPPORT POWERS INDIA'S CHAMPIONS

O G Q  
N E W I N I T I A T I V E

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Financial Year 2017-18



# OGQ COACHES EXCELLENCE PROGRAM

## Vision

To **empower high performance coaches** by enabling continuous learning and building a support system.

## Mission

**Accelerate development** of Indian coaches who can train athletes to become Olympic champions.

1

Part-time Annual Program

6

Residential Workshops

200+

Hours of Learning

109

Applications Received

20

Coaches Selected





## About the Program

OGQ launched Coaches Excellence Program (CEP) in September 2017, with an aim to create world class coaches for India in **Badminton** and **Shooting**.

This is a one-year part time program which involve intensive classroom and on-court/on-range learning.

A total of 20 coaches have been selected for the year 2017-18 after an intense selection process.

07

Badminton  
Coaches

07

Rifle  
Coaches

06

Pistol  
Coaches

## CEP Trainers

**Our CEP trainers include:**

- Top foreign coaches
- Current and former national coaches
- Olympic medallists and top (retired) athletes
- Sports science and medical experts
- Trainers in leadership and communication skills

**OGQ CEP is being offered free of cost to coaches.**

## Knowledge Partners



# OGQ COACHES EXCELLENCE PROGRAM TEAM

## FACULTY PROFILES:

### PRAKASH PADUKONE

Former Badminton World No.1, All England Champion

### VIMAL KUMAR

Former National Coach, Co-founder of PPBA

### IAN WRIGHT

Director Development, Badminton World Federation

### YAP KIM HOCK

Former Badminton Coach of Malaysia, Silver Medalist at Atlanta 1996 Olympics

### KIM SEONIL

Olympian, Former Head Coach of Korean National Team

### ANTON BELAK

Former National Coach (Rifle) of Switzerland and Kuwait

### RONAK PANDIT

Renowned Pistol Coach, Gold Medalist at CWG 2006

### RAJENDRA KUMAR

Head Coach at Pullela Gopichand Badminton Academy

### ARVIND BHATT

Co-Founder White Peacock Badminton Academy

### SAMARESH JUNG

Shooting Luminary, Olympian

### BHASKAR BABU

Former Badminton Coach of Indian National Team

### Dr. PRADEEP KUMAR

Registrar and Professor at IIIT Hyderabad

### JANKI RAJAPURKAR & GAYATRI VARTAK

Sports Psychologist

### ARADHANA SHARMA

Sports Nutritionist at Army Sports Institute, Pune

### GAGAN ADLAKHA

Senior Partner at Vyaktitva, a Life/Executive coach to CXOs

### SUDHA SASTRI

Coach-Mentor to CXOs, HR Advisory Specialist

### NIKHIL LATEY

Sport Scientist & Physiotherapist at SportsMed Activ, Mumbai

### JASON GREGORY

S&C Trainer, Singapore Sports School

### DECKLINE LEITAO

S&C Specialist, Trained elite athletes like Saina Nehwal and Ashwini Ponappa

## OUR EXPERTS:

### GAGAN NARANG

Shooting Legend, Bronze medalist at London 2012 Olympics

### VIMAL KUMAR

Former National Coach, Co-founder of PPBA

### RAJENDRA KUMAR

Head Coach at Pullela Gopichand Badminton Academy

### UMENDRA RANA

Senior SAI coach currently deputed at PPBA

## PROGRAM TEAM:

### AMIT MALIK

Core Member, PGBA, Hyderabad

### DHARUNI GARIKAPATY

Content Specialist

### NIKHIL LATEY:

Sports Scientist & Physiotherapist

### PAWAN SINGH:

Director, Gun For Glory Shooting Academy

### SUDHA SASTRI:

Coach-Mentor to CXOs, HR Advisory Specialist

**ASHISH KOCHAR**

Strategic Initiatives Manager, OGQ

**JYOTI KANWATIA:**

Research & Analysis Manager, OGQ

**VAIBHAV TANDON:**

Strategic Initiatives Head, OGQ

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**BADMINTON PARTICIPANTS:****DIPANKAR BHATTACHARJEE**

Dipankar's Badminton Academy, Mumbai

**JOY ANTONY**

S&J Badminton Academy, Cochin

**KAUSHIK PAL**

Bengal Badminton Academy, Kolkata

**KIRAN MAKODE**

Shakuntala Makode Badminton Academy, Nagpur

**MOHEET KAMAT**

Baddyzone, Bengaluru

**SAGAR CHOPDA**

Prakash Padukone Badminton Academy, Bengaluru

**TIMEER ARWARE**

Timeer's Badminton Academy, Sangli

**SHOOTING (AIR RIFLE) PARTICIPANTS:****AMAN DEEP**

Dr.Karni Singh Shooting Range, New Delhi

**NEHA CHAVAN**

Gun For Glory Shooting Academy, Pune

**NISHANT NATHWANI**

Gun For Glory Shooting Academy, Pune

**PARMENDRA KUMAR**

Army Marksmanship Unit, Indian Army, MHOW

**POURNIMA ZANANE**

Freelance Coach with Indian & Sri Lankan Army and NCC teams, Pune

**SANYUKTA GUPTA**

Gun For Glory Shooting Academy, Pune

**VAIBHAV SHARMA**

Department of Sports and Youth Welfare, Bhopal

**SHOOTING (AIR PISTOL) PARTICIPANTS:****ABDUL KAYYUM SHAH**

Gun For Glory Shooting Academy, Pune

**HARESH JAYRAJ KAMBLE**

Ronak Pandit Shooting Center, Mumbai

**MAYANK MARWAH**

Doon Institute of Shooting and Sports, Dehradun

**HIREN JAISWAL**

Sports Authority of Gujarat, Ahmedabad

**PUSHPENDRA SINGH**

Army Marksmanship Unit, Indian Army, MHOW

**SHRADHA NALAMWAR**

Winner Shooting Club/Delhi Public School, Nashik

# PARTICIPANTS IN BADMINTON & SHOOTING

P E R F O R M A N C E  
S U M M A R Y

S E N I O R  
A T H L E T E S

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Financial Year 2017-18




# BADMINTON

TATA PADUKONE  
BADMINTON CENTRE

Badminton players training at Prakash Padukone  
Badminton Academy, Bengaluru



A high-angle photograph of PV Sindhu in a yellow Indian national team badminton dress, captured in a dynamic pose on a green court. She is holding a badminton racket and looking towards the camera. A shuttlecock is visible in the air above her.

PV Sindhu in her final match at Rio Olympics 2016. She became the first Indian woman to win a Silver Olympic medal across any sport, any discipline.

# OGQ SUPPORT SUMMARY

**17**

PLAYERS GIVEN SUPPORT  
FOR INTERNATIONAL  
TOURNAMENTS

**04**

DEDICATED  
PHYSIOTHERAPISTS

**04**

DEDICATED  
PHYSICAL TRAINERS

# SAINA NEHWAL

**BADMINTON**  
Women's Singles



## HIGHLIGHTS

**BRONZE**  
World Championship 2017

**RUNNER UP**  
Indonesia Masters 2018



## OGQ SUPPORT

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

PERSONALIZED TRAINING CAMP  
In Bangalore

PERSONAL STRENGTH &  
CONDITIONING TRAINER

MEDICAL PURCHASES  
Tapes & Supplements

DOMESTIC TRAVEL  
for training and tournaments

# P.V. SINDHU

**BADMINTON**  
Women's Singles



## HIGHLIGHTS

**WINNER**  
India Super Series 2017

**WINNER**  
Korea Super Series 2017

**RUNNER - UP**  
World Badminton Championships 2017



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

PROFESSIONAL FEES FOR ASST. COACH  
At Gopichand Academy

PHYSIOTHERAPIST  
for training & tournaments

PERSONAL PHYSICAL TRAINER

PURCHASE OF EQUIPMENT  
for lower body recovery

SPORTS PSYCHOLOGIST

MEDICAL PURCHASES  
Tapes & Supplements

DOMESTIC TRAVEL  
for training and tournaments

BADMINTON ACCESSORIES

# ASHWINI PONNAPPA

## BADMINTON

Women's Doubles  
Mixed Doubles



## HIGHLIGHTS

**SEMI-FINALIST - Mixed Doubles**

**Dutch Open  
2017**

**WINNER - Women's Doubles**

**Senior Nationals, Nagpur  
2017**

## OGQ SUPPORT

PERSONAL PHYSICAL TRAINER

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

\*OGQ started supporting Ashwini  
Ponnappa in December 2017

# SIKKI REDDY

**BADMINTON**  
Women's Doubles  
Mixed Doubles



## HIGHLIGHTS

**SEMI - FINALIST - Mixed Doubles**  
**Super Series Japan**  
**2017**

**WINNER - Women's Doubles**  
**Senior Nationals, Nagpur**  
**2017**



## OGQ SUPPORT

SPORTS PSYCHOLOGIST

BADMINTON ACCESSORIES

DOMESTIC TRAVEL  
for training and tournaments

MEDICAL PURCHASES  
Tapes & Supplements

\*OGQ started supporting Sikki Reddy  
in December 2017



# PRANAAV CHOPRA



**BADMINTON**  
Mixed Doubles



## OGQ SUPPORT

MEDICAL PURCHASES  
Tapes & Supplements

SPORTS NUTRITIONIST  
pro-rata expense

DOMESTIC TRAVEL  
for training and tournaments

\*OGQ started supporting Pranaav Chopra  
in December 2017

## HIGHLIGHTS

**SEMI - FINALIST - Mixed Doubles**  
Super Series Japan  
2017

**RUNNER - UP - Mixed Doubles**  
Senior Nationals, Nagpur  
2017



# CHIRAG SEN

**BADMINTON**  
Men's Singles



## HIGHLIGHTS

**QUARTER - FINALIST**  
Malaysia International Series  
2017

**QUARTER - FINALIST**  
All India Senior Ranking, Dehradun  
2017



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

SPORTS PSYCHOLOGIST

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

VIDEO ANALYSIS

COACHING FEES

MEDICAL PURCHASES  
Tapes & Supplements

# BODHIT JOSHI

**BADMINTON**  
Men's Singles



## HIGHLIGHTS

**RUNNER - UP**  
Iceland International 2018

**QUARTER - FINALIST**  
Yonex Sunrise India Open 2018

**QUARTER - FINALIST**  
TATA Open India Intl Challenge 2017



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

PHYSIOTHERAPIST  
for training & tournaments

SPORTS PSYCHOLOGIST

COACHING FEES

ANNUAL STIPEND  
For nutrition, kit & other requirements

MEDICAL PURCHASES  
Tapes & Supplements

DOMESTIC TRAVEL  
for training and tournaments

# RAHUL YADAV

**BADMINTON**  
Men's Singles



## HIGHLIGHTS

**WINNER**  
Lagos International  
2017

**SEMI - FINALIST**  
Russia Grand Prix  
2017



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

COACHING FEES

# MITHUN MANJUNATH

**BADMINTON**  
Men's Singles



## HIGHLIGHTS

**WINNER**

All India Senior Ranking, Dehradun  
2018

**WINNER**

All India Senior Ranking , Bangalore  
2018



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

SPORTS PSYCHOLOGIST

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

VIDEO ANALYSIS

COACHING FEES

CAMERA PURCHASE  
for video recording

MEDICAL PURCHASES  
Tapes & Supplements

# DANIEL FARID



**BADMINTON**  
Men's Singles



**HIGHLIGHTS**  
**QUARTER - FINALIST**  
**Polish International**  
**2017**

**QUARTER - FINALIST**  
**Russia International**  
**2017**

## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

COACHING FEES

DOMESTIC TRAVEL  
for training and tournaments

BADMINTON ACCESSORIES

MEDICAL PURCHASES  
Tapes & Supplements



# SIDDHARTH SINGH

**BADMINTON**  
Men's Singles



## HIGHLIGHTS

**WINNER**  
Swedish Open  
2018

**SEMI - FINALIST**  
Iceland International  
2018



## OGQ SUPPORT

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments



# OGQ SOCIAL MEDIA WALL



# BOXING



India Open International Boxing Tournament 2018  
Thyagraj Stadium, New Delhi

Sarjubala Devi during her fitness session at Indira Gandhi Stadium Complex - Sports Authority of India, New Delhi.



# OGQ SUPPORT SUMMARY

## 02

NUTRITIONISTS

## 02

DEDICATED  
PHYSIOTHERAPISTS



# SARJUBALA DEVI

**BOXING**  
48 Kgs, 51 Kgs



## HIGHLIGHTS

**GOLD - 51 Kgs**  
Senior Nationals, Rohtak 2018

**BEST BOXER - 51 Kgs**  
Senior Nationals, Rohtak, 2018

**BRONZE - 51 Kgs**  
India Open, New Delhi, 2018

## OGQ SUPPORT

SPECIAL TRAINING CAMP  
under personal coach in Imphal

PHYSIOTHERAPIST  
for training & tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

DOMESTIC TRAVEL  
for training and tournaments

BOXING KIT & SPORTS APPAREL

TRAINING CAMP in Bangalore

MEDICAL PURCHASES  
Tapes & Supplements

TRAVEL & ACCOMMODATION  
for Senior Nationals in Rohtak

SPORTS PSYCHOLOGIST

SPORTS NUTRITIONIST

HEART RATE MONITORING EQUIPMENT

# SONIA LATHER



## BOXING

57 Kgs



## HIGHLIGHTS

### GOLD

Senior Nationals, Rohtak  
2018

### SILVER

Asian Championship, Vietnam  
2017

## OGQ SUPPORT

### ANNUAL STIPEND

For nutrition, kit & other requirements

### PHYSIOTHERAPIST

for training & tournaments

### BOXING KIT & SPORTS APPAREL

### DOMESTIC TRAVEL

for training and tournaments

### SPORTS PSYCHOLOGIST

### SPORTS NUTRITIONIST

pro-rata expense

### MEDICAL PURCHASES

Supplements & Tapes

# GAURAV SOLANKI

**BOXING**

52 Kgs



## HIGHLIGHTS

**SILVER**

Strandja Cup, Bulgaria  
2018

**GOLD**

Inter-services Tournament, Bangalore  
2017



## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

TRAVEL FOR COACH  
for domestic tournaments

BOXING KIT & SPORTS APPAREL

MEDICAL PURCHASES  
Supplements & Tapes

SPORTS NUTRITIONIST  
pro-rata expense



# SHIVA THAPA

**BOXING**  
60 Kgs



## HIGHLIGHTS

**SILVER**

India Open Boxing Tournament  
2018

**SILVER**

Asian Championship, Vietnam  
2017



## OGQ SUPPORT

DOMESTIC TRAVEL  
for training and tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

PHYSIOTHERAPIST  
for training & tournaments

MEDICAL PURCHASES  
Supplements & Tapes

BOXING KIT & SPORTS APPAREL

PERSONAL SPORTS MASSEUR

SPORTS NUTRITIONIST  
pro-rata expense

SPORTS PSYCHOLOGIST

# SUMIT SANGWAN

## BOXING

91 Kgs



## HIGHLIGHTS

### BRONZE

India Open, New Delhi  
2018

### SILVER

Asian Championship, Vietnam  
2017



## OGQ SUPPORT

MEDICAL PURCHASES  
Supplements & Tapes

PHYSIOTHERAPIST  
for training & tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

DOMESTIC TRAVEL  
for training and tournaments

BOXING KIT & SPORTS APPAREL

SPORTS NUTRITIONIST  
pro-rata expense

DOCTORS' VISIT in Mumbai

MEDICAL TESTS  
blood & other tests

SPORTS PSYCHOLOGIST

# MANISH KAUSHIK



**BOXING**  
60 Kgs



## OGQ SUPPORT

STIPEND FOR MARCH  
For nutrition, kit & other requirements\*

\*OGQ started supporting Manish Kaushik  
in March 2018

## HIGHLIGHTS

**GOLD**  
India Open, New Delhi  
2018

**GOLD**  
Asian Games Test Event, Jakarta  
2018


# SHOOTING

## RIFLE



Senior National Championship 2017  
Shooting Range, Trivandrum





Apurvi Chandela in action at ISSF Shooting World Cup, Munich 2018.  
Recipient of Arjuna Award, she was the first Indian woman to qualify for Rio Olympics.

11

SHOOTERS RECEIVED  
WORLD CLASS  
EQUIPMENTS

08

DEDICATED  
PHYSIOTHERAPISTS

04

DEDICATED  
SPORTS PSYCHOLOGIST

02

FOREIGN COACHES  
Hungary | Slovakia

OGQ  
SUPPORT  
SUMMARY

# GAGAN NARANG



## SHOOTING

10m Air Rifle, 50m Rifle 3 Positions



## HIGHLIGHTS

**FINALIST - 10m Air Rifle**

Asian Air Gun, Japan  
2017

**FINALIST - 10m Air Rifle**

Commonwealth Championship, Australia  
2017

## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

FOREIGN TRAINING  
in Slovenia and Germany

DOMESTIC TRAVEL  
for training and tournaments

SHOOTING ACCESSORIES

SPORTS PSYCHOLOGIST

PHYSICAL TRAINER  
pro-rata basis

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL PURCHASES  
Tapes & Supplements

HEART RATE MONITORING EQUIPMENT



# AKHIL SHEORAN



## SHOOTING

10m Air Rifle, 50m Rifle 3 position



## HIGHLIGHTS

**GOLD - 50m Rifle 3 Positions**  
World Cup, Guadalajara  
2018

**GOLD - 50m Rifle 3 Positions**  
National Trials - 4, New Delhi  
2018

## OGQ SUPPORT

AMMUNITION & SHOOTING ACCESSORIES

ANNUAL STIPEND

For nutrition, kit & other requirements

DOMESTIC TRAVEL

for training and tournaments

PARTICIPATION EXPENSE

for Czech and Hannover Tournament

PHYSIOTHERAPIST

for training & tournaments

SPORTS PSYCHOLOGIST

SHOOTING KIT

PHYSICAL TRAINER

pro-rata basis

SPORTS NUTRITIONIST

on pro-rata expense

MEDICAL PURCHASES

Tapes & Supplements

# RAVI KUMAR



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**BRONZE**

World Cup, Guadalajara  
2018

**GOLD**

National Championship, Trivandrum  
2017

## OGQ SUPPORT

SHOOTING ACCESSORIES

AIR RIFLE PURCHASE

SCATT TRAINING SYSTEM

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

MEDICAL PURCHASES  
Supplements & Tapes

# POOJA GHATKAR



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**GOLD**  
Commonwealth Shooting Championship,  
Australia 2018

**BRONZE**  
National Trial -3, New Delhi  
2017

## OGQ SUPPORT

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

PARTICIPATION EXPENSE  
in Sweden Shooting Tournament

ANNUAL STIPEND  
For nutrition, kit & other requirements

EXPENSE FOR SHOOTING NATIONALS  
AND TRIALS

SHOOTING ACCESSORIES

SPORTS PSYCHOLOGIST

MEDICAL PURCHASES  
Tapes & Supplements

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL TESTS  
Blood and other tests

# DEEPAK KUMAR



**SHOOTING**  
10m Air Rifle



## OGQ SUPPORT

AIR RIFLE PURCHASE

PERSONAL PHYSICAL CONDITIONING  
COACH

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

## HIGHLIGHTS

**FINALIST**  
World Cup, Guadalajara  
2018

**FINALIST**  
Asian Championship, Japan  
2017

# APURVI CHANDELA



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**SILVER**

National Championship, Trivandrum  
2017

**FINALIST**

World Cup, Guadalajara  
2018

## OGQ SUPPORT

**PERSONAL COACH**

Payment of Professional Fees

**PERSONALIZED TRAINING**

Camp in Bangalore

**PHYSIOTHERAPIST**

for training & tournaments

**SPORTS PSYCHOLOGIST**

**TOURNAMENT IN STUTTGART**

Purchase of Air Tickets

**DOMESTIC TRAVEL**

for training and tournaments

**SPORTS SCIENCE TEST**

in Mumbai

**SPORTS NUTRITIONIST**

pro-rata expense



# AYONIKA PAUL



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**BRONZE**

International Shooting Competition,  
Hannover 2018

**BRONZE**

KSS Shooting Championship, New Delhi  
2017

## OGQ SUPPORT

FOREIGN COACHING  
in Germany and Hungary

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

PHYSICAL TRAINER  
pro-rata basis

SPORTS PSYCHOLOGIST

SHOOTING ACCESSORIES

MEDICAL PURCHASES  
Tapes & Supplements



# MEGHANA SAJJANAR



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**FINALIST**  
World Cup, Gabala  
2018

**FINALIST**  
Asian Championship, Japan  
2017

## OGQ SUPPORT

PERSONAL COACH  
Payment of Professional Fees

AIR RIFLE PURCHASE

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

SHOOTING ACCESSORIES

GYM FEES

SHOOTING KIT

MEDICAL PURCHASES  
Tapes & Supplements

# VINITA BHARDWAJ



**SHOOTING**  
10m Air Rifle



## HIGHLIGHTS

**FINALIST**  
KSS Shooting Championship, New Delhi  
2017

**FINALIST**  
National Trial -2, New Delhi  
2018

## OGQ SUPPORT

PERSONAL COACH  
Training in Delhi

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

PARTICIPATION EXPENSE  
for Czech and Hannover Tournament

SPORTS PSYCHOLOGIST

SHOOTING ACCESSORIES

SPORTS SCIENCE TEST  
in Mumbai

MEDICAL PURCHASES  
Tapes & Supplements

# GAAYATHRI N

## SHOOTING

50m Rifle 3 Positions



## OGQ SUPPORT

AMMUNITION PURCHASE

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

GYM FEES

## HIGHLIGHTS

**4th Position**

Commonwealth Championship, Australia  
2017

**GOLD**

National Selection Trials 3 & 5  
2017

# CHAIN SINGH



**SHOOTING**  
50m Rifle 3 Positions



## HIGHLIGHTS BRONZE

National Championship, Trivandrum  
2017

## BRONZE

KSS Shooting Championship, New Delhi  
2017

## OGQ SUPPORT

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

SPORTS NUTRITIONIST  
pro-rata expense

PHYSICAL TRAINER  
pro-rata basis

SPORTS PSYCHOLOGIST

MEDICAL PURCHASES  
Supplements & Tapes

# ELIZABETH KOSHY



## SHOOTING

50m Rifle 3 Positions



## HIGHLIGHTS

### GOLD

Masters, New Delhi  
2017

### FINALIST

National Trial -2, New Delhi  
2018

## OGQ SUPPORT

AMMUNITION PURCHASE

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

SHOOTING ACCESSORIES &  
BARREL TESTING

ANNUAL STIPEND  
For nutrition, kit & other requirements

FOREIGN COACH  
Training in Pune

PERSONALIZED TRAINING CAMP  
in Trivandrum

PHYSICAL TRAINER  
pro-rata basis

SPORTS NUTRITIONIST  
pro-rata expense



# SPORTS SCIENCE SUPPORT





# MAJOR ACHIEVEMENTS OF SENIOR ATHLETES



PV Sindhu (Silver) and Saina Nehwal (Bronze) at the World Badminton Championship 2017, Scotland



Shahzar Rizvi (10m Air Pistol), Akhil Sheoran (50m 3 Positions), Om Prakash Mitharval & Manu Bhaker (10m Air Pistol Mixed Team) won Gold medals at ISSF World Cup 2018, Mexico



Shiva Thapa (60 Kgs), Sumit Sangwan (91 Kgs), Sonia Lather (57 Kgs) won Silver medals at Asian Boxing Championship 2017, Vietnam



Rifle shooter Pooja Ghatkar won Bronze medal at ISSF World Cup 2017, New Delhi



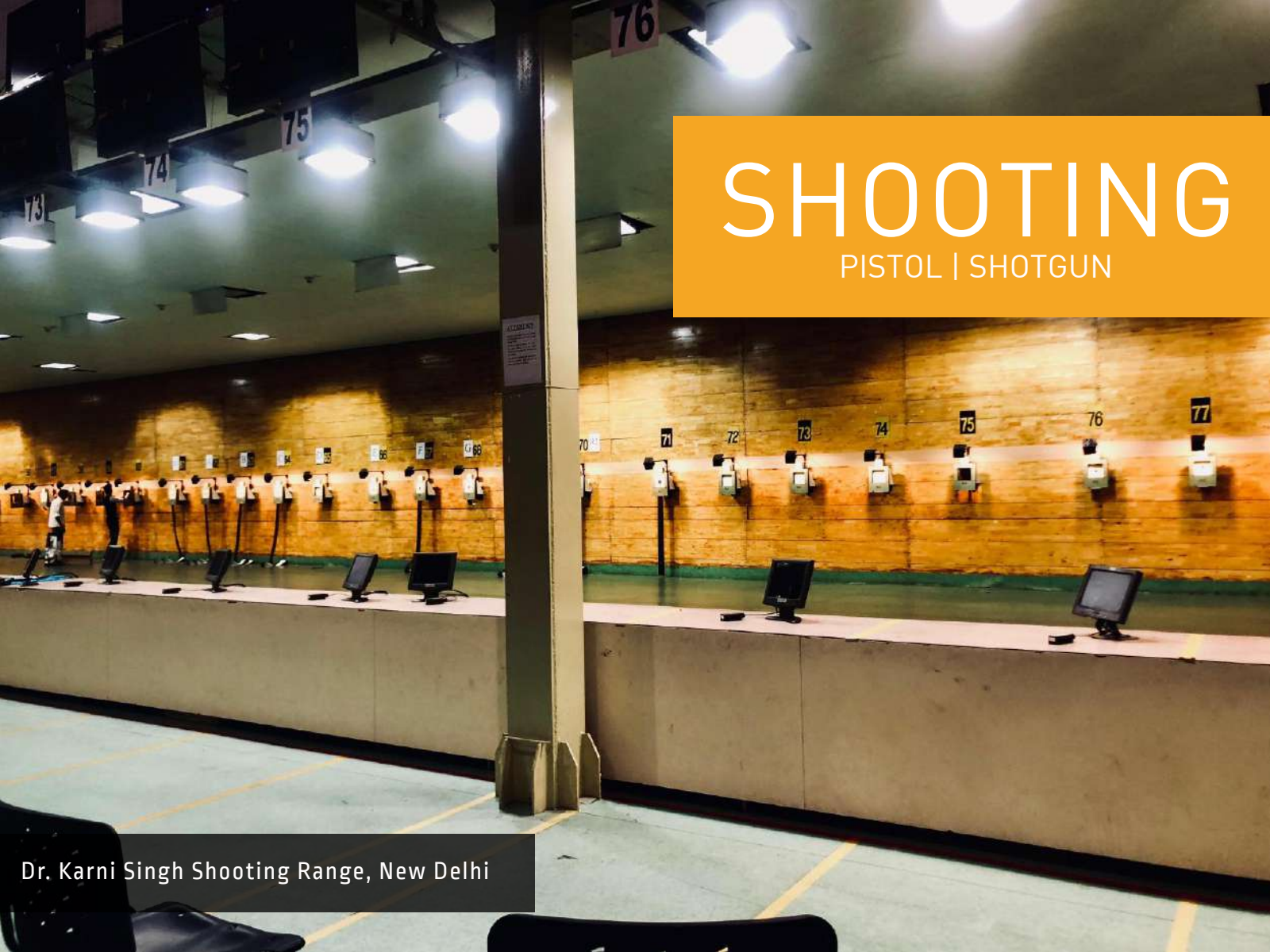
Bajrang Punia (65 Kgs) won the Silver medal at World U-23 Wrestling Championship 2017, Poland



Pistol shooters Heena Sidhu and Jitu Rai won the gold medal at the ISSF World Cup Finals 2017, New Delhi

# SHOOTING

PISTOL | SHOTGUN



Dr. Karni Singh Shooting Range, New Delhi

Shahzar Rizvi made his debut with the ISSF World Cup (Mexico) with a memorable moment by winning the Gold medal in 10m Air Pistol event. He also shot a world record score of 242.3 points in the final to win the top honour.

08

DEDICATED  
PHYSIOTHERAPISTS

09

SHOOTERS RECEIVED  
WORLD-CLASS  
EQUIPMENT

04

DEDICATED  
SPORTS PSYCHOLOGIST

02

FOREIGN COACHES  
South Korea | Germany

OGQ  
SUPPORT  
SUMMARY



# SHAHZAR RIZVI

## SHOOTING

10m Air Pistol,  
10m Air Pistol Mixed Team



## OGQ SUPPORT

SHOOTING KIT & ACCESSORIES

PERSONAL COACH  
professional fees & travel expense

DOMESTIC TRAVEL  
for training and tournaments

AIR PISTOL PURCHASE

PHYSIOTHERAPIST  
for training & tournaments

SUPPORT FOR INTERNATIONAL  
TOURNAMENTS

MEDICAL PURCHASES  
Tapes & Supplements

## HIGHLIGHTS

**GOLD**

World Cup, Guadalajara  
2018

**GOLD**

National Championship, Trivandrum  
2017

# VIJAY KUMAR



## SHOOTING

25m Rapid Fire Pistol



## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

PHYSICAL TRAINER  
pro-rata expense

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL PURCHASES  
Tapes & Supplements

## HIGHLIGHTS

### SILVER

KSS Shooting Championship, New Delhi  
2017

### GOLD

National Trials - 6, New Delhi  
2017



# RAHI SARNOBAT



**SHOOTING**  
25m Sports Pistol



## HIGHLIGHTS

**BRONZE**  
National Championship, Trivandrum  
2017

**FINALIST**  
Commonwealth Championship, Australia  
2017

## OGQ SUPPORT

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

PERSONAL COACH

AMMUNITION PURCHASE

DOMESTIC TRAVEL  
for training and tournaments

EXPENSE FOR SHOOTING NATIONALS

SHOOTING ACCESSORIES

PHYSICAL TRAINER  
pro-rata expense

GYM FEES

MEDICAL PURCHASES  
Tapes & Supplements

# JITU RAI

## SHOOTING

10m Air Pistol,  
10m Air Pistol Mixed Team



## OGQ SUPPORT

DOMESTIC TRAVEL  
for training and tournaments

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

SHOOTING WORLD CUP  
expense during event

SHOOTING KIT

SPORTS NUTRITIONIST  
pro-rata expense

PHYSICAL TRAINER  
pro-rata expense

SHOOTING ACCESSORIES

MEDICAL PURCHASES  
Tapes & Supplements

## HIGHLIGHTS

### BRONZE

World Cup, Guadalajara 2018

### GOLD - Mixed Team

World Cup Munich, 2017

### GOLD - Mixed Team

World Cup Gabala, 2017

# HEENA SIDHU

## SHOOTING

10m Air Pistol, 25 m Sports Pistol  
10m Air Pistol Mixed Team



## OGQ SUPPORT

### PERSONAL COACH

professional fees & travel expense

### SUPPORT FOR INTERNATIONAL TOURNAMENTS

### DOMESTIC TRAVEL

for training and tournaments

### PHYSIOTHERAPIST

for training & tournaments

### SCATT TRAINING SYSTEM

### SHOOTING ACCESSORIES

### MEDICAL PURCHASES

Tapes & Supplements

### SPORTS NUTRITIONIST

pro-rata expense

## HIGHLIGHTS

**GOLD - Mixed Team**

World Cup Munich, 2017

**GOLD - Mixed Team**

World Cup Gabala, 2017

**SILVER**

National Championship Trivandrum 2017

# GURPREET SINGH



**SHOOTING**  
25m Rapid Fire Pistol



## HIGHLIGHTS

**SILVER**  
Masters Meet, New Delhi  
2017

**GOLD**  
National Selection Trials 2, Pune  
2017

## OGQ SUPPORT

FOREIGN COACHING  
in Korea

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

PHYSICAL TRAINER  
pro-rata expense

SHOOTING KIT & ACCESSORIES

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL PURCHASES  
Tapes & Supplements

# NEERAJ KUMAR



**SHOOTING**  
25m Rapid Fire Pistol



## OGQ SUPPORT

DOMESTIC TRAVEL  
for training and tournaments

PHYSIOTHERAPIST  
for training & tournaments

TRAVEL FOR TRAINING IN KOREA

SHOOTING ACCESSORIES

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL PURCHASES  
Supplements & Tapes

## HIGHLIGHTS

**SILVER**  
National Trials - 1, New Delhi  
2018

**BRONZE**  
Commonwealth Shooting Championship,  
Brisbane 2017



# SHRI NIVETHA



## SHOOTING

10m Air Pistol,  
10m Air Pistol Mixed Team



## OGQ SUPPORT

### FOREIGN COACH

professional fees & travel expense

### PHYSIOTHERAPIST

for training & tournaments

### DOMESTIC TRAVEL

for training and tournaments

### MEDICAL PURCHASES

Tapes & Supplements

## HIGHLIGHTS

### BRONZE

National Championship, Trivandrum  
2017

### SILVER - Team

Asian Championship, Japan  
2017

# PN PRAKASH

**SHOOTING**  
10m Air Pistol,  
10m Air Pistol Mixed Team



## HIGHLIGHTS

**FINALIST**  
International Grand Prix, Plzen  
2017

**FINALIST**  
Masters Meet, New Delhi  
2017



## OGQ SUPPORT

**FOREIGN COACH**  
professional fees & travel expense

**DOMESTIC TRAVEL**  
for training and tournaments

**PHYSIOTHERAPIST**  
for training & tournaments

**MEDICAL PURCHASES**  
Tapes & Supplements

# ANGAD BAJWA

**SHOOTING**  
Skeet



## HIGHLIGHTS

**SILVER**  
Senior Nationals, New Delhi  
2017

**FINALIST**  
Commonwealth Championship, Australia  
2017

## OGQ SUPPORT

SHOTGUN & EQUIPMENT PURCHASE

FOREIGN COACH  
training in Italy and USA

AMMUNITION PURCHASE

PHYSIOTHERAPIST  
for training & tournaments

# KYNAN CHENAI

**SHOOTING**  
Trap



## HIGHLIGHTS

**FINALIST**  
World Championship, Moscow  
2017

**BRONZE**  
Asian Championship, Astana  
2017



## OGQ SUPPORT

**HIGH PERFORMANCE COACH**  
training in USA

**PERSONAL PHYSIOTHERAPIST**  
for training & tournaments

**DOMESTIC TRAVEL**  
for training and tournaments

**MEDICAL PURCHASES**  
Tapes & Supplements

**SPORTS NUTRITIONIST**  
pro-rata expense




# ARCHERY

A photograph of an archery competition taking place under a large, open-sided pavilion. Several archers are visible, some standing and aiming their bows, others seated. They are positioned on a raised platform overlooking a green field where targets are set up. In the background, a large, modern stadium with a curved facade is visible. The scene is brightly lit, suggesting a sunny day. An orange rectangular box with the word 'ARCHERY' in white capital letters is overlaid in the upper right corner.

Selection Trials for Mexico Archery World Championship, 2017  
Salt Lake Stadium, Kolkata



A photograph of Deepika Kumari, an Indian archer, holding a bow. She is wearing a pink shirt and a white archery vest with a cartoon design. The background is a blurred target.

Deepika Kumari at a practice session in Jawaharlal Nehru Stadium, New Delhi. Recipient of Padma Shri and Arjuna awards, Deepika is also former World No. 1 archer and two-time Olympian.

**13**

ARCHERS  
TRAINING UNDER  
FOREIGN COACH

**09**

ARCHERS RECEIVED  
WORLD-CLASS  
EQUIPMENT

**02**

DEDICATED  
PHYSIOTHERAPISTS

OGQ  
SUPPORT  
SUMMARY

# DEEPIKA KUMARI

**ARCHERY**  
Recurve Individual & Team



## HIGHLIGHTS

**GOLD**  
Senior National Championship, Pune  
2018



## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

ARCHERY EQUIPMENT

SPORTS NUTRITIONIST  
pro-rata expense

PERSONAL COACH'S TRAVEL  
for domestic tournament

# ATANU DAS

**ARCHERY**  
Recurve Individual & Team



## HIGHLIGHTS

**SILVER QUALIFICATION ROUND**  
Senior National Championship, Pune  
2018



## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

ARCHERY EQUIPMENT

PARTICIPATION IN INDOOR WORLD CUP,  
Thailand

SPORTS NUTRITIONIST  
pro-rata expense

# JEMSON N

## ARCHERY

Recurve Individual & Team



## OGQ SUPPORT

ARCHERY EQUIPMENT

FOREIGN COACH

training in Pune

DOMESTIC TRAVEL

for training and tournaments

PHYSIOTHERAPIST

for training & tournaments

## HIGHLIGHTS

**GOLD - Mixed Team**

World Youth Championship  
2017

**SILVER - Men's Team**

World Youth Championship  
2017

# BOMBAYLA DEVI

**ARCHERY**  
Recurve Individual & Team



## HIGHLIGHTS

**GOLD - Women's Team**  
Senior National Championship, Pune  
2018



## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

ARCHERY EQUIPMENT

PERSONAL PHYSICAL TRAINING  
Camp in Pune

ARCHERY KIT

SPORTS NUTRITIONIST  
pro-rata expense

MEDICAL PURCHASES  
Tapes & Supplements



# LAXMIRANI MAJHI



## ARCHERY

Recurve Individual & Team



## HIGHLIGHTS

**GOLD - Women's Team**  
Senior National Championship, Pune  
2018

## OGQ SUPPORT

PHYSIOTHERAPIST  
for training & tournaments

ARCHERY EQUIPMENT

SPORTS PSYCHOLOGIST

PARTICIPATION IN INDOOR WORLD CUP,  
THAILAND

DOMESTIC TRAVEL  
for training and tournaments

ARCHERY KIT

# MONIKA SOREN

## ARCHERY

Recurve Individual & Team



## OGQ SUPPORT

ARCHERY EQUIPMENT

PHYSIOTHERAPIST  
for training & tournaments

DOMESTIC TRAVEL  
for training and tournaments

PARTICIPATION IN INDOOR WORLD CUP,  
THAILAND

## HIGHLIGHTS

**SILVER QUALIFICATION ROUND**  
Senior National Championship, Pune  
2018

# INDRACHAND SWAMI

## ARCHERY

Recurve Individual & Team



## HIGHLIGHTS

### TEAM SILVER QUALIFICATION ROUND

Senior National Championship, Pune  
2018

## OGQ SUPPORT

ARCHERY EQUIPMENT

PHYSIOTHERAPIST  
for training & tournaments

FOREIGN COACH  
Training in Pune

DOMESTIC TRAVEL  
for training and tournaments

ANNUAL STIPEND  
For nutrition, kit & other requirements

PARTICIPATION IN INDOOR WORLD CUP,  
THAILAND

MEDICAL PURCHASES  
Tapes & Supplements

# PRAVIN JADHAV

## ARCHERY

Recurve Individual & Team



## HIGHLIGHTS

**TEAM GOLD QUALIFICATION ROUND**  
Senior National Championship, Pune  
2018

## OGQ SUPPORT

**DOMESTIC TRAVEL**  
for training and tournaments

**PHYSIOTHERAPIST**  
for training & tournaments

**FOREIGN COACH**  
Training in Pune

**ANNUAL STIPEND**  
For nutrition, kit & other requirements

**MEDICAL PURCHASES**  
Tapes & Supplements



# BINOD SWANSI

## ARCHERY

Recurve Individual & Team



## OGQ SUPPORT

ARCHERY EQUIPMENT

FOREIGN COACH

Training in Pune

DOMESTIC TRAVEL

for training and tournaments

PHYSIOTHERAPIST

for training & tournaments

## HIGHLIGHTS

**SILVER - Mixed Team**

Senior National Championship, Faridabad  
2017



# SANJAY BORO

**ARCHERY**  
Recurve Individual & Team



## HIGHLIGHTS

**BRONZE - Mixed Team**  
**All India University Championship**  
**2017**



## OGQ SUPPORT

**FOREIGN COACH**  
Training in Pune

**DOMESTIC TRAVEL**  
for training and tournaments

**ANNUAL STIPEND**  
For nutrition, kit & other requirements

**PHYSIOTHERAPIST**  
for training & tournaments

**ARCHERY EQUIPMENT**

# WRESTLING



Wrestling World Championship 2017  
Accor Hotels Arena, Paris

Bajrang Punia won the Gold medal at Asian Wrestling Championship 2017, New Delhi. Recipient of Arjuna Award in 2015, he is being mentored by Olympian Yogeshwar Dutt.

04

DEDICATED  
PHYSIOTHERAPISTS

02

FOREIGN COACHES  
Greece | Georgia

02

NUTRITIONISTS

OGQ  
SUPPORT  
SUMMARY



# BAJRANG PUNIA

## WRESTLING

65 Kgs



## HIGHLIGHTS

### GOLD

Asian Championship, New Delhi 2017

### GOLD

Commonwealth Championship, SA 2017

### BRONZE

Asian Championship, Kyrgyzstan 2018



## OGQ SUPPORT

FOREIGN WRESTLING COACH  
Training in Delhi

PHYSIOTHERAPIST  
for training & tournaments

MEDICAL PURCHASES  
Supplements & Tapes

DOMESTIC TRAVEL  
for training and tournaments

WRESTLING KIT  
and other sports apparel

TRAVEL FOR SPARRING PARTNER  
World Championship in France

SPORTS NUTRITIONIST  
on pro-rata expense

# SUMIT MALIK

**WRESTLING**  
125 Kgs



## HIGHLIGHTS

**SILVER**  
Asian Championship  
2017

**SILVER**  
Commonwealth Championship  
2017



## OGQ SUPPORT

FOREIGN WRESTLING COACH  
Training in Delhi

PHYSIOTHERAPIST  
for training & tournaments

MEDICAL PURCHASES  
Supplements

WRESTLING KIT & APPAREL

ANNUAL STIPEND  
For nutrition, kit & other requirements

PERSONAL TRAINING CAMP, GEORGIA  
Along with sparring partner

DOMESTIC TRAVEL  
for training and tournaments

SPORTS NUTRITIONIST  
on pro-rata expense



# VINESH PHOGAT

**WRESTLING**  
50 Kgs



## HIGHLIGHTS

**SILVER**

Asian Championship, Kyrgystan  
2018

**GOLD**

National Championship, Patna  
2017



## OGQ SUPPORT

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

WRESTLING KIT

SPORTS PSYCHOLOGIST

MEDICAL PURCHASES  
Supplements

SPORTS NUTRITIONIST  
on pro-rata expense

# HARPHOOL

## WRESTLING

65 Kgs



## HIGHLIGHTS

### BRONZE

Senior Nationals, Indore  
2017



## OGQ SUPPORT

TRAINING IN GEORGIA  
Personalized Training

MEDICAL PURCHASES  
Supplements & Tapes

PHYSIOTHERAPIST  
for training & tournaments

FOREIGN WRESTLING COACH  
Training in Delhi

DOMESTIC TRAVEL  
for training and tournaments

WRESTLING KIT

MEDICAL TESTS  
Blood and other tests

# SHARVAN

## WRESTLING

57 Kgs



## HIGHLIGHTS

**GOLD**

Asian Junior Championship, China  
2017

**GOLD**

Commonwealth Championship,  
South Africa 2017



## OGQ SUPPORT

FOREIGN WRESTLING COACH  
Training in Delhi

PHYSIOTHERAPIST  
for training & tournaments

MEDICAL PURCHASES  
Supplements & Tapes

DOMESTIC TRAVEL  
for training and tournaments

PARTICIPATION IN  
COMMONWEALTH CHAMPIONSHIP

ANNUAL STIPEND  
For nutrition, kit & other requirements

WRESTLING KIT

SPORTS NUTRITIONIST  
on pro-rata expense

# OTHER SPORTS



National Institute of Sports, Patiala



# MIRABAI CHANU



**WEIGHTLIFTING**  
48 Kgs



## HIGHLIGHTS

**GOLD**  
World Championships 2017

**GOLD**  
Commonwealth Championships 2017

**GOLD**  
Senior Nationals 2017

## OGQ SUPPORT

PERSONAL PHYSIOTHERAPIST  
for training & tournaments

SPORTS PSYCHOLOGIST

ANNUAL STIPEND  
For nutrition, kit & other requirements

DOMESTIC TRAVEL  
for training and tournaments

SPORTS NUTRITIONIST  
pro-rata expense

\*OGQ started supporting Mirabai Chanu  
in December 2017



# ANNU RANI



**ATHLETICS**  
Javelin Throw



## HIGHLIGHTS

**GOLD**

Federation Cup Athletics Championship  
Patiala, 2017

**NATIONAL RECORD HOLDER**

- 61.86m Throw

First Indian woman to cross 60m mark

## OGQ SUPPORT

MEDICAL PURCHASES  
Tapes & Supplements

ANNUAL STIPEND  
For nutrition, kit & other requirements

ATHLETICS KIT

SPORTS PSYCHOLOGIST

DOMESTIC TRAVEL  
for training and tournaments

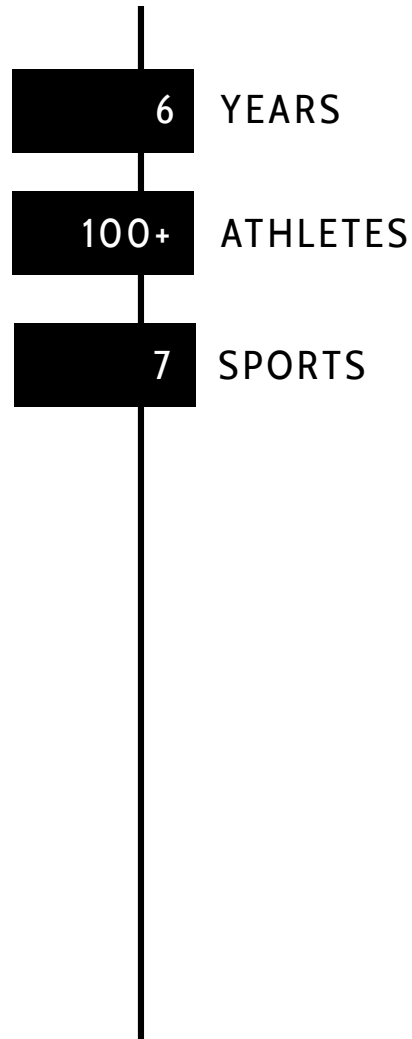
PHYSIOTHERAPIST  
for training & tournaments

SPORTS NUTRITIONIST  
pro-rata expense



# OGQ JUNIOR SCHOLARSHIP PROGRAM

for athletes 20 years & below



# ABOUT THE PROGRAM

The OGQ Junior Scholarship Program was started in 2012, post the London Olympics, with the aim to identify young athletes in the age group of 10 to 20 and groom them for international success.

OGQ supports these young athletes in:

- Coaching
- Equipment
- Sports Science
- Mentoring

The OGQ Junior Scholarship Program is an integral aspect of the OGQ movement to help India win Olympic Gold medals. More than 100 athletes have been supported in 7 sports since the inception of the program.



Some centres where the young athletes train:

- Prakash Padukone Badminton Academy, Bengaluru
- Gun For Glory Shooting Academy, Pune
- Mary Kom Boxing Academy, Imphal
- Sarita Devi Boxing Academy, Imphal
- Chhatrasal Wrestling Academy, New Delhi
- Army Sports Institute, Pune

# ARCHERY

10 athletes |

Major Support Areas: Foreign Coach, World-class Equipment, Physiotherapy, Nutrition and Participation in International Tournaments



**AKASH  
MALIK**



**DHIRAJ  
BOMMADEVARA**



**SIMRANJEET  
KAUR**



**ATUL  
VERMA**



**SACHIN  
GUPTA**



**SUKHMANI  
BABREKAR**



**RANJIT  
NAIK**



**PROMILA  
DAIMARY**



**MADHU  
VEDWAN**



**GAURAV  
LAMBE**

# BADMINTON

10 athletes |

Major Support Areas: Physical Trainers, Physiotherapy, Nutrition and Participation in International Tournaments



**KIRAN  
GEORGE**



**RAHUL  
BHARADWAJ**



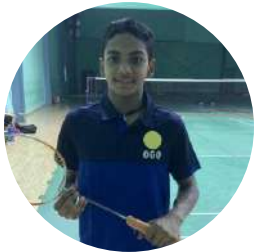
**KARTIKEY  
GULSHAN**



**LAKSHYA  
SEN**



**SIRIL  
VERMA**



**PRANAV  
RAO GANDHAM**



**PULLELA SAI  
VISHNU**



**SAMPRITI  
PAL**



**AAKARSHI  
KASHYAP**



**MEIRABA  
LUWANG**



# BOXING

20 Athletes |

Major Support Areas: Physiotherapy, Nutrition and Participation in International Tournaments



**AKASH**  
**SANGWAN**



**ANKIT**  
**KUMAR**



**BOLOTSION**  
**SINGH**



**BARUN**  
**SINGH**



**ETASH**  
**KHAN**



**SHASHI**  
**CHOPRA**



**JADUMANI**  
**MAYENGBAM**



**VICTOR**  
**SINGH**

# BOXING

Out of the 20 boxers, OGQ is currently supporting 12 junior boxers from the following academies:



**MARY KOM BOXING ACADEMY**

Nengboichong **Hansing**  
Ngathingpham **Tangkhul**  
Pareichetpi **Devi**  
Rohit **Singh**  
Shanti **Kumar**  
Thotyola **Tangkhul**



**SARITA DEVI BOXING ACADEMY**

Ambeshori **Devi**  
Edipak **Singh**  
Heikrujam **Nilakanta**  
Kunjarani **Devi**  
Md. **Nizamuddin**  
Porlembi **Chongtham**

# SHOOTING

11 athletes |

Major Support Areas: Foreign Coaches, World-class Equipment, Physiotherapy, Nutrition and Participation in International Tournaments



**ANISH  
BHANWALA**



**ANMOL  
JAIN**



**ARJUN  
BABUTA**



**HRIDAY  
HAZARIKA**



**MEHULI  
GHOSH**



**MANU  
BHAKER**



**MANAVADITYA  
RATHORE**



**MUSKAN  
BHANWALA**



**SHAPATH  
BHARADWAJ**



**SAURABH  
CHAUDHARY**



**MALAIKA  
GOEL**

# PROJECT LEAP

OGQ partnered with Gagan Narang Sports Promotion Foundation (GNSPF), Pune to launch Project Leap with a long-term mission to identify and train young shooting talent in India. 23 young shooters from different parts of the country were shortlisted after comprehensive and scientific selection trials involving physical, meta-cognitive and technical skills. All shooters are currently being trained under some of the globally renowned coaches like Kim Seonil - Korea (Pistol), Anton Belak - Slovakia (Rifle) and Olympic Bronze Medalist Gagan Narang (Rifle).



## SHOOTERS:

Abhinav Choudhary  
Adheesh Bari  
Aditi Shukla  
Akanksha Jadhav  
Anushka Patil  
Atharv Darade  
Atharva Chavan  
Elavenil Valarivan  
Esha Singh  
Fatima  
Jabili Gangapatnam  
Kashika Pradhan  
Lokesh Tuniki  
Mahima Agarwal  
Nandini Raju  
Naseeb Singh  
Parashar Rani  
Prasad Rathod  
Ritik Tiwari  
Rohit Londhe  
Sharvari Bhoir  
Vedanshi Singh  
Yash Choudhary



# WRESTLING

12 athletes |

Major Support Areas: Foreign Coach, Physiotherapy, Nutrition, Sports Psychologist and Participation in International Tournaments



**DIVYA**  
**KAKRAN**



**SONAM**  
**MALIK**



**DEEPAK**  
**PUNIA**



**ARUN**  
**SINGH**



**RAVI**  
**KUMAR**



**ANIL**  
**KUMAR**



**POOJA**  
**GAHLOT**



**ANSHU**  
-



**KARAN**  
-



**NAVEEN**  
-



**MANISHA**  
-



**ANKUSH**  
-



# OTHER SPORTS

3 athletes |

Major Support Areas: Foreign Coaches, Sports Psychologist, Physiotherapy, Nutrition and Participation in International Tournaments

## TABLE TENNIS



**ARCHANA**  
**KAMATH**

## TABLE TENNIS



**DIYA**  
**CHITALE**

## SWIMMING



**MAANA**  
**PATEL**

# DISCONTINUED SUPPORT

OGQ has discontinued support to the following players after a comprehensive annual performance review:

## ARCHERY

Rimil Buriuly

## BADMINTON

Parupalli Kashyap

## WRESTLING

Pritam

## SHOOTING

Gayatri Pawaskar

Lajja Gauswami

Pratik Borse

Shreya Gawande

# MAJOR ACHIEVEMENTS OF JUNIOR ATHLETES



16 yr old Lakshya Sen achieved the Junior World No. 1 ranking in Badminton

## PROJECT LEAP



Elavenil Valarivan (Project Leap) won the Gold medal at ISSF Junior World Cup 2018, Sydney



Mahima Agarwal (Project Leap) represented India at ISSF Senior World Cup 2018, Mexico



Manu Bhaker (10m Air Pistol) won the Gold medal at ISSF Senior World Cup 2018, Mexico



15 yr old, Anish Bhanwala becomes the youngest ever Indian to win a CWG Gold medal at Commonwealth Games, 2018



Atul Verma won the Silver medal (India team) at World Archery Youth Championship 2017, Argentina



Manisha (46 Kgs) won the Bronze medal at World Cadet Wrestling Championships 2017, Greece

# OGQ MANAGEMENT TEAM

**VIREN RASQUINHA**

Director & CEO

**YATIN BHATKAR**

Head – Athlete Management

**VAIBHAV TANDON**

Head – Strategic Initiatives

**ANUKOOL BHARADWAJ**

Head – Research & Analysis

**NEHA AGGARWAL**

Head – Partnerships & Communication

**SHWETA SURATKAL**

Head - Administration & Compliance

**SIDDIQUE SHAIKH**

Head – Accounts

**ASHISH KOCHAR**

Manager – Strategic Initiatives

**JYOTI KANWATIA**

Manager – Research & Analysis

**TRISHA PANCHAL**

Manager – Administration

**VINOD NARSINGKAR**

Office Assistant

## PHYSIOTHERAPISTS

Poornima Raman  
Siddharth Sakalle  
Aalaap Jawadekar  
Abdul Wahid  
Abhishek Wagh  
Chandani Parsania  
Chinmay Bhide  
Deepika Sinam Devi  
Munesh Kumar  
Jay Yadav  
Pushkar Ganoo  
Rucha Kashalkar  
Shloka Varvatkar  
Shubham Gupta  
Sumya Halder  
Sumita Jain  
Vidya Kumari  
Zeinia Samar

## NUTRITIONISTS

Tajinder Kaur  
Uma Kale

## STRENGTH & CONDITIONING TRAINERS

Moby Dyu  
Akshay Bhapkar  
Siddhant Shipurkar

## SPORTS SCIENCE CONSULTANT

Nikhil Latey

## SURGEONS

Dr. Abhay Nene  
Dr. Abhishek Kini  
Dr. Anant Joshi  
Dr. Deepak Bhatia  
Dr. Dinshaw Pardiwala  
Dr. Gaurav Bharadwaj  
Dr. Raju Easwaran  
Dr. Sanjay Desai  
Dr. Sudhir Warriar

## RADIOLOGISTS

Dr. Aditya Daftary  
(Late) Dr. Manpreet Gambhir  
Dr. Sriram Rajan

## OPHTHALMOLOGIST

Dr. Tinku Bali

## ENT SPECIALIST

Dr. Sarvejit Singh

## OBSTETRICIAN & GYNAECOLOGIST

Dr. Kiranjit Kaur

## SPORTS PSYCHOLOGISTS

Gayatri Vartak  
Janki Rajapurkar  
Mugdha Bavare  
Vaibhav Agashe

## SPORTS MEDICINE SPECIALIST

Dr. Kenjom Ngomdir

# OGQ SPORTS SCIENCE TEAM



PV Sindhu - Silver Medalist, Rio Olympics 2016



"I am very thrilled and honoured by the love and support of everyone. I am very grateful to OGQ who have been supporting me for the last six years. They were the first ones to recognize my potential and support me when I needed it the most. I won my first senior International tournament in Maldives in 2011 which was fully funded by them including my coach from the Gopichand Academy. They have always been there for me through thick and thin. Every athlete who represents the country needs this kind of support."

- PV Sindhu (7th September 2016)

**OGQ has been supporting PV Sindhu since she was 14 years old.**

**IT TAKES  
6 GMS  
OF GOLD  
TO LIFT  
THE WORTH  
OF A  
NATION**



## DONATION DETAILS

### Bank Transaction Details

**Account Name:** Foundation for Promotion of Sports and Games

**Name of the Bank:** Kotak Mahindra Bank

**Address:** 5C/11, Ground Floor, Mittal Court Mumbai – 400021

**Account Number:** 8011917737

**Type of Account:** Savings Account

**IFSC Code:** KKBK0000958

**MICR:** 400485002

### Online Donation

[www.olympicgoldquest.in/donate-now.php](http://www.olympicgoldquest.in/donate-now.php)

### Cheque/Demand Draft Favouring

**Foundation for Promotion of Sports and Games**

**payable in India can be sent to the following address:**

Olympic Gold Quest

808, 8th Floor,

Tulsiani Chambers,

212, Backbay Reclamation,

Nariman Point,

Mumbai - 400021



**YOUR  
SUPPORT  
POWERS  
INDIA'S  
CHAMPIONS**

**DNA**  
Your's Endorsement

**OGQ**



**CONGRATULATIONS TO THE CWG 2018 MEDAL WINNERS**



**IT TAKES  
6 GRAMS OF  
TO LIFT  
WORTH  
A NATI**

**OGQ Team at the felicitation ceremony of CWG (2018)  
Medal Winners in Mumbai.**



[www.olympicgoldquest.in](http://www.olympicgoldquest.in)

# Thank You